


Monday

1
Pancakes w/Syrup
Cereal w/Toast
Mixed Fruit
1% Low Fat Milk or Chocolate Milk

8
Sunrise Slider
Cereal w/Toast
Mixed Fruit
Juice
1% Low Fat Milk or Chocolate Milk

15
Dutch Waffle w/Syrup
Cereal w/Toast
Mixed Fruit
1% Low Fat Milk or Chocolate Milk

22
Cheese Omelet w/Toast
Cereal w/Toast
Mixed Fruit
1% Low Fat Milk or Chocolate Milk

29
Pancakes w/Syrup
Cereal w/Toast
Mixed Fruit
1% Low Fat Milk or Chocolate Milk

Tuesday

2
Cinnamon Roll
Cereal w/Toast
Pineapple Tidbits
1% Low Fat Milk or Chocolate Milk

9
Pancake on a Stick w/ Syrup
Cereal w/Toast
Pineapple Tidbits
Juice
1% Low Fat Milk or Chocolate Milk

16
Goodybun
Cereal w/Toast
Pineapple Tidbits
1% Low Fat Milk or Chocolate Milk

23
Blueberry Muffin
Cereal w/Toast
Pineapple Tidbits
1% Low Fat Milk or Chocolate Milk

30
Cinnamon Roll
Cereal w/Toast
Pineapple Tidbits
1% Low Fat Milk or Chocolate Milk

Wednesday

3
Sausage & Cheese Biscuit w/Jelly
Cereal w/Toast
Diced Peaches
1% Low Fat Milk or Chocolate Milk

10
Biscuit & Gravy
Cereal w/Toast
Diced Peaches
Juice
1% Low Fat Milk or Chocolate Milk

17
PB&J Uncrustable
Cereal w/Toast
Diced Peaches
1% Low Fat Milk or Chocolate Milk

24
Breakfast Pizza
Cereal w/Toast
Diced Peaches
1% Low Fat Milk or Chocolate Milk

Thursday

4
Blueberry Parfait
Cereal w/Toast
Applesauce
1% Low Fat Milk or Chocolate Milk

11
Strawberry Pop Tart
Cereal w/Toast
Applesauce
Juice
1% Low Fat Milk or Chocolate Milk

18
French Toast Sticks w/Syrup
Cereal w/Toast
Applesauce
1% Low Fat Milk or Chocolate Milk

25
Morning Sausage Roll
Cereal w/Toast
Applesauce
1% Low Fat Milk or Chocolate Milk

Friday

5
Breakfast Combo Bar
Cereal w/Toast
Diced Pears
1% Low Fat Milk or Chocolate Milk

12
Waffle w/Syrup
Cereal w/Toast
Diced Pears
Juice
1% Low Fat Milk or Chocolate Milk

19

26
Apple Frudel
Cereal w/Toast
Diced Pears
1% Low Fat Milk or Chocolate Milk