

BREAKFAST / LUNCH MENU
WEEK OF February 4-8

MONDAY:

BREAKFAST: PANCAKES, CEREAL, YOGURT, FRUIT, JUICE AND MILK 1%
(SYRUP)

LUNCH: CHICKEN STRIPS, MASHED POTATOES W/GRAVY, ROLL, GREEN
BEANS, FRUIT, MILK 1%

TUESDAY:

BREAKFAST: SCRAMBLED EGGS, TOAST, CEREAL, YOGURT, FRUIT,
JUICE AND MILK 1%

LUNCH: BEEF SPAGHETTI, SEASONED CORN, SALAD, FRUIT, MILK
1%

WEDNESDAY:

BREAKFAST: TOAST, CEREAL, YOGURT, JUICE, FRUIT AND MILK 1%
(JELLY)

LUNCH: FISH NUGGETS, SWEET POTATO FRIES, SALAD, FRUIT, MILK 1%

THURSDAY:

BREAKFAST: WAFFLES, CEREAL, YOGURT, JUICE, FRUIT AND MILK 1% (SYRUP)

LUNCH: BAKED CHICKEN, SPANISH RICE, STEAMED
CARROTS, ROLL, FRUIT, MILK 1%

FRIDAY:

BREAKFAST: BREAKFAST PIZZA, CEREAL, YOGURT, JUICE, FRUIT AND MILK 1%

LUNCH: HAMBURGER, LETTUCE & TOMATOES, CHIPS,
FRUIT AND MILK 1% (MAYONNAISE, MUSTARD, KETCHUP)