

September 2016

CRHS

LUNCH



Choice of Milk & Fresh Fruit offered
DAILY! * Menu subject to change*

USDA is an equal-opportunity provider and employer



2nd line will offer a salad bar each day.
Mon.- Grilled chicken. **Tues.-**Wraps **Wed-**Pizza
Thurs.-Popcorn chicken **Fri.-** Grilled Chicken Sandwich



Monday

Tuesday

Wednesday

Thursday

Friday



No School

5

Chicken strips/Bq Sauce 6

Mashed Potatoes
Cheesy Broccoli
Pineapple Tidbits
Apple WG Rolls

Cedar Ridge Pizza 7

Chef Salad Bar
Baked Beans
Fresh Fruit
peaches & Pineapples

Cheesy Beef Enchilada 1

Refried Beans
Sweet Corn
Sour Cream Scooby snacks
Peaches & Apples

BBQ Pulled Pork 2

Potato Wedges
assorted Juice
Baby Carrots & Broccoli Cups
Ranch WG cookie

**Chicken Stir Fry or
Sweet & Sour Chicken** 12

Steamed Broccoli peaches
Candy Baby carrots
Fried Rice Egg Roll

WG Chicken Crispito 13

Buttered Corn
Romaine Salad/Ranch
Fruit Juice Salsa

Cedar Ridge Pizza 14

Chef Salad Bar
Baked Beans
Fresh Fruit
peaches & Pineapples

Pork Pot Roast with Carro 15

Mashed Potatoes Gravy
Seasoned Green Beans
WG Rolls
Apple Peaches

**Hamburger or Spicy
Chicken Sandwich** 16

Potato Wedges WG Cookie
Broccoli & Carrot Cups
Chilled Pear Half's

Spaghetti & Marina Sauce 19

Green Beans
Romaine Salad
Sliced Peaches
Bread stick

Country Fried Steak 20

Meat Loaf & White Gravy
Mashed Potatoes WG Roll
Seasoned Sweet Carrots
Apple sauce

Cedar Ridge Pizza 21

Chef Salad Bar
Baked Beans
Fresh Fruit
peaches & Pineapples

**Chicken Taco & Cheese
Beef Burrito** 22

Sweet Corn Southwest Beans
Pico de Gallo & Salsa L&T
Orange Wedges & Pineapple

**Cheeseburger or
Chicken Sandwich** 23

French Fries WG Cookie
Broccoli & Carrot Cups
Chilled Pear Half's

Chili Cheese Fries 26

Steamed Broccoli
Baby carrots/Ranch Strawberries
Assorted Fresh Fruit
Cinnamon Rolls

Smothered Steak 27

Mashed Potatoes &Gravy
Seasoned Green Beans
WG Rolls
Apple sauce

Cedar Ridge Pizza 28

Chef Salad Bar
Baked Beans
Fresh Fruit
peaches & Pineapples

Cheesy Chicken Enchilada 29

Refried Beans
Sweet Corn
Sour Cream Scooby snacks
Peaches & Apples

Wolf Pork Nacho's 30

Potato Wedges
assorted Juice
Baby Carrots & Broccoli Cups
Ranch WG coo