


SEPT. JR/SR HIGH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL 	4 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Chicken Fajita's w/Fixings Refried Beans Chips & Salsa Pineapple Fruit & Veggie Bar & Milk	5 BREAKFAST Glazed Donut OR Cereal & String cheese Banana Milk & Juice LUNCH Meat Loaf Macaroni & cheese Green Beans, Hot Roll Peaches Fruit & Veggie Bar & Milk	6 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH Beefy Noodles Hot Roll Spinach Applesauce Fruit & Veggie Bar & Milk	7 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH BBQ Pulled Pork Sandwich French Fries Baby Carrots w/ranch Tropical Fruit Fruit & Veggie Bar & Milk
10 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken Strips Mashed Potatoes & Gravy Peas & Hot Roll Pineapple Fruit & Veggie Bar & Milk	11 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Burrito w/cheese sauce Chili Beans Chips & Salsa Pears Fruit & Veggie Bar & Milk	12 BREAKFAST Fruit Smoothie & Muffin OR Muffin & String cheese Banana Milk & Juice LUNCH Fish Nuggets Green beans Hot Roll Peaches Fruit & Veggie Bar & Milk	13 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice LUNCH BBQ Meat Ball Cheesy Broccoli Hot Roll Tropical Fruit Fruit & Veggie Bar & Milk	14 BREAKFAST Biscuit & Sausage gravy OR Muffin & String cheese Fruit Milk & Juice LUNCH Hot Ham & Cheese Sandwich French Fries Baby Carrots w/ranch Tropical Fruit Fruit & Veggie Bar & Milk
17 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice LUNCH Chicken Fried Steak Mashed Potatoes & Gravy Hot Roll Cinnamon Apple Slices Fruit & Veggie Bar & Milk	18 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Nacho Supreme Chili Beans Salsa Tropical Fruit Fruit & Veggie Bar & Milk	19 BREAKFAST Mini Chocolate Donuts OR Cereal & String cheese Banana Milk & Juice LUNCH Spaghetti w/Meat sauce Garlic Bread Stick Green Beans Grapes Fruit & Veggie Bar & Milk	20 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH Chicken & Dressing Casserole Steamed Broccoli Hot Roll Peaches Fruit & Veggie Bar & Milk	21 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH Sloppy Joes Ranch Potato Wedges Corn ½ Apple Fruit & Veggie Bar & Milk
24 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken & Noodles Peas Hot Roll Tropical Fruit Fruit & Veggie Bar & Milk	25 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Taco's Chips & Salsa Lettuce, Tomatoes & Cheese Refried Beans & Pears Fruit & Veggie Bar & Milk	26 BREAKFAST Fruit Smoothie & Muffin OR Muffin & String cheese Banana Milk & Juice LUNCH Cheesy Chicken Spaghetti Garlic Bread Stick Green Beans Grapes Fruit & Veggie Bar & Milk	27 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice LUNCH Bake Potato w/Fixings Garlic Bread Stick Broccoli Salad Peaches Fruit & Veggie Bar & Milk *Birthday Celebration*	28 NO SCHOOL P/T Conf.

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OR DELIVERY OF FOOD

Other Entrée Choices Offered Daily: Hamburger/Chicken/Steak Sandwich & Fries/Tots - Pizza-Chef Salad-Deli Sand.

This institution is an equal opportunity provider