



KINGMAN-NORWICH
 RECREATION COMMISSION
 Proudly Presents



TAEKWONDO

~ART~FITNESS~SPORT~SELF-DEFENSE~

FEE: \$25 / Month

WHEN: Tuesdays and Thursdays

TIME: 6:00 p.m. to 7:00 p.m.

WHERE: TKD ROOM @ KNRC, 131 West A Ave.

WHO: Classes are open to all ages. Children under eight years of age without a participating parent will be evaluated before being accepted to the class.

ABOUT THE INSTRUCTOR: Darryl Gruenke is a Master Instructor with over 20 Years training under Grand Master Joon Y. Kim, Wichita, Kansas. He has over 14 years of experience in Instructing. He is a World Taekwondo Federation certified 6th Dan Black Belt and a United State Taekwondo Union certified referee.

First class is FREE!! Enter the KNRC Building on the south end in the Alley. Taekwondo room is first door on your left. Register Today!!



131 West A Ave.
 P.O. Box 223
 Kingman, Kansas 67068
 Office: (620) 532-2761
 Fax: (620)532-2324
 www.knrec.org

TAEKWONDO CLASS - Registration

Name: _____

Parent's Name (if under 18 years of age): _____

Address: _____

Phone: (H) _____ (C) _____ (W) _____ TEXT? Yes No

Signature: _____

(Parent/Guardian must sign if under 18 Years of Age)