

September 2017

Bismarck High School Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

The name September comes from the Latin septem for seven, since this was the seventh month of the Roman calendar.

4
Labor Day Holiday
NO SCHOOL

5
French Toast
Sticks, Syrup
Cereal, Yogurt
Fruit, Juice, Milk

6
Breakfast Pizza
Cereal, Yogurt
Fruit, Juice, Milk

7
Sausage Biscuit
Jelly
Cereal, Yogurt
Fruit, Juice, Milk

8
Scrambled Eggs w/
Cheese
Toast, Jelly
Cereal, Yogurt
Fruit, Juice, Milk

11
Muffin
Cereal, Yogurt
Fruit, Juice, Milk

12
Glazed Donut
Cereal, Yogurt
Fruit, Juice, Milk

13
Sausage, Egg, and
Cheese
English Muffin
Cereal, Yogurt
Fruit, Juice, Milk

14
Chicken Biscuit
Jelly
Cereal, Yogurt
Fruit, Juice, Milk

15
Scrambled Eggs
Cinnamon Toast
Cereal, Yogurt
Fruit, Juice, Milk

18
Cinnamon Roll
Cereal, Yogurt
Fruit, Juice, Milk

19
Pancake & Sausage
on a Stick
Syrup
Cereal, Yogurt
Fruit, Juice, Milk

20
Breakfast Tornado
Cereal, Yogurt
Fruit, Juice, Milk

21
Yogurt Parfaits w/
Granola
Cereal, Yogurt
Fruit, Juice, Milk

22
Scrambled Eggs
Cheese Toast
Cereal, Yogurt
Fruit, Juice, Milk

25
Pancakes
Sausage Links
Syrup
Cereal, Yogurt
Fruit, Juice, Milk

26
French Toast
Sticks, Syrup
Cereal, Yogurt
Fruit, Juice, Milk

27
Breakfast Pizza
Cereal, Yogurt
Fruit, Juice, Milk

28
Sausage Biscuit
Jelly
Cereal, Yogurt
Fruit, Juice, Milk

29
Scrambled Eggs
w/ Cheese
Toast, Jelly
Cereal, Yogurt
Fruit, Juice, Milk

1
Scrambled Eggs
Cheese Toast
Cereal, Yogurt
Fruit, Juice, Milk

*Every day should
start with a healthy
breakfast!*

Serving times—
7:25-7:50 a.m.

Free- Free
Reduced- \$.30
Full Price- \$1.50

REMEMBER:
Bismarck has a NO
CHARGE POLICY.

Please return your
Free/Reduced Meal
applications ASAP.

School News

Sept 4th—Labor Day—
No School

*USDA is an Equal
Opportunity Provider

**All menus are subject
to change**