



Monday

Tuesday

Wednesday

Thursday

Friday

1
Chicken Burrito Bowl (NEW)
Beef Fingers w/Roll
French Fries
 Applesauce
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

2
Crunchy Tacos
Enchilada Casserole
Spanish Rice
Diced Peaches
 Refried Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

3
Oven Roasted Chicken
Salisbury Steak
Roll
Mashed Potatoes w/Gravy
 Diced Pears
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

4
Pepperoni Pizza
Spaghetti & Meatsauce
w/Breadstick
Mixed Fruit
 Green Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

5
Turkey Melt
Bistro Burger
French Fries
Chocolate Chip Cookie
 Pineapple Tidbits
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

8
Corn Dog
Grilled Chicken Sandwich
Potato Wedges
 Applesauce
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

9
Italian Sub
Vegetable Soup w/Grilled Cheese
Diced Peaches
 Sliced Carrots
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

10
Frito Pie Potato w/Roll
BBQ Bites w/Roll
Diced Pears
 Baked Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

11
Chili Dog
Chicken Alfredo
Breadstick
New Orleans Style Red Beans
 Mixed Fruit
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

12
BBQ Rib Sandwich
Chicken Rings w/Biscuit
Mashed Potatoes w/Gravy
Strawberry Jell-O
 Pineapple Tidbits
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

15
Orange Chicken w/Roll
Sweet & Sour Meatballs w/Roll
Fried Rice
Applesauce
 Broccoli
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

16
Ham & Cheese Wrap (Cold)
Beefy Mac w/Breadstick
Diced Peaches
 Corn
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

17
Build Your Own Fries/Tots
BBQ Chicken
Roll
Diced Pears
 Baked Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

18
Cheese Pizza
Garlic/Herb Chicken Rotini
w/Breadstick
Green Beans
 Mixed Fruit
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

19

22
Chicken & Waffles w/Syrup
Fish Sticks w/Roll
Mashed Potatoes
 Applesauce
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

23
Crispitos w/String Cheese
Beef & Cheese Nachos
Spanish Rice
Diced Peaches
 Charro Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

24
Lemon Pepper Chicken w/Roll
Sheppard's Pie
Green Beans
 Diced Pears
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

25
Chicken Parmesan Sandwich
Lasagna w/Breadstick
Mixed Fruit
 Broccoli
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

26
Ham & Cheese Sub
Bistro Burger
French Fries
Chocolate Chip Cookie
 Pineapple Tidbits
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

29
Taco Salad Bowl
Chicken Nuggets w/Roll
French Fries
 Applesauce
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

30
Crunchy Tacos
Chicken Enchiladas
Spanish Rice
Diced Peaches
 Refried Beans
 Fresh Fruit and Veggie Bar
 1% Low Fat Milk or Chocolate Milk

High School Option
 Mon – Pizza
 Tue/Thu – Chicken Sandwich
 Wed/Fri - Hamburger

