

April 24, 2019

Dear Players and Parents:

I would like to welcome everyone to the 2019 ACMS football season. My coaching staff and I are excited about the upcoming season. This letter is to inform you of all the happenings prior to the beginning of the season.

The summer camp will be June 24 -27. The camp will be from 8:30 – 10:30 a.m. All sessions will be held at ***our practice field behind the middle school***. We understand that some may have prior engagements with summer plans, but this camp will be very beneficial to those who attend. We will be going over many of the offensive and defensive schemes we use throughout the season. We will also spend time on fundamental skills. If you are planning on attending camp, please fill out the flyer and bring it with you the first day of camp or to me prior to the end of the school year. Please make checks payable to Justin Charbonneau.

Summer weights start on June 3<sup>rd</sup> and run till July 25<sup>th</sup>. The summer weights are held at the ACHS weight room and are run by Coach Tuttle and his staff. It is not mandatory to attend summer weights, but I would strongly encourage you to do so. We can certainly see a difference in those kids that do attend. It also gives the athletes an opportunity to lift with their teammates and the opportunity to get to know the high school coaching staff.

We hope to see you all at camp in June. If you have any questions regarding the season or camp please e-mail me at [charbonj@usd385.org](mailto:charbonj@usd385.org)

Thanks,

Justin Charbonneau and Staff