

# From the MIES Health Office

**Let's get ready for school!!!**

# Sources for information

Powerschool has everything you will need! [www.usd385.org](http://www.usd385.org) Login to Powerschool. At the top go to District Info. Scroll down and you will see Nurse's Corner. All forms are available on line. This is also where you can fill out and submit the Student Health History.

Any questions the school Nurse and/or Health Clerk will be glad to answer questions. We are also a great source to obtain forms you will need to submit.

Meadowlark Elementary School, Health Office (316) 218-4630 Mandy Schrag RN or Natalie Casey Health Clerk

# Let's get started!!!

Please look at our USD 385 Health Form Enrollment Checklist!

This checklist will help assure you have filled and submitted all forms that the Health Office needs for the school year.

Let's go through this together!!!

# Student Health History

Please go to [www.usd385.org](http://www.usd385.org) (Powerschool).

District info

Nurse's Corner

Scroll down to the bottom and you will see Student Medical History form

This is where you will fill out and submit.

# Kansas Certificate of Immunization (KCI)

Kansas Law (K.S.A 72-5208, 72-5209, 72-5210, 72-5211a) requires every pupil enrolling in any school for the first time, prior to admission, to present proof from a physician, their representative or local health department that the pupil has received such test and inoculations as are deemed necessary.

In USD 385, proof of each inoculation received must be presented prior to admission. Also, Mandatory booster inoculations in all required series must be received (within 30 days for students admitted after September 1). If transferring into USD #385, it is the parent's obligation to make sure proof of inoculations are received within 30 days.

# KCI and Required inoculations

DTP, DTaP, and/or DT/Td

OPV or IPV

MMR

Hepatitis B

Varicella

Hib

PCV7 (pneumococcal)

Hepatitis A

# Immunization Statement

All parents/guardians will need to sign the Immunization Statement form.

This is indicating that you have been notified about Kansas Law and requirements.

This form may be obtained online through powerschool and/or the Health Office.

# Where do I get the KCI?

The KCI you may obtain from the Health Office and/or [http://www.kdheks.gov/immunize/imm\\_manual\\_pdf/](http://www.kdheks.gov/immunize/imm_manual_pdf/)

The KCI form may NOT be filled out by a parent/guardian/student.

The KCI must be filled out/completed by licensed physician.



# Why is the KCI important?

In the event of an outbreak or suspected case of a vaccine-preventable disease!

If your child is religiously or medically exempt they will be excluded from school in the event of an outbreak or suspected case of a vaccine-preventable disease.

Religious Exemption forms are available.

Medical Exemption forms are available. Please note these need filled out yearly.

# More on Immunizations

Please note that the school does NOT administer immunizations.

Where do you get your student vaccinated?

Family Physician

Pediatrician

Health Department

Clinics

# Health Examination Report

The Health Examination Report (physical) is signed by a physician Pre-K through age nine. This includes students who are new to Kansas Schools and under the age of nine. Returning students should have one in their transfer records. Only an entrance physical is required after Kindergarten.

The school does NOT do Health Examinations/Physicals your child will need to be seen by a physician.

This can also be done at a clinic

# Medications at school

Over the counter and prescription medications can be administered at the school through the Health Office. The following guidelines will be strictly adhered to:

# Prescription Medications

1. All prescription medications require written permission from the parent/guardian AND physician. Permission must be resubmitted every year.
2. Prescription medications must be provided in the original container and be within the expiration date period.
3. All controlled substances defined as such under state or federal law will be kept in locked cabinets under the supervision of the registered nurse

# Grades Pre-K-2nd

1. Parents/Guardians must present a physician-signed medication order form for both over-the-counter and prescription medications.
2. Medications will be given according to physician instructions.
3. All medication must be provided in the original container.
4. All controlled substances defined as such under state or federal law will be kept in locked cabinets under the supervision of the registered nurse.
5. The school will not provide students with over-the-counter or prescription medications

# Over-the-counter Medications (OTC)

Parents/Guardians of students in grades 3-12 may choose to allow their child to receive over-the-counter medications (acetaminophen, ibuprofen, triple antibiotic ointment, cough drops, anti-itch cream, etc.) in the school setting without a physician's signature. Permission must be resubmitted every year.

## **OTC continued**

### **Grades PreK-2:**

1. Parents/Guardians must present a physician-signed medication order form for both over-the-counter and prescription medications.



# OTC continued

## Grades 3-5:

1. Parents/Guardians must present a signed parental OTC Medication Form.
2. Parents/Guardians may fill out and return the attached form at any time, but we encourage them to send medication only when their child needs it.
3. OTC medications will be given according to label instructions. Check your medication carefully to be sure it is labeled for use for your student's age and is not expired. Current weight may need to be obtained.
4. OTC medications will need to be provided by the parent/guardian and must be delivered to the school in an unopened sealed container.
5. Vitamins, supplements and other once, twice or three times a day medications should be given at home whenever possible.
6. All medications at school are given at the discretion of the school nurse who may ask for clarification and/or refuse to administer any medication.

# Health Issues in a school setting

Allergies

Asthma

Seizures

Diabetes

# Allergies

If your child has a life threatening allergy the following are needed to help keep your child safe.

- 1) You must notify the health office of your student's allergy.
- 2) If student requires an Epi- pen the medication and physicians orders must be presented to the health office.
- 3) If your child also utilizes Benadryl she/he will need to provide the medication in a sealed container with age appropriate instructions.
- 4) All food modification forms must be filled out and submitted directly to the food service department.
- 5) Care plans will be developed and returned for parent/guardian approval along with a care plan release form. Upon return of forms, care plans will be provided to appropriate staff members on a need to basis.

Schools will make necessary adjustments to keep your child away from known allergens.

# Asthma

If your child has **Asthma** that has been diagnosed by a physician which **will require the use of an inhaler and or breathing treatments as needed during school**, your school nurse will need the following forms to be filled out by you and your physician:

- **Medication Administration Form**
- **Medication Self Administration Form**; if your student plans to carry their inhaler on their person. (This applies only to Secondary Schools)

These forms can be downloaded from the Nurse's Corner under the Parents tab on your school's webpage. After completed, these forms can be turned into your school's Health Office or faxed to your child's school.

With these forms, you will also need to provide the medication and supplies. Check the expiration date as your nurse cannot administer expired medications.

To help us provide the best care possible for our students, please do not hesitate to communicate with your school nurse to discuss your child's Asthma if needed.

# Seizures

To ensure the safety and consistent treatment of your child with a seizure diagnosis, your health room will require the following items.

- A completed health history including the known triggers, date and length of last seizure episode, history of your child seizures, physician treatment plan, and type of seizure activity.
- If your child requires medications at school you will need to submit a prescription medication form yearly with both parent and physician signatures. In addition, all medication must be provided in the original package.
- For students with a VNS (Vagal Nerve Stimulator) USD #385 requires a prescription medication form with parameters for usage, including the device location.
- VNS implanted children will need a magnet to be kept at the school.

# Seizures continued

Medication forms can be downloaded from the Nurse's Corner under the Parents tab on your school's webpage. After completed, these forms can be turned into your school's Health Office or faxed to your child's school.

With these forms, you will also need to provide the medication and supplies. Check the expiration date as your nurse cannot administer expired medications.

We really appreciate your efforts to supply us with current phone numbers in the powerschool program and updated medical information following any physician appointments or changes to your child's medical regime during the school year.

To help us provide the best care possible for our students, please do not hesitate to communicate with your school nurse to discuss your child's condition whenever needed.

# Diabetes

If your child has a diagnosis of **Type I** or **Type II Diabetes**, your school nurse will need the following forms to be filled out by you and your physician **BEFORE THE 1<sup>ST</sup> DAY OF SCHOOL**:

- Set of **Andover Diabetic Health Forms**
- **Medication Administration Form** for Insulin and Glucagon as ordered
- **Care Plan Release Form**

# Diabetes continued

These forms can be downloaded from the **Nurse's Corner** under the District Info tab on your school's webpage. After completed, these forms can be turned into your school's Health Office or faxed to your child's school.

Once we receive these forms, your nurse will construct a **Care Plan** tailored to your child to provide optimal care.

With these forms, please provide:

- **Insulin, Glucagon as ordered, Snacks, Glucometer/Supplies, Pump supplies if pertinent**

To help us provide the best care possible for your student, please do not hesitate to communicate with your school nurse to discuss your child's Diabetes as needed.



## Screenings

Vision, Hearing, Dental, and  
Growth Screenings are  
provided for all students

# Vision Screening

A non-comprehensive vision screening test is provided for children in the following grade levels: Pre-K, Kgn, 1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> grades. Children in other grades may be referred by their teacher, parent/guardian or the nurse. If your child appears to be having a vision problem anytime during the school year, please notify the nurse. Students may be screened more often as indicated by need. All students, even those with known problems, are included in these screenings unless you have provided the health room with a current vision report from your eye doctor. If a vision problem is noted, parents/guardians will be notified of the necessary referral via telephone or mail.

# Hearing Screening

A hearing screening is provided for children in the following grade levels: Pre-K, K, 1st, 2nd, 3rd, 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup> and 11th grades. Children in other grades may be referred by their teacher, parent/guardian, or the nurse. Students may be screened more often as indicated by need. All students, even those with known problems, are included in these screenings unless you have provided the health room with a current report from your hearing specialist. If a hearing problem is noted, parents/guardians will be notified of the necessary referral via telephone or mail.

## Dental Screening

Dental screening is provided for all students in grades K-5. If your child is taken to the dentist, please return a dental card to the nurse or school secretary.

# Growth Screening

Height and weight are obtained for all students Pre-K through 5<sup>th</sup> once per year. This is done in a confidential manner.

# A note from the Health Office

We are here to help you!

Any questions or concerns do NOT hesitate to contact us:

Meadowlark Elementary School

Health Office

(316) 218-4630 ext 53115

Mandy Schrag RN or Natalie Casey Health Clerk