

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	First Day of School PK-5 PE Rules and meeting new kids. Get to Know You Game.	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	PK-5 Exercise Day 30 Day Challenge	PK-5 FREE Day
2	Game Day: PK-K Hoops Game 1-5 Charlie needs a home	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	PK-5 Exercise Day 30 Day Challenge	PK-5 FREE Day
3	Game Day: PK-K Pass It On 1-5 Vegetable Soup	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	PK-5 Exercise Day 30 Day Challenge	PK-5 FREE Day
4	Game Day: PK-K Balance Rope 1-5 Jail Break	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	PK-5 Exercise Day 30 Day Challenge	PK-5 FREE Day
5	Game Day: PK-K Duck Duck 1-5 Animal Freeze Tag	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	PK-5 Exercise Day 30 Day Challenge	PK-5 FREE Day
6	Game Day: PK-K Signal Game 1-5 Signal Game	PK-K Running Game/ Obstacle Course 1-5 Running Club	PK-K Free Day (Play with PE equipment. Balls, Cones, etc.) 1-5 Jump Rope Day	1-5 Exercise Day 30 Day Challenge	PK-5 FREE Day

