

DECEMBER JR/SR HIGH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice</p> <p>LUNCH Chicken Strips Mashed Potatoes & Gravy English Peas, Hot Roll Pineapple Fruit & Veggie Bar and Milk</p>	<p>4 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice</p> <p>LUNCH Burrito w/ Cheese sauce Chips & Salsa Chili Beans Pears Fruit & Veggie Bar and Milk</p>	<p>5 BREAKFAST Fruit Smoothie & Muffin OR Muffin & String cheese Banana Milk & Juice</p> <p>LUNCH Fish Nuggets Green Beans Cole Slaw & Hot Roll Peaches Fruit & Veggie Bar and Milk</p>	<p>6 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice</p> <p>LUNCH BBQ Meat Balls Cheesy Broccoli Hot Roll Tropical Fruit Fruit & Veggie Bar and Milk</p>	<p>7 BREAKFAST Biscuit & Sausage gravy OR Muffin & String cheese Fruit Milk & Juice</p> <p>LUNCH Hot Ham & Cheese Sandwich Baked Beans Sweet Potato Fries Mixed Berry Cups Fruit & Veggie Bar and Milk</p>
<p>10 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice</p> <p>LUNCH Chicken Fried Steak Mashed Potatoes & Gravy Spinich & Hot Roll Cinnamon Apple Slices Fruit & Veggie Bar and Milk</p>	<p>11 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice</p> <p>LUNCH Nacho Supreme Salsa Chili Beans Tropical Fruit Fruit & Veggie Bar and Milk</p>	<p>12 BREAKFAST Mini Powdered Donuts OR Cereal & String cheese Banana Milk & Juice</p> <p>LUNCH Spaghetti w/Meat Sauce Green Beans Garlic Bread Stick Peaches Fruit & Veggie Bar and Milk</p>	<p>13 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice</p> <p>LUNCH Homemade Stew Cheese Stick Cornbread Pineapple Chunks Fruit & Veggie Bar and Milk</p>	<p>14 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice</p> <p>LUNCH Sloppy Joe Diced Ranch Potatoes Pears Fruit & Veggie Bar and Milk</p>
<p>17 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice</p> <p>LUNCH Chicken & Noodles English Peas & Carrots Hot Roll Pineapple & Blueberries Fruit & Veggie Bar and Milk</p>	<p>18 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice</p> <p>LUNCH Taco's w/Lettuce & Tomatoes Chips & Salsa Refried Beans Tropical Fruit Fruit & Veggie Bar and Milk</p>	<p>19 BREAKFAST Cook's Buffet Fruit Milk & Juice</p> <p>LUNCH Cheesy Chicken Spaghetti Steamed Broccoli Garlic Bread Stick Peaches Fruit & Veggie Bar and Milk *Birthday Celebration*</p>	<p>20 BREAKFAST Cook's Buffet Fruit Milk & Juice</p> <p>LUNCH Cook's Buffet Bread Vegetable Fruit Fruit & Veggie Bar and Milk "Semester Test"</p>	<p>21 BREAKFAST Cereal & String cheese Fruit Milk & Juice</p> <p>SACK LUNCH PB& J Sandwich Chips Baby Carrots w/dip Fruit Cup Milk "Semester Test"</p>
<p>24</p> 	<p>Merry Christmas</p>	<p>Merry Christmas</p>	<p>Merry Christmas</p>	<p>Merry Christma s</p>
<p>31</p> <p>Merry Christmas</p>				

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OR DELIVERY OF FOOD

Other Entrée Choices Offered Daily: Hamburger/Chicken/Steak/Deli Sandwich & Fries/Tots - Pizza-Chef Salad.

This institution is an equal opportunity provider