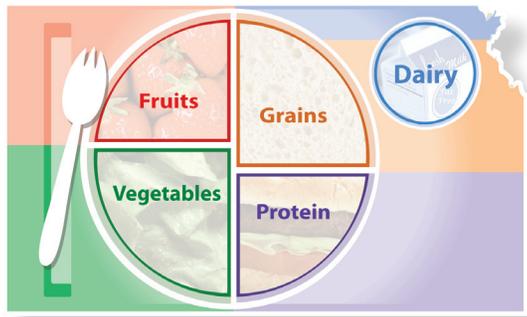


What is “Offer?”

At breakfast, schools must offer students at least four food items from the following food groups: grains (with optional protein allowed), fruits/vegetables and milk. Students must select at least three of the offered food items.

At lunch, schools must offer students food from each of the five food groups in at least the minimum required amounts: protein, grains, fruits, vegetables and milk. Students must take items from at least three food groups in the required serving sizes. One selection must be at least ½ cup from either the fruit or vegetable group.

BUILD YOUR TRAY THE HEALTHY KANSAS WAY!



Where will I see “Offer” Used?

	ELEMENTARY SCHOOL	MIDDLE SCHOOL	HIGH SCHOOL
Breakfast	Optional ¹	Optional ¹	Optional ¹
Lunch	Optional ¹	Optional ¹	Required

¹Schools will decide on implementing offer.



Child Nutrition & Wellness
 120 SE 10th Avenue
 Topeka, Kansas 66612-1182
 (785) 296-2276

www.ksde.org
www.kn-eat.org

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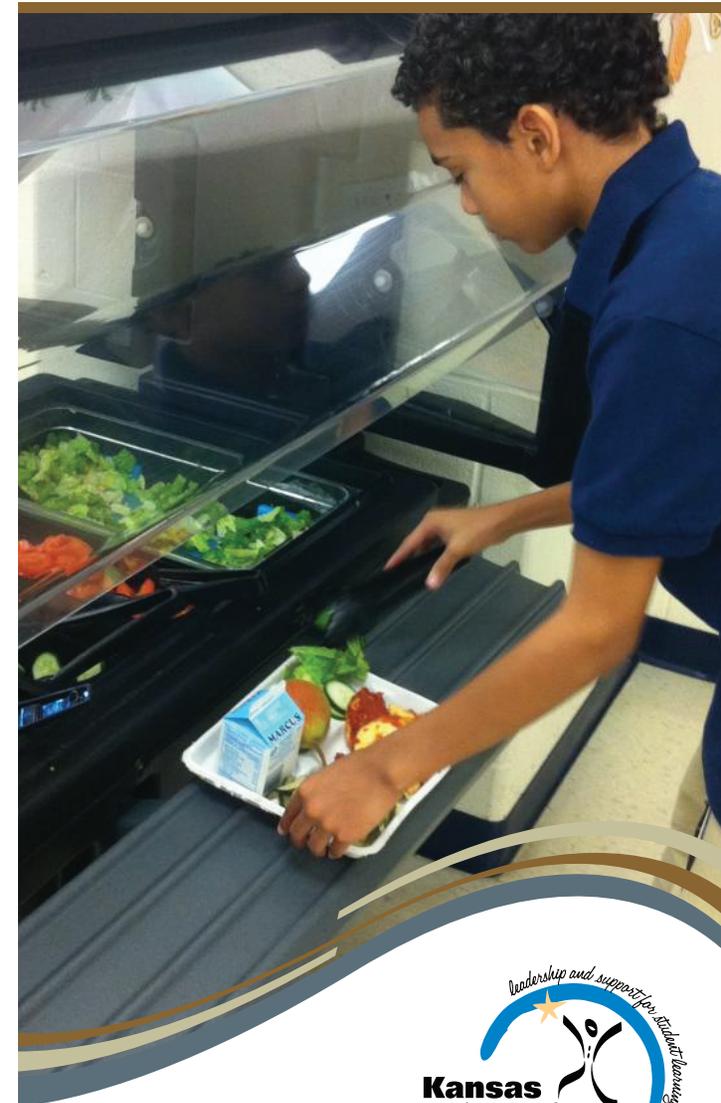
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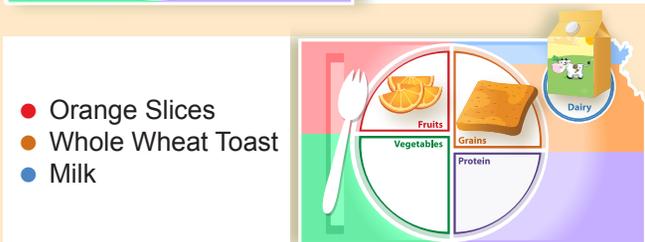
NEW KANSAS MEAL PATTERN STANDARDS INTRODUCING OFFER



What can a student's breakfast tray look like?

Students choose at least 3 food items they would like to take.

- Breakfast Menu:**
- Orange Slices
 - Whole Wheat Toast
 - Whole Grain-Rich Cereal
 - Milk



Everyone Wins with Offer

THE MANY BENEFITS OF "OFFER"

- Administrators**
- Students get the balanced nutrition they need to succeed in the classroom.
 - Meal choices mean less food is thrown away.
 - Produces a pleasant dining environment.

- Child Nutrition Staff**
- Greater participation in school meals.
 - Conservation of resources — food, money, time.
 - Satisfied kids return for the next school meal.

- Teachers**
- Fewer behavior issues in the cafeteria.
 - Nutrition education can be reinforced in the classrooms.
 - Satisfied kids will be fueled for learning.

- Families**
- School meals are a great value.
 - Gets students and families involved with nutrition.
 - Saves time by not having to pack lunches.
 - A variety of choice enhances the school meal experience.

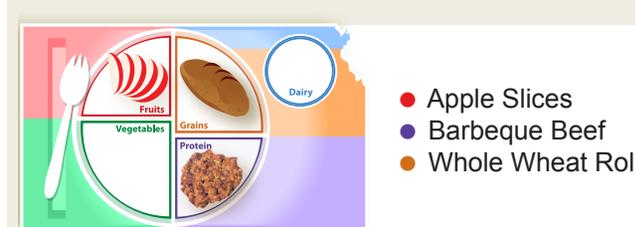
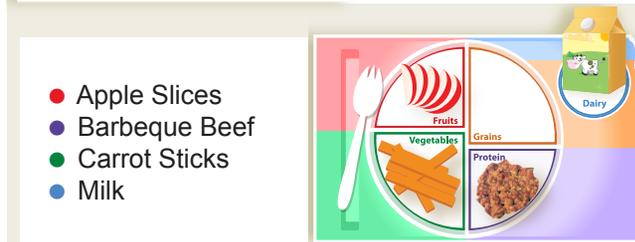
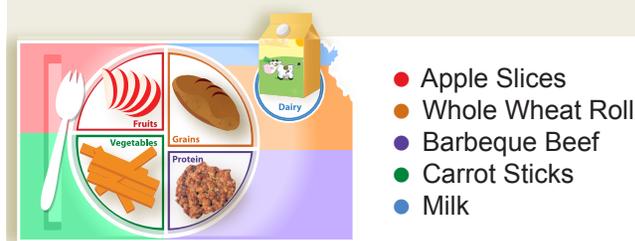
- Students**
- New foods make school meals fun.
 - The many combinations will keep school meals exciting.
 - Students learn to eat smart in a healthy school environment.

OFFER GIVES ALL KIDS HEALTHY CHOICES!

What can a student's lunch tray look like?

Whether a student takes 3, 4 or 5 of the food choices*, the meal is the same price.

- Lunch Menu:**
- Apple Slices
 - Whole Wheat Roll
 - Barbeque Beef
 - Carrot Sticks
 - Milk



* Students must select at least 1/2 cup of fruits and/or vegetables