Andover Central Middle School August Practice Schedule

August 9th - 13th -

Speed and Conditioning - is optional but recommended - bring a water jug with your name on it. This is put on by the high school football staff.

Monday August 8th - Speed and Conditioning @ Jaguar Stadium 5:30 - 6:30

Tuesday August 9th - Speed and Conditioning @ Jaguar Stadium 5:30 - 6:30

Wednesday August 10th - Speed and Conditioning @ Jaguar Stadium 3:30-4:30

8th Grade football check out at 4:30

Thursday August 11th - Speed and Conditioning @ Jaquar Stadium 5:30 - 6:30

Equipment Check out 7th Grade @ 4:30

Friday August 12th - nothing scheduled

August 15th - 20th - 1st Week of Practice

Monday August 15th - Practice 3:30 - 5:30

Tuesday August 16th Practice 3:30 - 5:30

Wednesday August 17th Practice 3:30 - 5:30

Thursday August 18th Practice 3:30 - 5:30

Friday August 19th Practice 3:30 - 5:30

Saturday August 20th Practice 8 a.m. - 9:30 a.m. - Locker room opens at 7:30 a.m.

August 22-26 - 2nd Week of Practice

Monday August 22nd Practice 3:30 - 5:30

Tuesday August 23rd Practice 3:30 - 5:30

WednesdayAugust 24th Practice 3:30 - 5:30

Thursday August 25th Practice 3:30 - 5:30

Friday August 26th Practice 3:30 - 4:30

August 29 - September 2

Monday August 29th - Practice 3:30 - 5:30

Tuesday August 30th Practice 3:30 - 5:30

Wednesday August 31st - Practice 3:30 - 5:00

Thursday September 1st Game #1 vs. Derby

Friday September 2nd No Practice

Monday September 5th Practice 2:00 - 3:30

Locker room opens @ 1:30

<u>Practice Times and Schedules could change due to extreme heat - so please be</u> flexible