



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. This institution is an equal opportunity provider. Menus are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday



i love
my life
and the ones
in it ♥



Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Pancake On A Stick (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Sausage Biscuit (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Biscuits and Gravy (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Pancakes and Sausage (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Breakfast Pizza (GOLD)

Late Start
Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Biscuits and Gravy (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (GOLD)



Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Sausage Biscuit (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Tornado (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Pancakes and Sausage (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Breakfast Pizza (GOLD)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Donut (BLUE)

Cereal 2 varieties
Pop- Tart or Strudel
100% Fruit Juice 3 varieties
Fruit / Yogurt
Biscuits and Gravy (GOLD)

