

AR
 ELGIN B. MILTON ELEM SCHOOL (OZARK SCHOOL DISTRICT)
 1601 WALDEN DRIVE
 OZARK AR 72949
 479-667-4745

Health and Wellness School Improvement Priority

Section I: School Information

School Name:	Elgin B. Milton Elementary
School LEA Name:	2404015

School Year:
2016-2017

Section II: Needs Assessment

School Health Index Assessment

☒ Check box if completing the SHI Assessment online

If completing the SHI Assessment online you must provide a Reference Number.

Reference Number:	Ozar674695
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Body Mass Index (BMI)

☒ The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

Elgin B Milton Elementary School, a public Elementary School located within the Ozark School District in Franklin County, serves students in grades 1 -5 . Prior to the beginning of BMI measurements, Arkansas Department of Education data systems indicated a total enrollment of 738 in the school, and 286 in grades for which BMI assessments are required (K, 2, 4, 6, 8, or 10). BMI was assessed for 428 students.

Overall, BMI classification results for Elgin B Milton Elementary School show: - approximately 15.2% of all children measured were in the OVERWEIGHT category, and - approximately 22.2% of all children measured were identified as OBESE.

Other health and wellness related data (Optional)

Description/Conclusion

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed.	Shane Vincent	May 2017
Ensure that all students served by the LEA receive grade-appropriate nutrition education.	Kristi White	May 2017
Ensure the district's wellness policy is in compliance with federal and state mandates.	Chad Haberer	May 2017

Description

Elgin B. Milton Elementary has a health and wellness committee which meets and coordinates with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee and healthy food choices are being marketed. Posters and photos of menu items are displayed in student friendly format in the cafeteria. The lunch menu is provided to all students and families monthly; as well as published in the local newspaper and

posted on school website. To ensure the district's wellness policy is in compliance with federal and state mandates, the committee reviews these requirements and updates regularly.

Elgin B. Milton Elementary ensure all students served by the LEA receive grade-appropriate nutrition education by utilizing educational lessons delivered by the general classroom teacher, physical education teacher, and the school counselor. Lessons are age appropriate and components of the current Arkansas curriculum frameworks. These lessons focus on the importance of a healthy lifestyle and proper nutrition. School nurses, Tiffney Smith and Bridget West, assist the cafeteria staff regarding student allergies and food choices. First and second grade students are provided instruction on proper dental health during the month of February utilizing local dental hygienists as resources and visits to dental clinics (3rd grade). 1st and 2nd grade classrooms, as well as K-2 ALE allow students to have nutritional snacks in the afternoon.

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {HINT: see 3 required activities.}

Activity	Person Responsible	Timeline
Ensure that minimum levels of physical education and physical activity are being provided. If more than the minimum is being provided, please provide a description.	Shane Vincent	May 2017
Ensure that physical activity is implemented across the curriculum for all grade levels.	Shane Vincent	May 2017
Ensure that the district policy is in compliance with federal and state mandates.	Chad Haberer	May 2017

Description

All students, grades 1-5 receive the required 40 minutes of physical education per week. Additionally, all students receive 90 minutes of organized physical activity per week. Students will be encouraged to participate in programs that support physical activity: Fitness gram (1-5), Jump-a-Thon (4-5), Field Day, and Fun and Fit (4-5). E.B. Milton Elementary will encourage participation in Ozark Area Youth Organization's extra-curricular activities: soccer, softball, baseball, t-ball, basketball, swimming, football, and cheerleading.

Goal 3: How will the LEA promote a healthy school environment that promotes learning throughout the school culture? {HINT: see 1 required activity.}

Activity	Person Responsible	Timeline
Provide professional development for staff that includes nutrition and physical activity.	Shane Vincent	May 2017

Description

Elgin B. Milton Elementary will provide professional development regarding to learn about and incorporate the updated AR Nutrition Standards, USDA Final Rule for Smart Snacks regulations and USDA Final Rule for Wellness Policies. We will utilize the on-line training module available through the Arkansas Department of Education Child Nutrition Unit.

Goal 4: (Optional) How does the school address other health disparities trending among students identified from the Needs Assessment?

Activity	Person Responsible	Timeline

Description

Reviewer Response:

Reviewer Comments: