

# HEALDTON JANUARY 2019 HIGHSCHOOL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 NO SCHOOL	2 HAMBURGER OVEN FRIES BAKED BEANS FRUIT	3 TURKEY AND CHEESE SANDWICH CHIPS OR BAKED POTATO SALAD BROCCOLI/FRUIT	4 HOT HAM AND CHEESE TOMATO SOUP SALAD FRUIT	5
6	7 CHICKEN TETRAZZINI OR HAMBURGER OVEN FRIES SALAD PEAS & CARROTS	8 TURKEY AND CHEESE SANDWICH PORK AND BEANS SALAD/CHIPS CARROTS/RANCH FRUIT	9 CHILI CRACKERS OR RIBLETTE ON BUN SPINACH CORN	10 CORN DOG OR FAJTIAS REFRIED BEANS SALAD SALSA FRUIT	11 CHICKEN PATTY SAND SWEET POTATO FRIES COLESLAW FRUIT	12
13	14 STEW AND CRACKERS OR HAMBURGER SWEET POT FRIES SALAD CINNAMON ROLL	15 SOFT TACO BEANS SALAD CHIPS/SALSA FRUIT	16 HAM AND CHEESE SANDWICH BROCCOLI SALAD PORK AND BEANS CHIPS FRUIT	17 PIZZA GREEN BEANS SALAD MIXED FRUIT JELLO	18 CHICKEN PATTY SAND OVEN FRIES COLESLAW FRUIT	19
20 MENUS SUBJECT TO CHANGE	21 NO SCHOOL	22 SPAGHETTI OR HAM SANDWICH PEAS SALAD FRUIT	23 PORK ROAST OR BAR BQ RIBLETTE SAND MASHED POTATOES GLAZED CARROTS	24 TURKEY AND CHEESE SANDWICH CHIPS PORK AND BEANS BROCCOLI SALAD FRUIT	25 HAMBURGER SWEET POTATO FRIES BAKED BEANS	26
27 ASSORTED MILK JUICE FRUIT SERVED DAILY	28 GOULASH OR HAMBURGER FRIES SPINACH BLACK EYE PEAS	29 HOT HAM AND CHEESE TOMATO SOUP SALAD FRUIT	30 BAR BQ RIBLETTE SANDWICH BUTTERED SQUASH BEANS SLICE BREAD	31 CHICKEN NOODLES OR HAM SANDWICH MIXED VEGETABLES SALAD HOT ROLL FRUIT	THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER	