

**Morgan Independent School District  
Coordinated School Health Plan 2017-2018**

**Developed by: Morgan ISD Student Health Advisory Committee**

## **MISD Student Health Plan 2017-18**

The organizational meeting of the Morgan ISD Student Health Advisory Committee was held on May 2, 2017 at 3:45. At this meeting the requirements of the Texas Education Code (38.013) were reviewed and the history of planning efforts in Morgan ISD was considered.

The eight required areas of a coordinated school health program were addressed in subsequent committee planning.

### **Health Education**

Morgan School will follow the State of Texas curriculum for health education in grades Pre-K – 12. The program will reference the Texas Essential of Knowledge and Skills framework. The program addresses the physical, mental, emotional, and social areas of student development in an age appropriate manner.

Resources from the National Standards of Health Education Plan will be utilized to identify potential program improvements and adaptations.

### **Physical Education**

Morgan School will design and implement a class schedule that will include required weekly physical activity periods for students in grades Pre-K – 9. Students in grades 10-12 will be encouraged to continue participation through extracurricular athletic opportunities.

Directors of student physical activity classes will encourage the students to maintain activities that can lead to sustainable lifetime health and wellness.

**Health Services**

Morgan School will provide the services of a registered nurse on a weekly basis. The school nurse will monitor student immunization schedules. The nurse will also perform testing for vision, hearing, scoliosis and make appropriate referrals if potential problems are identified. The school will follow its plan for the control and administration of student medication.

**Nutrition Services**

Morgan School will participate in the National School Lunch and Breakfast Program. The nutritional guidelines of the Texas Square Meals program will be observed in an attempt to develop healthy eating habits for our students from an early age.

Morgan School will observe rules designed to minimize access to non-nutritional foods and snack items.

**Counseling and Psychological Services**

Morgan School does not currently have a counselor on staff. One certified counselor is available for consultation as needed. The principal fills the counselor role in interpreting student academic development and test results.

Additional counseling and psychological services are available through the Bosque Education Cooperative. State MHMR resources will be used on a referral basis.

**Healthy School Environment**

Morgan School will follow guidelines from the Texas Department of Health Services to insure that all facilities are maintained to ensure student safety and health.

The facilities are secured during the school day and staff are encouraged to make our school a welcoming environment. Students and staff are encouraged to report any environmental hazards or maintenance needs.

**Health Promotion for Staff**

Morgan School cooperates with the Texas Association of School Boards programs that are designed to promote health and safety of employees. Morgan School participates in a variety of health insurance plans available to employees.

The school nurse is available as a resource person for staff as well as students.

**Family and Community Involvement**

Morgan School maintains an open and inviting policy toward all stakeholders. Area civic groups are invited to bring wholesome programs and resources into the school. Parents are involved through routine conferences, school programs, opportunities to serve in the PTO and support extracurricular activities.