

2021

OCTOBER

MONDAY

CALENDAR YEAR

CALENDAR MONTH

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	01	02	03
04 Banana bread, pop tart, cereal, banana, yogurt, juice, milk. Hamburgers, french fries, tomato/onion slice, mandarin orange, relish tray, salad, milk	05 breakfast burrito, pop tart, cereal, banana, yogurt, juice, milk. Chicken nuggets, hot roll, green beans, pear half, mashed potato, relish tray, salad, milk	06 Sausage gravy, biscuit, pop tart, cereal, banana, yogurt, juice, milk. Beef raviole, hot roll, corn, pineapple chunks, relish tray, salad, milk	07 long john, pop tart, cereal, banana, yogurt, juice, milk. Macaroni and cheese, ham slice, peas, peach slice, relish tray, salad, hot roll, milk	08	09	10
11 Apple frudel, pop tart, yogurt, banana, cereal, juice, milk. Stuffed crust pizza, corn, mandarin orange, brownie, relish tray, salad, milk	12 Waffle, pop tart, yogurt, banana, cereal, juice, milk. Ham and cheese sandwich, smiles, peas, applesauce, relish tray, salad, milk	13 Sausage gravy, biscuit, yogurt, pop tart, banana, cereal, juice, milk. Goulash, french bread, carrots, pear slice, relish tray, salad, milk	14 Long John, pop tart, yogurt, banana, cereal, juice, milk. Chicken teriyaki, rice, pilaf, hot roll, tropical fruit, relish tray, green beans, salad, milk	15	16	17
18 Pumpkin bread, banana, yogurt, pop tart, cereal, juice, milk. Beef and beans burrito, cheese sauce, refried beans, chips, relish tray, salad, milk	19 Pancake wrap sausage, banana, yogurt, pop tart, cereal, juice, milk. Stromboli, peas, smiles, applesauce, relish tray, salad, milk	20 Sausage gravy, biscuit, yogurt, banana, pop tart, cereal, juice, milk. Hamburger surprise, tri tator, corn, mandarin orange, relish tray, salad, milk	21 Long john, banana, yogurt, pop tart, cereal, juice, milk. Country Style beef patty, hot roll, mashed potato, green beans, peach half, salad, relish tray, milk	22	23	24
25 Zucchini bread, yogurt, banana, pop tart, cereal, juice, milk. Corn dog, smiles, corn, relish tray, salad, tropical fruit, milk	26 breakfast pizza, yogurt, banana, pop tart, cereal, juice, milk. Taco soup, cheese cup, applesauce, corn chips, snickerdoodle, relish tray, salad, milk	27 Sausage gravy, biscuit, yogurt, banana, pop tart, cereal, juice, milk. Beef noodle, hot roll, mashed potato, green beans, relish tray, salad, pear half, milk	28 Long john, yogurt, banana, pop tart, cereal, juice, milk. Chicken Quesadilla, refried beans, chips, mandarin orange, relish tray, milk	29	30	31
01	02	03	04	05	06	07