

AR  
 OZARK HIGH SCHOOL (OZARK SCHOOL DISTRICT)  
 1631 HILLBILLY DRIVE  
 OZARK AR 72949  
 479-667-4118

**Health and Wellness School Improvement Priority**

**Section I: School Information**

|                         |                   |
|-------------------------|-------------------|
| <b>School Name:</b>     | Ozark High School |
| <b>School LEA Name:</b> | 2404017           |

**School Year:**  
2016-2017

**Section II: Needs Assessment**

**School Health Index Assessment**

- ☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

|                          |            |
|--------------------------|------------|
| <b>Reference Number:</b> | ozar492962 |
|--------------------------|------------|

**Body Mass Index (BMI)**

- ☒ The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

**Description/Conclusion**

Ozark High School has an underweight and healthy weight percentage of 65.8, an overweight percentage of 15.8, an obese percentage of 18.3, and an overweight and obese percentage of 34.2.

**Other health and wellness related data** (Optional)

**Description/Conclusion**

**Section III: Health and Wellness Goals**

(Provide a detailed description of each required activity)

**Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students?** {HINT: see 3 required activities.}

| Activity                                                                                                                                                         | Person Responsible | Timeline              |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-----------------------|
| Coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed. | Jordan Price       | 2016-2017 school year |
| Ensure that all students served by the LEA receive grade-appropriate nutrition education.                                                                        | Jordan Price       | 2016-2017 school year |
| Ensure the district's wellness policy is in compliance with federal and state mandates.                                                                          | Jordan Price       | 2016-2017 school year |
|                                                                                                                                                                  |                    |                       |
|                                                                                                                                                                  |                    |                       |

**Description**

OHS regularly offers and displays nutritional information for all students. Students are taught through state required curriculum and elective coursework about good nutritional habits and choices.

**Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students?** {HINT: see 3 required activities.}

| Activity                                                                                                                                                             | Person Responsible | Timeline              |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|-----------------------|
| Ensure that minimum levels of physical education and physical activity are being provided. If more than the minimum is being provided, please provide a description. | Jordan Price       | 2016-2017 school year |
| Ensure that physical activity is implemented across the curriculum for all grade levels.                                                                             | Jordan Price       | 2016-2017 school year |
| Ensure that the district policy is in compliance with                                                                                                                | Jordan Price       | 2016-2017 school year |

|                             |  |  |
|-----------------------------|--|--|
| federal and state mandates. |  |  |
|                             |  |  |
|                             |  |  |

#### Description

OHS is in compliance with all state requirements pertaining to physical education and physical activity time for all students. Healthy choices are communicated through multiple subject areas to all students.

**Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture?** {HINT: see 1 required activity.}

| Activity                                                                                 | Person Responsible | Timeline              |
|------------------------------------------------------------------------------------------|--------------------|-----------------------|
| Provide professional development for staff that includes nutrition and physical activity | Jordan Price       | 2016-2017 school year |
|                                                                                          |                    |                       |
|                                                                                          |                    |                       |
|                                                                                          |                    |                       |

#### Description

OHS staff receives professional development training in the areas of healthy choices and exercise at building level meetings during the school year.

**Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?**

| Activity | Person Responsible | Timeline |
|----------|--------------------|----------|
|          |                    |          |
|          |                    |          |
|          |                    |          |
|          |                    |          |
|          |                    |          |

#### Description

**Reviewer Response:**

**Reviewer Comments:**