



Healthy Celebrations and Rewards at School

Celebrate Good Times!

Recognizing special days and rewarding accomplishments is an important experience in the lives of children and adults. There are several ways to celebrate special days and to recognize and reward good academic performance and behavior. Schools can help promote a positive learning environment by providing healthy celebrations that shift the focus from food to the children. In order to support Cordell School's efforts to provide a safe and healthy environment for our students and staff, a list of non-food related activities has been provided.

Activities to Celebrate Kids

- * party games or activities
- * extra recess time instead of food, allowing the birthday child to select the activity
- * special time with the principal or other adult
- * ask parents to buy a book for classroom or library in child's name and read to class; invite parent to read
- * create "Celebrate Me" book; classmates write or draw what is special about the celebrated child
- * allow birthday child to wear sash or crown or sit in special chair
- * go to principal's office for sticker, pencil or card
- * allow child to be teacher's assistant for the day, do special tasks, be the leader

Rewards

- * social-attention, praise, thanks, high fives
- * recognition-trophy, plaque, ribbon, certificate, sticker with affirming message
- * school-wide announcement
- * photo recognition board
- * phone call, email or letter home commending child
- * note from teacher

Privileges

- * going first
- * choose activity
- * extra recess with friend
- * special seating
- * no homework pass
- * teach the class
- * educational computer game
- * read to younger class
- * deliveries to office
- * read announcements
- * help in another class
- * eat with teacher/principal
- * design bulletin board
- * listen to taped book/music

Classroom Awards

- * extra recess, field trip
- * read, eat lunch outside
- * go to lunch first
- * hold class outside
- * extra art, music, PE, reading
- * listen to music while working
- * dancing * playing a game
- * free choice time at day's end
- * song/dance/ performance by teacher or students
- * book read by teacher

Supplies

- * pencils, pens, erasers
- * notepads, crayons, stencils
- * stamps, book marks, marker
- * highlighters, sidewalk chalk
- * coloring books, rulers
- * pencil box, grips, sharpeners

Toys/Trinkets/Misc.

- * stickers, cards, bubbles
- * small toys, tattoos, puppets
- * hair stuff, jewelry, puzzles
- * seeds to plant, books
- * tokens/fake money to save for prizes or privileges later