

# **WARREN ISD ATHLETIC HANDBOOK**

**2019-2020**

## **The Culture Change:**

- 1. Focus on the process not the outcome**
- 2. Concentrate on the positive, correct the negative.**
- 3. Create a “No Scoreboard” effort Mentality.**
- 4. Eliminate Team Busting**
- 5. Adhere to the “No Complaining” Rule.**
- 6. Focus on the Fun.**

# **Expectations**

- **Carry yourself with honor at all times. If you are a Warren Athlete, you are always a Warren Athlete. Do what is right at all times.**
- **Be a STUDENT/athlete. Take pride in your grades and other responsibilities.**
- **Be Coachable and Positive. These two components are essential on a team.**
- **Live by the six components of our “Culture Change” mentality.**
- **Have respect for all others- this includes: other players/students, coaches, teachers, other school personnes, parents and other adults.**
- **Be humble.**

## **Rules and Guidelines**

**\*\*Athletics is a privilege and therefore the department reserves the right to remove students that do not follow the rules and policies set in place. Every effort will be made to avoid removal. The efforts used may include:**

- 1. Player/Coach Conference/communication.**
  - 2. Mandatory tutorials (in the event of academic issues)**
  - 3. Corporal Punishment**
  - 4. Parent contact**
  - 5. Suspension**
  - 6. Contract Probation**
- **If these measures are exhausted without success, then removal will be the next step. Severe issues can lead to immediate removal or steps to be skipped.**
  - **Acts That Can Result in Immediate Removal from the Athletic Program**
    - **Any crime classified as a felony**
    - **Vandalism**
    - **Theft**
    - **Distributing illegal substances**
    - **Hazing**
    - **Bullying**
  - **Illegal Substances**
    - **Tobacco/vapes**
    - **Alcohol**
    - **Illicit and Prescription Drugs**

**An athlete caught using illegal substances will face consequences from the athletic program.**

**\*The consequences will be dependent upon severity and/or frequency but can lead to removal from athletics.**

**- Other acts unacceptable for athletes and will be disciplined as necessary:**

**Lying**

**Insubordination with Coach/Teacher/School Personnel**

**Detention**

**Fighting**

**Team Busting**

**Inappropriate Social Media:**

**Social media is a powerful resource and also a highway to problems if used inappropriately. Posting items on social media that is a poor reflection of our athletic program or that is negative towards other players, coaches, or other aspects of our school will not be tolerated. These items can include:**

- **The use or discussion of using illegal substances including alcohol, drugs, etc.**
- **Extremely provocative pictures or conversation**

**Items brought to the attention of a coach can be addressed and disciplined by the athletic department. KEEP IT CLEAN. Anything you put out there can be used against you now AND in the future.**

**• Quitting**

- **There will be a 2 week period in which an athlete can choose to quit a sport without consequence.**
- **If an athlete quits a sport after this 2 week time period, he/she must wait for the previous sport season to end before trying out for another sport.**
- **In the athletic period, if an athlete quits a sport, he/she must continue his/her duties in the previously played sport until the season ends. He/she may not participate in sport-specific skills of the next sport until the previously played sport has ended, but will be expected to participate in off-season workouts.**
- **In addition the athlete will be suspended from 3 games if the next sport is volleyball, basketball, baseball, or softball and 1 game/event if the next sport is golf, track, football, tennis, or powerlifting. \*This includes quitting due to grades.**
- **If a person quits a sport on 2 different occasions they will be permanently removed from athletic in Warren ISD.**

## **DAEP/ISS**

- **Any student sent to DAEP will be removed from athletics for the remainder of the semester and will be ineligible for up to one calendar year. Each case will be handled individually and when/if the student is allowed back, it will be under contract probation.**
- **Any student sent to ISS will not be eligible for competition until they are released. They are still expected to come to practice. Once a student has received 6 days assigned to ISS they will be placed on Contract.**

## **Grades**

- **Academic Eligibility**
  - **An average of 70 must be maintained in all classes to be eligible for competition.**
  - **If an athlete receives a 69 or below at a 6 week grading period, he/she must continue to attend all practices during this time of ineligibility.**
  - **Failure to attend practices during a time of ineligibility will forfeit the athlete's ability to engage in competition if eligibility is regained.**
  - **Athletes that have a failing grade in two consecutive grading periods will automatically be placed on academic contract and will be removed from athletics if significant growth is not attained within the next 6 weeks.**
  - **Missing assignments in academic classes will be addressed on a daily basis.**

## **Athletic Procedures**

- **Sports Physicals**
  - **The athlete will not be allowed to practice without a completed physical**
  - **A physical is accepted for one school year before another must be completed**
  - **The sports physical must be completed at the expense of the athlete. The school does not provide payment for sports physicals.**
- **Game-Day Travel**
  - **Athletes will ride to and from competitions on the bus.**
  - **In circumstances where the head coach allows athletes to leave the competition with a parent, the parent or legal guardian must sign the student out on the "Sign-out Sheet"**
  - **Athletes will only be allowed to leave a competition with a parent or legal guardian. A written note must be provided and checked out by an administrator before an exception will be made to this rule.**

- **If an athlete leaves a competition with his parent, the athlete must give all of his/her issued equipment to a teammate to travel back with. No issued equipment will be brought home after a game.**

- **Issued Equipment**

- **All equipment that an athlete receives is the property of WISD. Do not bring issued equipment home to wash. Washing will be done by the coaching staff, on campus.**
- **If issued equipment is lost, the athlete will be expected to pay for the lost equipment.**

- **Injuries**

- **Injured athletes must attend practice. Missing practice due to an injury will be deemed as an “unexcused” absence.**
- **Injuries should be reported to the head coach immediately.**
- **Do not go to a family doctor for an injury without having communicated with the coaching staff first. We have certified athletic trainers that come to our school several times a week to help assess injuries.**
- **If an athlete sees a doctor about an injury, the coaching staff must receive a note releasing the injured athlete for competition before he/she will be allowed to participate.**
- **Hurt and injured are two different things. You will often hurt from activity and must take care of you bodies with treatment and good fuel. If you are injured, please see a coach and let them know. If necessary a trainer will look at the injury and assess.**
- **If a trip to the doctor is needed it is recommended they work through the trainer because they specialize in sports injuries and can get appointments set up quickly in most cases. It is however the parent/guardians decision on which doctor they choose.**

### **Insurance**

**Athletes that are injured during a sport or athletics will qualify for the school insurance. It will act as a secondary insurance or primary if the athlete does not have insurance. It will cover a portion of the cost, but not all. Forms must be filled out by the athletic department.**

# **Standards for Sport Participation**

- **The Athletic Period**

- Athletics will focus on developing the athlete; a majority of the time will be spent on strength, speed and agility drills.
- Participation in the athletic period is mandatory, no matter the status of a student's eligibility. If a student does not participate, the grade will reflect the effort put forth. Injured students will have an alternative assignment.
- The athlete will dress out in issued clothing every day.
- No jewelry will be allowed in athletics or in contests.
- Athletes will not be permitted to go to other classes during the athletic period. Consult with the head coach to make arrangements that suit your academic needs and the needs of the team.
- In the athletic period, if an athlete quits a sport, he/she must continue his/her duties in the previously played sport until the season ends. He/she may not participate in sport-specific skills of the next sport until the previously played sport has ended unless agreed upon by BOTH coaches.
- Those involved in only individual sports such as golf, track, tennis, cross-country, and power-lifting will not be a part of the athletic period.

- **One Sport Athletes**

- If a one sport athlete quits his/her only sport, he/she will be removed from the athletic period.
- If a one sport athlete quits or finishes his/her only sport and cannot be removed from the athletic period, he/she will be expected to participate in class period activities.
- If an athlete quits his/her only sport, refusal to participate in the athletic period will result in a failing grade for the class.
- If a one sport athlete quits his/her only sport, he/she will not be placed in an athletic period the following year.

- **Try-Outs**

- There will be a 3 day "try-out" period for all team sports.
- Failure to attend this try-out period will forfeit the athlete's right to participate in that sport for that season unless there are extenuating circumstances.
- A coach reserves the right to try out players at the beginning of the year in sports where cuts are made. Players may be removed from athletics before the first two weeks of school are over or at semester if they don't possess the qualities necessary to make the team. They are still eligible to come to the try-out period at the beginning of the season and may be moved back into athletics if they make the team and the schedule allows.

- **Practice Standards**

- **Team practices are mandatory. A practice schedule will be given to each athlete at the beginning of each season. Updates to practice schedules will be communicated weekly.**
- **Do not miss practice due to academic needs (makeup work, low grade, missing assignment, etc.) Consult with the head coach to make arrangements that suit your academic needs and the needs of the team.**
- **Failure to attend practice can result in lost playing time in competition.**
- **Missed practice will be made up for through physical conditioning.**
- **The reason for a missed practice should be submitted to the head coach.**
- **It is the head coach's decision in deeming the missed practice as "excused" or "unexcused".**
- **Three "unexcused" missed practices will result in immediate suspension from competition.**

- **Excused Absences Examples**

- **Illness, Doctor**
- **School-Related Function**
- **Funeral**
- **Emergency**

**An excused absence from practice must be accounted for through physical conditioning. This is not punishment; the conditioning is intended to allow the athlete to gain the missed physical conditioning from the missed workout. The athlete is encouraged to schedule doctor's and dentist appointments after school on non-practice days.**

- **Unexcused Absences Examples**

- **Family Vacation**
- **Making Up School Work**
- **Job**
- **Babysitting**

**An unexcused absence from practice must be made up for through physical conditioning. This is not punishment; the conditioning is intended to allow the athlete to gain the missed physical conditioning from the missed workout. Unexcused absences carry consequences that can lead to suspension from competition and removal from program.**

# **Acknowledgement of Athletic Program Standards**

The following standards must be read by all Warren High School and Warren Junior High School athletes. By signing this document, the athlete and parent/guardian of the athlete state that these standards have been read and agreed to.

## **1. Refusal**

The coaches of Warren ISD will never ask an athlete to perform an act that is physically harmful, immoral, unethical, or impossible to achieve. Therefore, any refusal to perform an exercise or activity will not be tolerated.

**Acts of refusal include:**

- Actively saying “No” when asked to perform an activity.
- Passively saying “No” when asked to perform an activity.
- Outright disrespect in response to a coach’s request.
- Disengaging from a practice or athletic period activity.
- Intentionally performing an activity in an incorrect manner.

**The act of *refusal* is grounds for immediate suspension and/or expulsion from the athletic program.**

## **2. Consistent Conduct Issues**

Consistent issues involving negative conduct will not be tolerated. An athlete that displays consistent conduct issues will be placed on *probation*.

**Conduct Probation:**

- The athlete and parent/guardian must sign a document acknowledging that the athlete is on Conduct-Based Probation for a term of 6 weeks.
- If the athlete receives an office referral or displays negative conduct in the athletic arena during this time of probation, he/she will be removed from the athletic program.
- It is left to the discretion of the athletic director or coordinator to place athletes on Conduct Probation.

## **3. Consistent Academic Issues**

As noted above in policy, after 12 weeks academic-based probation will occur.



**Acknowledgement of**  
**Athletic Program & Team Sport**  
**Standards**

**I have read, understand, and agree to adhere to the  
Athletic Program and Team Sport Standards as stated.**

**Athlete Signature:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Conduct-Based Probation Form

Date:

Due to consistent incidents involving negative conduct, \_\_\_\_\_ has been placed on **Conduct-Based Probation** for the next six weeks. The period of probation will end on \_\_\_\_\_. Should the student be involved in any negative incidents regarding conduct during this six week probationary period, he will be removed from the athletic program. Any act after the six week period will result in immediate placement of a new contract. If it happens a third time it is grounds for immediate removal.

Negative conduct is defined as:

- Conduct referral from teachers or administrators
- Absence from practice
- Tardiness to any athletic-related event
- Any behavior (on-campus or off-campus) that is viewed as detrimental to the program
- Any negative behavior in the athletic facilities

The signature of the student and parent/guardian denotes acknowledgement of the student's probationary period and adherence to the standards of behavior set forth by Warren Athletics.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Academic-Based Probation Form

Date: \_\_\_\_\_

Due to consistency in failing to meet academic standards set forth by Warren ISD and the Warren athletic department, \_\_\_\_\_ has been placed on ***Academic-Based Probation*** for the next six weeks. The period of probation will end on \_\_\_\_\_. Should the student's academic performance not show improvement during this six week probationary period, he/she will be removed from the athletic program.

### Academic-Based Probation Requirements:

- Attend morning tutorials every day of probationary period
- Attain a passing grade in ALL classes at the end of the probationary period

The signature of the student and parent/guardian denotes acknowledgement of the student's probationary period and adherence to the educational standards set forth by Warren Athletics.

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_