

TROJAN



STRONG

STRENGTH / POWER / SPEED

SUMMER 2022

5TH – 12TH GRADES

THE TROJAN STRONG SUMMER PROGRAM IS A STRENGTH, POWER, SPEED, AGILITY, INJURY PREVENTION AND LEADERSHIP PROGRAM, RUN BY THE ANDOVER HIGH SCHOOL STRENGTH STAFF IN COORDINATION AND COOPERATION WITH THE ANDOVER HIGH COACHING STAFFS. IT IS DESIGNED FOR ANDOVER TROJAN SPORTS TEAMS TO TRAIN TOGETHER AND HELP DEVELOP A CHAMPIONSHIP CULTURE

GENERAL INFORMATION

CAMP STAFF

CAMP WILL BE UNDER THE DIRECTION OF COACH DUSENBURY AND THE ANDOVER HIGH STRENGTH STAFF

LOCATION

ANDOVER HIGH GYM/WEIGHT ROOM/BASEBALL FIELD
DAY 1 REPORT TO HIGH SCHOOL WEIGHT ROOM
ENTRANCE BEHIND THE HIGH SCHOOL.

COST

\$60

CASH/ CHECK/VENMO/CREDIT CARD
CHECKS PAYABLE TO "TROJAN FOOTBALL"

COMMUNICATION

REMIND CODE

WE WILL USE THE REMIND APP TO COMMUNICATE THIS SUMMER. PLEASE SIGN UP BELOW

TEXT

@9ca2ah

To

81010

Questions: Contact Coach Dusenbury at
dusenbuk@usd385.org

TIMES AND DAYS

MONDAY – THURSDAY
MAY 31ST – JULY 28TH

CLOSED

JULY 4TH – JULY 7TH – BY KSHSAA POLICY
JULY 11TH – 14TH - *FOR FOOTBALL CAMPS

SESSIONS

GRADE LEVEL IN 2022-2023

TROJAN PROGRAM

9TH – 12TH GRADE BOYS
6:30 – 8:00 A.M.

LADY TROJAN PROGRAM

5TH – 12TH GRADE GIRLS
8:00 – 9:30 A.M.

YOUNG TROJANS PROGRAM

5TH – 8TH GRADE BOYS
9:30 – 10:30 A.M.

REGISTRATION LINKS

HYPERLINK

trojanstrongsummer2022registration

TYPE IN

<https://tinyurl.com/ybkrttcu>

QR CODE

