

AR
BERRYVILLE MIDDLE SCHOOL (BERRYVILLE SCHOOL DISTRICT)
902 WEST TRIMBLE
BERRYVILLE AR 72616
870-480-4633

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Berryville Middle School
School LEA Name:	0801003

School Year:
2016-2017

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	BERR537980
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Reviewer Comments:

Body Mass Index (BMI)

☒ **The school can verify the analysis of the School Level Body Mass Index screening data conclusions.**

Description/Conclusion

The BMI report has been uploaded into the Health and Wellness folder in the uploaded documents.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Review the LEA's Body Mass Index data and mark the Provide an overview of the school's BMI results (e.g. trend data, identifying at-risk grade levels or sub-populations, etc.). SAB

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Child Nutrition - Review Menus and Healthy Food Choices	Wendy Holman	1 Year
Health and PE Courses	Teachers and Coaches	1 Year
Extending Lunch for Middle School Students	W. Holman and Eryn Killingsworth	1 Year

Description

Child Nutrition - Wendy Holman, Cafeteria Manager and Food Nutrition Supervisor, is a member of the wellness committee. Wendy will give updates and provide information regarding menus as well as healthy food choices that are available to students.

Health and PE courses - Every student is required to complete a semester of health, which includes nutrition.

Extending Lunch for MS students - Students have a limited time to eat lunch. When the schedule is

reevaluated, a longer lunch time will be given priority.

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Presidential Fitness Challenge	Coaches/PE Teachers	1 Year
Awareness Walk During Red Ribbon Week	Eryn Killingsworth	1 Year

Description

In the PE courses, we utilize the presidential fitness challenge beginning in the 6th grade. This continues through the 8th grade. This challenge has fitness testing, so we can evaluate the students. We are able to create a starting point to help each student improve their fitness level and hopefully promote life long physical fitness.

Reviewer Comments:

Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture? {HINT: see 1 required activity.}

Activity	Person Responsible	Timeline
Professional Development	Principal	1 Year

Description

Principals approve professional development (PD) for staff as needed to meet state requirements as well as PD that offers cultural sensitive trainings for staff. Coaches and PE teachers must maintain appropriate professional development credits that meet state and local requirements regarding nutrition and physical activity.

Reviewer Comments:

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Activity	Person Responsible	Timeline

Description

Reviewer Comments:

Reviewer Response:

Reviewer Comments:
