




NOVEMBER JR/SR HIGH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH: Chicken & Dressing Casserole Hot Roll Steamed Broccoli Peaches Fruit & Veggie Bar and Milk	2 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH: Sloppy Joe Ranch Potato Wedges Baby Carrots w/dip ½ Apple Fruit & Veggie Bar and Milk
5 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken & Noodles English Peas & Carrots Hot Roll Tropical Fruit Fruit & Veggie Bar and Milk	6 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Taco's Chips & Salsa Lettuce, Tomatoes & Cheese Refried Beans & Pears Fruit & Veggie Bar and Milk	7 BREAKFAST Fruit Smoothie & Muffin OR Muffin & String cheese Banana Milk & Juice LUNCH Cheesy Chicken Spaghetti Garlic Bread Stick Green Beans Grapes Fruit & Veggie Bar and Milk	8 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice LUNCH Baked Potatoes w/Fixings Garlic Bread Stick Broccoli Salad Peaches Fruit & Veggie Bar and Milk	9 BREAKFAST Biscuit & Sausage gravy OR Muffin & String cheese Fruit Milk & Juice LUNCH Hot dogs w/Chili & Cheese Tater Tots Pineapple Chunks Fruit & Veggie Bar and Milk
12 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice LUNCH Oven Fried Chicken Scalloped Potatoes Steamed Broccoli, Hot Roll Cinnamon Apple Slices Fruit & Veggie Bar and Milk	13 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Crispito's & Chili Beans Chips & Salsa Corn Tropical Fruit Fruit & Veggie Bar and Milk	14 BREAKFAST Mini Powdered Donut s OR Cereal & String cheese Banana Milk & Juice LUNCH Corn Dog Baked Beans Fresh Veggies w/Dip Applesauce Fruit & Veggie Bar and Milk	15 BREAKFAST Muffin & String Cheese OR Cereal & String cheese Mandarin Oranges Milk & Juice Thanksgiving Dinner Turkey & Gravy, Dressing Mashed Potatoes, Green Beans, Hot Roll Peaches & Pumpkin Pie Fruit & Veggie Bar and Milk	16 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH Philly Steak Sandwich Ranch Potato Wedges Baked Beans Pineapple Chunks Fruit & Veggie Bar and Milk
19 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken Nuggets Mashed Potatoes & Gravy Roll Peaches Fruit & Veggie Bar and Milk	20 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Burrito w/Cheese Sauce Chips & Salsa Mexican Corn Tropical Fruit Fruit & Veggie Bar and Milk	21 Thanksgiving  Break	22 Thanksgiving  Break	23 Thanksgiving  Break
26 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice LUNCH Buffalo Wing Macaroni & Cheese Hot Roll Tropical Fruit Fruit & Veggie Bar and Milk	27 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Chicken Fajitas w/Fixings Chili Beans Lettuce & Tomatoes Mandarin Oranges Fruit & Veggie Bar and Milk	28 BREAKFAST Glazed Donut OR Cereal & String cheese Banana Milk & Juice LUNCH Meat Loaf Mashed Potatoes & Gravy Green Beans, Hot Roll Strawberries & Bananas Fruit & Veggie Bar and Milk	29 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH Beefy Noodles Hot Roll Spinach Applesauce Fruit & Veggie Bar and Milk	30 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH BBQ Pulled Pork Sandwich French Fries Baby Carrots w/dip Pineapple Chunks Fruit & Veggie Bar and Milk *Birthday Celebration*

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OR DELIVERY OF FOOD

Other Entrée Choices Offered Daily: Hamburger/Chicken/Steak /Deli Sandwich & Fries/Tots-Pizza-Chef Salad.

This institution is an equal opportunity provider