

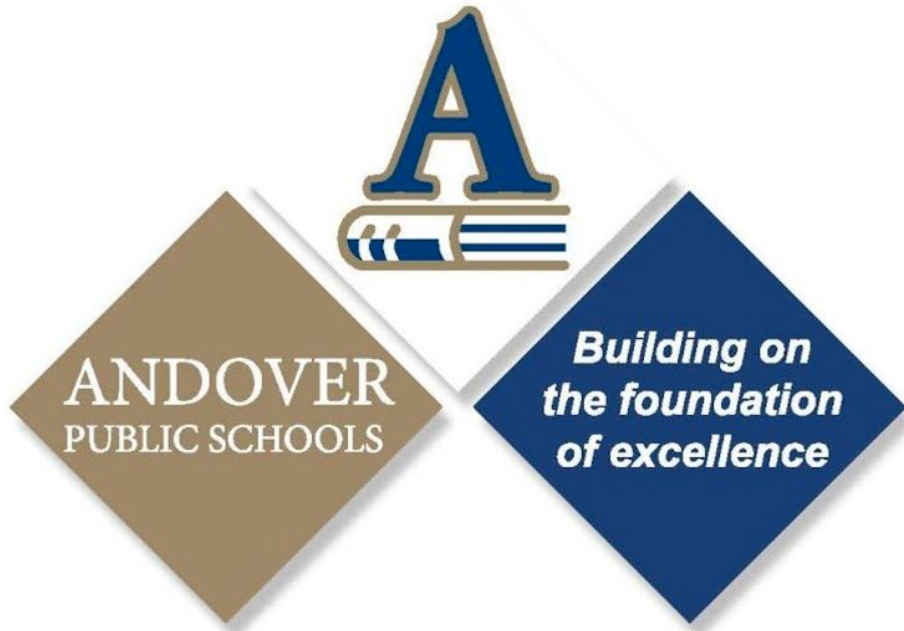
Andover  
Middle  
School

ENROLLMENT  
GUIDE

---

2021-2022





**Our Mission:**

Andover Public Schools prepares learners for a changing world by creating meaningful educational opportunities that equip and empower students to lead successful and fulfilling lives.

Portrait  
of a  
*Graduate*

**Academic preparation**

- Has skills and knowledge to pursue life goals
- Has real-world experience to succeed after high school

**Collaboration and communication**

- Works well with others
- Values teamwork

**Innovative thinking**

- Thinks critically and independently
- Solves problems creatively

**Integrity and character**

- Has strong work ethic
- Does the right thing

**Resilience**

- Learns from mistakes and failures
- Adapts to an ever-changing world



# Table of Contents

<b>Enrollment Procedures</b>	<b>3</b>
Enrollment Guidelines	3
Class change policy	3
<b>Special Education</b>	<b>4</b>
Special Education Programs	4
Special Services	4
Health Requirements	5
Notice of Non-discrimination	5
<b>6th Grade Enrollment Guide</b>	<b>6</b>
Required Courses	6
6th grade Elective Courses	7
<b>7th Grade Enrollment Guide</b>	<b>9</b>
Required Courses	9
<b>8th Grade Enrollment Guide</b>	<b>11</b>
Required Courses	11
7th and 8th grade Elective Courses	13

# Enrollment Procedures

## Enrollment Guidelines

- Students currently in fifth, sixth and seventh grades will receive orientation sessions about enrollment procedures led by the school counselors.
- Students and their parent(s)/guardian(s) are urged to carefully read this enrollment guide.
- Complete the enrollment sheet using the following information: (1) recommendations from the school's instructional/counseling staff; and (2) conversations with your son or daughter.
- Students will enroll online based upon the student's course request form that is completed during the enrollment process.
- Student schedules will be made available to returning students in late July or early August.

## Class change policy

- The classes recommended by the instructional staff and those selected by the student will be considered as final enrollment.
- The school may initiate a schedule change for academic, social or disciplinary reasons if it is determined to be in the best interest of the student.

# Special Education

## Special Education Programs

### **Intellectually Disabled (ID)**

The program for the intellectually disabled is a self-contained classroom designed to help each individual student become a semi-dependent, contributing member of society. To achieve this goal, the program includes learning skills in the following areas: functional academics, personal/social skills, self-help skills, leisure time skills, communication skills, motor skills and survival skills. The program is supplemented with special service personnel in the areas of music, adaptive physical education, speech, and occupational and physical therapy to help each student develop to his/her fullest potential.

### **Learning Resource (LR)**

The Learning Resource program is designed to give services to students which promote, support and enhance the regular classroom curriculum by remedial, supportive, and/or direct teaching strategies as described in a student's Individual Education Plan (IEP).

### **Extended Learning Program (ELP)**

ELP students show high potential in academic and creative areas. Other students may exhibit very high achievement in a single subject. A student may be referred to the ELP program by the parent, teachers, counselors and/or school administrators. Placement in this program is determined by meeting state requirements for eligibility, an assessment of the student's academic needs, individual achievement testing and a meeting between parents and school staff. The ELP model is designed to meet the academic needs of the identified students. The amount of service time to the individual student is determined by the needs of the child. Special units such as independent studies, technology, career exploration, vocabulary development, creative problem-solving, computer-generated competitions, special field trip opportunities and other activities are part of the program.

## **Special Services**

In addition to regular course offerings, other services are provided to USD 385 middle school students. They include help in the following areas: behavior disorders, learning disabilities, speech therapy, gifted education, ELL, hearing and visual impairment. These services may be provided in special classroom settings, resource rooms or by consultants. Referral and/or recommendation are necessary for placement in these programs. Math support courses, adaptive curriculum program, high school community service students and adult learning partners are also available for students experiencing difficulty in their coursework. For more information concerning special services, please visit with the school counselor or school administration.

## **Health Requirements**

Seventh and eighth-grade students who wish to participate in athletics must have a KSHSAA physical completed by a licensed physician and a KSHSAA concussion form signed prior to participation. These forms are available in the school office and on the school website. In order for sports physicals to be valid for the 2021-22 school year, the physical must be taken after May 1, 2021, and not before. A dental exam is recommended but not required.

All immunization forms must be current before enrollment. The Andover School District requires DPTs, T-daps, polio, varicella, measles, rubella and mumps vaccinations. If you have questions concerning immunization requirements, please call the school office to speak with the school nurse.

## **Notice of Non-discrimination**

Andover Public School does not discriminate on the basis of race, color, national origin, age or disability in admission or access to employment, programs and activities. If you have any questions regarding the above, please contact the assistant superintendent for human resources, 1432 N. Andover Rd., Andover, KS 67002 or call 316-218-4660.



# 6th Grade Enrollment Guide

## Required Courses

**Language Arts 6:** In this course, students will demonstrate comprehension skills in reading literature and informational text. Students will write using a variety of text types and purposes. Emphasis will be placed on the integration of reading and writing. Other areas of study include reading fluency, vocabulary, grammar, punctuation, speaking and listening.

**Science 6:** This course gives students an overview of selected topics in life science. Students will learn about the properties, structures and changes inherent in these disciplines, as well as how to apply this knowledge in a way that benefits humankind. Students will also continue to advance skills relating to scientific inquiry and the designed world either individually or in small groups.

**Social Studies 6:** This course studies world history and focuses on ancient world civilizations, world geography and important nations. Students learn about other people's societies, their history and their systems of economics and government.

***Enrollment in middle school math courses is determined by evaluating standardized and classroom test results, placement tests and student readiness inventory. Middle school staff will evaluate and recommend course enrollment for each student.***

**6 Math:** Instructional time will focus on these four areas: (1) connecting ratio and rate to whole number multiplication and division and using concepts of ratio and rate to solve problems; (2) completing understanding of division of fractions and extending the notion of number to the system of rational numbers, which includes negative numbers; (3) writing, interpreting and using expressions and equations; and (4) developing an understanding of statistical thinking. Expect daily homework.

**6 Math with Support:** Instructional time will focus on these four areas: (1) connecting ratio and rate to whole number multiplication and division and using concepts of ratio and rate to solve problems; (2) completing understanding of division of fractions and extending the notion of number to the system of rational numbers, which includes negative numbers; (3) writing, interpreting and using expressions and equations; and (4) developing understanding of statistical thinking. Students will be placed in this course based on teacher recommendations, grades, and test scores. This course will provide students with single period math class with modifications to pacing and content.

**6 Math Accelerated:** Instructional time will focus on these five areas: (1) connecting ratio and rate to whole number multiplication and division and using concepts of ratio and rate to solve problems; (2) completing understanding of division of fractions and extending the notion of number to the system of rational numbers, which includes negative numbers; (3) developing understanding of operations with rational numbers and working with expressions and linear

equations (4) writing, interpreting and using expressions and equations; and (5) developing understanding of statistical thinking. Expect daily homework. Successful completion of course required to continue accelerated sequence, as determined by standardized and classroom test results and teacher observation.

**Physical Education 6:** This course will introduce students to a variety of physical activities to help develop fine and gross motor skills. Students will develop responsibility and interpersonal skills throughout the course. Personal fitness will be continually emphasized in the areas of cardiovascular endurance, muscle endurance, muscle strength, flexibility and methods of improving overall physical fitness.

**Keyboarding 6:** This class meets every other day of the fall semester and is designed to introduce the touch method of keyboarding. Students will become proficient keyboarders which will enhance confidence in being able to communicate effectively through the use of computer technology. Correct posture and position at the computer is emphasized. Additionally, acceptable use of legal/ethical issues will be addressed. Grading for this course will be on a Pass/Fail basis. Keyboarding is a prerequisite for Computer Basics 6.

**Computer Basics 6:** This course is designed to teach basic functions of the computer, keyboarding introduction to various software types (word processing, drawing, spreadsheets, etc.), and online communication and resources. Students will focus on skills important for the 21st Century learner.

### 6th grade Elective Courses

*The following courses are offered in the elective/exploratory block. Students will choose two credits from the following courses. Please refer to the enrollment sheet for your child for specific information regarding options in this block.*

**Band 6 (every other day for full year):** This class is designed for students who have successfully completed one year of band instruction. It will perform as a concert band. Private study is encouraged. Parent-signed practice records are collected each week. This band will meet on an alternating basis with RAMP. A handbook with specific information will be sent home for review and signatures of students and parents. Signatures of both student and parent are required before participation.

**Beginning Strings:** This class is designed for students in their first year of string instruction. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.



**Intermediate Strings:** This class is designed for students with at least one year of experience with string instruction. Students are eligible to enroll in this course with parent and director approval based upon successful audition. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Advanced Strings:** This class is designed for advanced string players with a Suzuki Level of 3 or higher. Students are eligible to enroll in this course with parent and director approval based upon successful audition. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Vocal Music 6 (every other day for full year):** This introductory course is designed to teach music appreciation, theory and singing skills. Additional instruction in the knowledge and development of appropriate student conduct in rehearsals and performance will be provided. Attendance at all concerts is required. This class will meet on an alternating basis with RAMP.

*\*Students may dual enroll in Band 6 and Vocal Music 6 if approved by building administration*

**RAMP 6 (Rigor, Access, Motivation, & Persistence):** This course will assist in the transition from elementary to middle school by providing students with tools and strategies for success including organizational skills, study skills, soft skills and college/career readiness skills. RAMP will meet every other day and will be graded on a Pass/Fail basis.

**Health 6 (nine-week class):** This course is required in the exploratory block sequence. Students will study units on physical, mental, and emotional health. Main topics covered are goal setting, decision making, nutrition, and human sexuality, AIDS education, and emphasis on the cardiovascular system.

**Art 6 (nine-week class):** Students will explore a variety of art materials, develop basic art techniques and use creative thinking skills to express ideas and viewpoints about personal experiences and the world around them. Students will produce meaningful drawings, paintings, prints and sculptures in a studio setting. The study of art history, diverse cultures and vocabulary will help students gain an understanding of the artistic process.

**Spanish 6 (nine-week class):** This course will provide the student with an exploration of basic Spanish vocabulary and an introduction to Spanish culture through activities, projects, presentations, songs and skits.

**FACS 6 (nine-week class):** This is an introductory course on family and consumer science. The focus is on three areas: personal and family living, nutrition/wellness, and clothing and the consumer. Developing successful skills in decision-making and problem-solving are incorporated throughout the course.

**Robotics (nine-week class):** In this hands-on class, students will use robotics kits and the supplied curriculum to learn how to build robots. Students will learn about the history of

robots, how robots affect our day-today lives and the future of robots in our world. The curriculum aligns with current science, mathematics and technology standards.

## 7th Grade Enrollment Guide

### Required Courses

**Language Arts 7:** In this course, students will demonstrate comprehension skills in reading literature and informational text. Students will write using a variety of text types and purposes. Emphasis will be placed on the integration of reading and writing. Other areas of study include reading fluency, vocabulary, grammar, punctuation, speaking and listening.

**Science 7:** This course gives students an overview of selected topics in physical science. Students will learn about the properties, structures and changes inherent in this discipline, as well as how to apply this knowledge in a way that benefits humankind. Students will also continue to advance skills relating to scientific inquiry and the designed world either individually or in small groups.

**Social Studies 7:** Seventh-grade social studies is a combination of Kansas history and geography. Students will study the culture, lifestyles, key events and important figures of Kansas' history for one semester. The other semester of this course emphasizes basic geography concepts, map and globe skills, scale, direction and themes of geography for the Western Hemisphere.

**Physical Education/Health 7:** This course is designed to build on prior knowledge and skills learned from sixth-grade physical education. Personal fitness will be continually emphasized in the areas of cardiovascular endurance, muscular endurance, muscular strength, flexibility and methods of improving overall physical fitness. Responsibility and social skills will be continually reinforced through a variety of individual, dual, cooperative and team sports.

Seventh-grade health education alternates with physical education class. The students will receive an overall exposure to the importance of physical fitness, nutrition, personal hygiene, human sexuality education and decision-making concerning health habits and ideas. A review of all body systems with a concentration of the nervous system is included.

***Enrollment in middle school math courses is determined by evaluating standardized and classroom test results, placement tests and student readiness inventory. Middle school staff will evaluate and recommend course enrollment for each student.***

**7 Math:** Instructional time will focus on four areas: (1) developing an understanding of and applying proportional relationships; (2) developing an understanding of operations with rational numbers and working with expressions and linear equations; (3) solving problems involving scale drawings and working with two- and three dimensional shapes to solve problems involving area, surface area and volume; and (4) drawing inferences about populations based on samples. Expect daily homework.

**7 Math with Support:** Instructional time will focus on four areas: (1) developing understanding of and applying proportional relationships; (2) developing understanding of operations with rational numbers and working with expressions and linear equations; (3) solving problems involving scale drawings and working with two- and three-dimensional shapes to solve problems involving area, surface area and volume; and (4) drawing inferences about populations based on samples. Students will be placed in this course based on teacher recommendation, grades and test scores. This course will provide students with two consecutive class periods for math. **The support portion of the course will take the place of one elective/exploratory class.**

**7 Math Accelerated:** Instructional time will focus on five areas: (1) developing an understanding of and applying proportional relationships; (2) formulating and reasoning about expressions and equations, and solving linear equations; (3) solving problems involving scale drawings and informal geometric constructions, and working with two- and three- dimensional shapes to solve problems involving areas, surface area and volume; and (4) distance, angle, similarity and congruence properties, and understanding and applying the Pythagorean theorem; and (5) drawing inferences about populations based on samples. Expect daily homework.

# 8th Grade Enrollment Guide

## Required Courses

**Language Arts 8:** In this course, students will demonstrate comprehension skills in reading literature and informational text. Students will write using a variety of text types and purposes. Emphasis will be placed on the integration of reading and writing. Other areas of study include reading fluency, vocabulary, grammar, punctuation, speaking and listening.

**Advanced Language Arts 8:** The eighth-grade advanced language arts class covers the same standards as eighth-grade language arts, but pacing and depth of coverage are increased. This course focuses on preparing students for ninth-grade Honors English. In this course, students will demonstrate comprehension skills in reading literature and informational text. Students will write using a variety of text types and purposes. Emphasis will be placed on the integration of reading and writing. Other areas of study include reading fluency, vocabulary, grammar, punctuation, speaking and listening. Prerequisite: Application and seventh-grade teacher recommendation.

**Science 8:** This course gives students an overview of selected topics in earth and space science. Students will learn about the properties, structures and changes inherent in these disciplines, as well as how to apply this knowledge in a way that benefits humankind. Students will also continue to advance skills relating to scientific inquiry and the designed world either individually or in small groups.

**Social Studies 8:** This course will review the history and development of the United States from the American Revolution to Reconstruction following the Civil War. Emphasis will be placed on the Revolutionary War, the United States Constitution, westward expansion, American presidents, Civil War and Reconstruction. Current events will also be stressed.

**Physical Education/Health 8:** This course is designed to build on prior knowledge and skills learned from seventh-grade physical education. Personal fitness will be continually emphasized in the areas of cardiovascular endurance, muscular endurance, muscular strength, flexibility and methods of improving overall physical fitness. Responsibility and social skills will be continually reinforced through a variety of individual, dual, cooperative and team sports. Eighth-grade health education alternates with physical education class. The students will receive an exposure to the importance of physical fitness, nutrition, first aid and emergency management, personal hygiene, human sexuality education, disease education, stress management, mental health disorders and decision-making concerning health habits and ideas.

***Enrollment in middle school math courses is determined by evaluating standardized and classroom test results, placement tests and student readiness inventory. Middle school staff will evaluate and recommend course enrollment for each student.***

**8 Math:** Instructional time will focus on three areas: (1) formulating and reasoning about expressions and equations, including modeling an association in bivariate data with a linear equation, and solving linear equations; (2) grasping the concept of a function and using functions to describe quantitative relationships; and (3) analyzing two- and three-dimensional space and figures using distance, angle, similarity and congruence, and understanding and applying the Pythagorean theorem. Expect daily homework.

**8 Math with Support:** Instructional time will focus on three areas: (1) formulating and reasoning about expressions and equations, including modeling an association in bivariate data with a linear equation, and solving linear equations; (2) grasping the concept of a function and using functions to describe quantitative relationships; and (3) analyzing two- and three-dimensional space and figures using distance, angle, similarity and congruence, and understanding and applying the Pythagorean theorem. Students will be placed in this course based on teacher recommendation, grades and test scores. This course will provide students with two consecutive class periods for math. **The support portion of the course will take the place of one elective/ exploratory class.**

**8 Math Accelerated:** Instructional time will focus on four critical areas: (1) formulating and reasoning about expressions and equations, with a focus on linear relationships including modeling an association in bivariate data with a linear equation, and solving and graphing linear equations; (2) grasping the concept of a function and using functions to describe quantitative relationships. (3) solving systems of equations and inequalities; (4) solving and graphing quadratic and exponential relationships. Expect daily homework. Successful completion of course required to continue the accelerated sequence, as determined by standardized and classroom test results and teacher observation.

## 7th and 8th grade Elective Courses

*Students may choose any combination of electives that are equal to two credits. That could be two full-year courses, one full-year course and two semester courses, or four semester courses.*

### **Elective classes: 7th grade only**

**Band 7 (full year – 7th grade students only):** Students are eligible to enroll in Band 7 with director approval. This band meets every day and performs as a concert band. Instruction will also include marching and pep band. Private study is encouraged but not required. Attendance at all concerts and contests is required. Parent-signed practice records are collected each week. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Spanish 7 (semester):** This course presents students with an introduction to the grammatical structure, basic vocabulary and appropriate pronunciation of Spanish. Students will be expected to speak, read and write in Spanish. Students will be required to speak in front of the class, work with others and willingly learn the differences between their culture and those in the Spanish-speaking community.

### **Elective classes: 8th grade only**

**Advanced Spanish (full year – 8th grade students only):** This course is the equivalent of Spanish I at the high school level and is designed to encourage active participation in the acquisition of the basic language skills of listening, reading, writing and speaking in Spanish. Students will learn about customs and cultures of Spanish-speaking countries. Enrollment in this course requires a grade of “B” or better in your previous English class. Students who have received a B or better in middle school Advanced Spanish will automatically be enrolled in Spanish 2 in high school if they choose to continue their study of Spanish.

**Band 8 (full year – 8th grade students only):** Students are eligible to enroll in this course with director approval. This band meets every day and performs as a concert band. Instruction will also include marching band and pep band. Attendance at all concerts and contests is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**High School Spanish Prep (semester – 8th grade students only):** This course is designed to prepare eighth-grade students for the rigor of high school Spanish I. The focus is on basic grammar, vocabulary and pronunciation skills that will be taught at the high school level. Basic reading comprehension and listening skills will be emphasized.

**Student Aides (may choose one of the following for a semester or full-year – Office, P.E., Library, FAA, Math or Science):** This is a selective program to benefit both students and teachers. Participation in this program is a privilege. Aides will be given regular daily duties,

which may include helping students with special needs, creating bulletin boards, copying classroom materials, running errands, filing and general office duties. Selection in the aide program requires the approval of the teacher involved, parents, principal and counselor. Students are selected on the basis of grades, leadership, attendance, responsibility and citizenship.

### **Elective classes: 7th and 8th grade**

**Art I (semester):** Students will explore various two-dimensional media with some three-dimensional media with an emphasis on the elements and principles of design. Students will develop skills in the areas of observational drawing, painting techniques and color theory. Students will refine skills, improve techniques and craftsmanship to meet challenges and solve problems in unique ways. The study of art history, diverse cultures and vocabulary will help students gain an understanding of the artistic process.

**Art II (semester):** Students will explore various three-dimensional media with some two-dimensional media by creating artworks to express personal experiences and observations of the world. Students will have the opportunity to investigate sculpture, ceramics, fiber arts and printmaking to construct and form functional and decorative artworks. The study of art history, diverse cultures, journaling and vocabulary will help students gain an understanding of the artistic process.

**Careers and STEM Exploration (CASE):** In this Project Lead the Way course, students will apply the concepts of physics, chemistry and nanotechnology to STEM activities and projects, including making ice cream, cleaning up an oil spill and discovering the properties of nano-materials. Career exploration, employability skills and soft skills will also be embedded into the course.

**Boys' Choir (semester or full year):** Boys' Choir will sing a variety of musical styles including classical and contemporary music. This class provides basic voice training with an emphasis on matching pitch and two and three-part singing. Additional instruction in the male changing voice, music theory, sight-singing, and knowledge and development of appropriate student conduct in rehearsals and performance will be provided. Attendance at all concerts and choir functions is required.

**Extended Learning Program (semester):** This class is offered to those who qualify for the gifted program. The curriculum is designed to meet the individual needs of each student. Both individual and small group study is utilized.

**Girls' Choir (semester or full year):** Girls' Choir will sing a variety of musical styles including classical and contemporary music. This class provides basic voice training with emphasis on matching pitch and two- and three-part singing. Additional instruction in the female changing voice, music theory, sight-singing, and knowledge and development of appropriate student



conduct in rehearsals and performance will be provided. Attendance at all concerts and choir functions is required.

**Computer Applications (semester):** This course is designed to help students become aware of the potential of the computer in business, school and everyday life. Computer Applications uses a “hands-on” approach for operating system, word processing and spreadsheet applications, as well as personal information management with email and calendar software. Appropriate Internet searching, etiquette and safety will also be explored, and computer security, threats and maintenance will be discussed. High school credit will be granted to eighth-grade students who successfully pass this course competency exam with at least 80% proficiency. This credit will not be included in the requirements for the total number of credit hours needed for high school graduation.

**Computer Science (semester):** Students will engage in two Project Lead the Way units. In the first unit, Computer Science for Innovators, students will learn about programming by blending hardware design and software development. Physical computing projects will promote student awareness of interactive systems, including Internet of Things (IoT) devices, and broaden their understanding of abstract computer science concepts through meaningful and authentic applications. The second unit, App Creators, will introduce students to the field of computer science and the concepts of computational thinking through the creation of mobile apps. Content will challenge students to be creative and innovative as they collaboratively design and develop mobile solutions to engaging real-world problems.

**Engineering: Design and Modeling (semester):** In this Project Lead the Way course, students will apply the design process to solve problems and understand the influence of creativity and innovation in their lives. They work in teams to design, documenting research and ideas in their engineering notebooks. Using 3D design software, students create a virtual image of their designs and produce a portfolio to showcase their innovative solutions.

**FACS (semester):** This course looks at real-life situations in clothing care, repair skills and consumer buying. Sewing construction techniques will be demonstrated by completing a variety of sewing projects. This course also includes units on kitchen basics, food preparation, meal planning and safe practices in the kitchen.

**Medical Detectives (semester):** In this Project Lead the Way course, students will play the role of real-life medical detectives as they analyze genetic testing results to diagnose disease and study DNA evidence found at a “crime scene.” They will solve medical mysteries through hands-on projects and labs, investigate how to measure and interpret vital signs, and learn how the systems of the human body work together to maintain health. Career exploration, employability skills and soft skills will also be embedded into the course.

**Newspaper (full year):** This is a production-oriented class designed to create the middle school newspaper. Selected students will learn aspects of photography, including how to take quality pictures and the process of cataloging them. Students will also learn aspects of journalism,

including writing news, feature articles, editorials and sports. Dedication and responsibility, exemplary writing abilities, computer literacy, ability to meet deadlines, and an interest in photography and desktop journalism are “musts” in this working environment. Students must apply and be accepted into this class before enrolling. The application process may involve a written essay, mock interview questions and news articles, and teacher recommendations. A “B” average or better in the previous semester’s English-Language Arts class is required. NOTE: Newspaper & Yearbook may be offered as a combined Journalism course.

**Personal Finance (semester):** Personal Finance will equip students to avoid debt, budget with intention, invest early and build wealth so they can live generously. Students will incorporate a variety of research, simulations and activities to develop financial literacy.

**Beginning Strings:** This class is designed for students in their first year of string instruction. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Intermediate Strings:** This class is designed for students with at least one year of experience with string instruction. Students are eligible to enroll in this course with parent and director approval based upon successful audition. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Advanced Strings:** This class is designed for advanced string players with a Suzuki Level of 3 or higher. Students are eligible to enroll in this course with parent and director approval based upon successful audition. Attendance at all performances is required. A handbook with specific information will be sent home for review. Signatures of both student and parent are required before participation.

**Strength and Conditioning (semester):** This course teaches both the health-related aspects of fitness (body composition, cardiovascular fitness, flexibility, muscular endurance and muscular strength) and skill-related aspects (agility, balance, coordination, power, reaction time and speed). The goal of this class is to meet students’ individual goals in all areas of health- and skill-related fitness by allowing students to participate in a variety of activities that will enhance their physical fitness.

**Lifetime Fitness (semester):** The purpose of this course is to concentrate on the healthy heart. Students will participate in a variety of cardiovascular activities in this class. This course is in addition to Physical Education. Heart monitors may be used to learn how to keep track of individual heart rates and log results. Activities may also include but not be limited to: aerobics, kickboxing, jump rope, line dancing, etc.

**Teen Leadership (semester):** Students will develop leadership, personal and business skills. They learn to develop a healthy self-concept, healthy relationships and to understand personal

responsibility. They will develop an understanding of emotional intelligence and the skills it measures, including self-awareness, self-control, self-motivation and social skills. Students develop skills in public speaking and communication, and an understanding of personal image. They come to understand the concept of principle-based decision-making and develop their own personal mission statement. Students practice and develop skills for conflict resolution and acquire an understanding of the effects of peer pressure, developing skills to counteract those effects.

**Yearbook (full year):** This is a production-oriented class designed to create the middle school yearbook. Selected students will learn aspects of photography including how to take quality pictures and the process of cataloging them. Students will also learn aspects of journalism including layout and design. Dedication and responsibility, exemplary writing abilities, computer literacy, ability to meet deadlines, and an interest in photography and desktop journalism are “musts” in this working environment. Students must apply and be accepted into this class before they are able to enroll. The application process may involve a written essay, a mock layout, and teacher recommendation as well as a “B” or better in the previous semester’s English class.