

September 2016 Newark & Cord-Charlotte Elementary

LUNCH



Choice Milk & Fruit Served Daily.



USDA is an equal opportunity provider and employer
Menu's are subject to change



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

5

**Chicken Taco
Beef Taco**

6

Lettuce/Tomato Salsa
Pinto Beans
Baby Carrots/Ranch Fresh Fruit

**Cheese Pizza
WG BPJ Sandwich**

7

Seasoned Broccoli
Buttered Corn
Fresh Fruit Bowl

**Spaghetti & Meat Sauce
PBJ Sandwich**

1

Seasoned Green Beans Romaine
Salad Ranch WG ROLL
Pineapple Chunks

**BQ Pork Sandwich
Breaded Chicken Sandwich**

2

French Fries
Carrot Flowers
Apple WG Coolie

**Seasoned Baked chicken
Chicken Patty & Gravy**

8

Mashed Potatoes
Seasoned Green Beans
WG Rolls Fresh Fruit Bowl

**Hamburger
Chicken patty on WG Bun**

9

Oven French fries
Lettuce/Pickle/Tomato
Chilled Pears WG Cookie

**BQ Chicken Wrap Buffalo
Chicken Wrap**

12

Pinto Beans
Baby Carrots Fresh Fruit Bowl

Salisbury Steak & Gravy

13

Mashed Potatoes
Seasoned Green Beans
WG Rolls
Sliced Peaches

**Cheese Pizza
WG BPJ Sandwich**

14

Seasoned Broccoli
Buttered Corn
Fresh Fruit Bowl

**Pork Roast & Gravy
Grilled Chicken Strips**

15

Mashed Potatoes & Gravy
Seasoned Carrots WG Rolls
Green Apple & Orange wedges

**Hamburger
Chicken patty on WG Bun**

16

Oven French fries
Lettuce/Pickle/Tomato
Pineapples WG Cookie

**Chicken Nuggets
WG BPJ Sandwich**

19

Baby Carrots Ranch
Mashed Potatoes Green Beans
Hot Rolls Sliced peaches

**Baked Potato Bar
Chili with Beans**

20

Seasoned Carrots
Hot Roll
Fresh Fruit Strawberries

**Cheese Pizza
WG BPJ Sandwich**

21

Seasoned Broccoli
Buttered Corn
Fresh Fruit Bowl

**Chicken & Noodles
Chicken Patty**

22

Mashed Potatoes
Seasoned Blacked Eyed Peas
WG Rolls Fresh Fruit Bowl

**Hamburger
Chicken patty on WG Bun**

23

Oven French fries
Lettuce/Pickle/Tomato
Chilled Pears WG Cookie

**Chicken Strips & BQ Sau
WG PBJ Sandwich**

26

Mashed Potatoes
Green Beans
WG Roll Fresh Fruit Bowl
Bq sauce

**WG Chicken Crispito's
BPJ Sandwich**

27

Salsa
Refried Beans
Seasoned Carrots
Orange Wedges & Grapes

**Cheese Pizza
WG BPJ Sandwich**

28

Seasoned Broccoli
Buttered Corn
Fresh Fruit Bowl

**Spaghetti & Meat Sauce
PBJ Sandwich**

29

Seasoned Green Beans Romaine
Salad Ranch WG ROLL
Pineapple Chunks

**BQ Pork Sandwich
Breaded Chicken Sandwich**

30

French Fries
Carrot Flowers
Apple WG Cookie