

OUTLAW INFORMATION

WEEK OF JANUARY 14-18, 2019

Monday	
Tuesday	HS BOYS & GIRLS BASKETBALL- WASHINGTON (A) @ 6:30 HS WRESTLING- DISTRICTS- ANADARKO (A)
Wednesday	BAND- OMEA ALL-STATE CLINIC
Thursday	JH/HS WRESTLING- MARCUS, TX & SULPHUR @ SULPHUR BAND- OMEA ALL-STATE CLINIC FFA MEETING
Friday	HS BOYS & GIRLS BASKETBALL- BLANCHARD (H) @ 6:30 JV @ 4:30 HS WRESTLING TOURN. @ SALLISAW JH WRESTLING TOURN. @ CHICKASHA
Saturday	HS WRESTLING TOURN. @ SALLISAW JH WRESTLING TOURN. @ CHICKASHA DRAMA: SWOSU SPEECH TOURN.

CHOCOLATE COMES
FROM COCO WHICH
IS A TREE, THAT
MAKES IT A PLANT.
CHOCOLATE IS SALAD.

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	GS/HS LUNCH	GS/HS LUNCH	MS BREAKFAST	MS LUNCH
Monday	Hot Cereal, Raisins, Orange Juice, Milk, & Chocolate Milk	Pig in a Blanket, Black- Eyed Peas, Macaroni & Tomatoes, Fruit, Milk, & Chocolate Milk	French Toast Stick, Applesauce, Orange Juice, Milk, & Chocolate Milk	Steak Fingers, Mashed Potatoes, Gravy, Hot Roll, Black-Eyed Peas, Fruit, Chef Salad, Milk, & Chocolate Milk
Tuesday	Breakfast Burrito, Orange Juice, Milk, & Chocolate Milk	Chicken Sandwich, Potato (variety), Fruit, Milk, & Chocolate Milk	Cereal, Toast, Banana, Orange Juice, Milk, & Chocolate Milk	Cheeseburger, French Fries, Fruit, Chef Salad, Milk, & Chocolate Milk
Wednesday	Pancake on a Stick, Applesauce, Orange Juice, Milk, & Chocolate Milk	Chicken Fried Steak, Mashed Potatoes, Gravy, Hot Roll, Carrots, Fruit, Milk, & Chocolate Milk	Sausage Pattie, Biscuits, Gravy, Apples, Orange Juice, Milk, & Chocolate Milk	Hot Dog, Potato (variety), Veggie Bowl, Fruit, Chef Salad, Milk, & Chocolate Milk
Thursday	Cereal, Toast, Bananas, Orange Juice, Milk, & Chocolate Milk	Chicken Quesadilla, Refried Beans, Fruit, Salsa, Tortilla Chips, Milk, & Chocolate Milk	Breakfast Burrito, Oranges, Orange Juice, Milk, & Chocolate Milk	Nachos, Potatoes (variety), Fruit, Chef Salad, Chocolate Cake, Milk, & Chocolate Milk
Friday	Sausage Patties, Gravy, Biscuits, Apples, Orange Juice, Milk, & Chocolate Milk	Pizza, Corn, Veggie Bowl, Fruit, Milk, & Chocolate Milk	Hot Cereal, Toast, Raisins, Orange Juice, Milk, & Chocolate Milk	Stuffed-Crust Pizza, Corn, Fruit, Chef Salad, Milk, & Chocolate Milk