

# JANUARY

C.K. Bender

Every meal includes a choice of fresh fruit, fruit cup, and choice of milk.

| Monday                                                                                     | Tuesday                                                                                     | Wednesday                                                                                      | Thursday                                                                         | Friday                                                                                           |
|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| 2<br><b>INSERVICE</b>                                                                      | 3<br>PIZZA<br>PICKLE SPEARS<br>CORN<br>CARROT STICKS                                        | 4<br>SALISBURY STEAK w/white<br>pepper gravy<br>MASHED POTATOES<br>ITALIAN BLEND<br>VEGETABLES | 5<br>MEATLOAF<br>GARDEN SALAD<br>GREEN BEANS w/<br>GARLIC TOAST<br>TOMATO SLICES | 6<br>HAMBURGER<br>FRENCH FRIES<br>LETT & PICKLES<br>TOMATO SLICES<br>PORK AND BEANS              |
| 9<br>CHICKEN PATTY on bun<br>LETT & PICKLES<br>TOMATO SLICES<br>GREEN PEAS<br>FRENCH FRIES | 10<br>BEEF TACOS W/ LETTUCE,<br>TOMATO & CHEESE<br>MEXICALI CORN<br>PINTO BEANS<br>SALSA    | 11<br>STEAK FINGERS<br>MASHED POTATOES<br>GREEN BEANS<br>DINNER ROLL                           | 12<br>MINI CORN DOGS<br>CARROT STICKS<br>BROCCOLI                                | 13<br>Pizza Square<br>CORN<br>GARDEN SALAD                                                       |
| 16<br><b>MLK DAY</b>                                                                       | 17<br>SLOPPY JOE on/bun<br>MIXED VEGETABLES<br>PICKLE SPEARS                                | 18<br>CHICKEN NUGGETS<br>MASHED POTATOES<br>BROCCOLI                                           | 19<br>SPAGHETTI & MEAT SAUCE<br>TURNIPS<br>CARROT STICKS                         | 20<br>HAM AND CHEESE ON BUN<br>LETT & PICKLES<br>TOMATO SLICES<br>FRENCH FRIES<br>PORK AND BEANS |
| 23<br>CHICKEN FAJITAS<br>REFRIED BEANS<br>CORN<br>SALSA                                    | 24<br>BAR-B-QUE ON BUN<br>BAKED BEANS<br>CUCUMBER SLICES<br>CELERY & CARROT STICKS          | 25<br>STEAK FINGERS<br>BROWN GRAVY<br>DINNER ROLL<br>MASHED POTATOES<br>BROCCOLI               | 26<br>Pizza Square<br>CELERY STICKS<br>CUCUMBER SLICES<br>GREEN BEANS            | 27<br>CORN DOG<br>FRENCH FRIES<br>PORK AND BEANS                                                 |
| 30<br>CHILI DOG<br>CHEETOS<br>PINTO BEANS                                                  | 31<br>CHICKEN PATTY on bun<br>LETT & PICKLES<br>TOMATO SLICES<br>GREEN PEAS<br>FRENCH FRIES |                                                                                                |                                                                                  |                                                                                                  |

# BREAKFAST

An option of cereal and toast offered daily.

| Monday                    | Tuesday      | Wednesday          | Thursday              | Friday                   |
|---------------------------|--------------|--------------------|-----------------------|--------------------------|
| BISCUIT<br>SAUSAGE PATTIE | TACO TUESDAY | BREAKFAST<br>PIZZA | PANCAKE on a<br>STICK | MUFFIN<br>SAUSAGE PATTIE |