

SUBSTANCE USE DISORDER

*A pattern of substance use leading to impairment or distress, as manifested by at least **TWO** or more of the following being met during in the past 12 month period to have a diagnosis: Please check those that apply:*

- _____ Uses more than intended, or for longer than intended.
- _____ Efforts to control or cut back on using have been unsuccessful.
- _____ Large amounts of time are spent obtaining, using, or recovering from use of substances.
- _____ Cravings (the presence of a strong desire to use)
- _____ Recurrent use resulting in problems at work, home or school.
- _____ Continued use despite recurrent social or interpersonal problems resulting from using.
- _____ Curtailing important activities in favor of using.
- _____ Substance use despite potentially hazardous outcomes. (Drinking and driving, working under the influence etc...)
- _____ Continued use despite knowledge that substance use is causing or exacerbating persistent physical or psychological problem.
- _____ Tolerance or a need for increased amounts of the substance.
- _____ Withdrawal symptoms.

Mild: presence of two to three symptoms
Moderate: presence of four to five symptoms
Severe: presence of six or more symptoms