

JANUARY JR/SR HIGH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School 	2 No School 	3 No School 	4 No School 
7 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice LUNCH Oven Fried Chicken Mashed Potatoes & Gravy Steamed Broccoli, Hot Roll Peaches Fruit & Veggie Bar and Milk	8 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Crispito's & Chili Beans Chips & Salsa Mexican Corn Tropical Fruit Fruit & Veggie Bar and Milk	9 BREAKFAST Fruit Smoothie & Muffin OR Cereal & String cheese Banana Milk & Juice LUNCH Cheeseburger Macaroni Green Beans Hot Roll Grapes Fruit & Veggie Bar and Milk	10 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH Roast & Potatoes Seasoned Carrots Hot Roll Pineapple Fruit & Veggie Bar and Milk	11 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH Philly Steak Sandwich Sidewinder Potatoes Baked Beans Applesauce Fruit & Veggie Bar and Milk
14 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken Nuggets Scalloped Potatoes English Peas, Hot Roll Peaches Fruit & Veggie Bar and Milk	15 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Walking Taco's Salsa Chili Beans Tropical Fruit Fruit & Veggie Bar and Milk	16 BREAKFAST Glazed Donut OR Muffin & String cheese Banana Milk & Juice LUNCH Homemade Stew Cheese stick Cornbread Grapes Fruit & Veggie Bar and Milk	17 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice LUNCH Frito Chili Pie w/cheese Corn Broccoli Salad Pineapple Chunks Fruit & Veggie Bar and Milk	18 BREAKFAST Biscuit & Sausage gravy OR Muffin & String cheese Fruit Milk & Juice LUNCH Corn dog Baked Beans Seasoned Diced Potatoes Pears Fruit & Veggie Bar and Milk
21 BREAKFAST Sausage, Egg & Cheese Muffin OR Cereal & String cheese Diced Peaches Milk & Juice LUNCH Buffalo Wings Macaroni & Cheese Seasoned Carrots, Hot Roll Peaches Fruit & Veggie Bar and Milk	22 BREAKFAST Breakfast Pizza OR Cereal & String cheese Diced Pears Milk & Juice LUNCH Chicken Fajitas w/Fixings Chili Beans Chips & Salsa Pears Fruit & Veggie Bar and Milk	23 BREAKFAST Fruit Smoothie & Muffin OR Cereal & String cheese Banana Milk & Juice LUNCH Meat Loaf Mashed Potatoes & Gravy Green Beans, Hot Roll Applesauce Fruit & Veggie Bar and Milk	24 BREAKFAST Scrambled Eggs & Toast OR Cereal & String cheese Mandarin Oranges Milk & Juice LUNCH Beefy Noodles Hot Roll Steamed Broccoli Pineapple Fruit & Veggie Bar and Milk	25 BREAKFAST Biscuit & Sausage gravy OR Cereal & String cheese Fruit Milk & Juice LUNCH BBQ Pulled Pork Sandwich French Fries Baby Carrots w/Dip Tropical Fruit Fruit & Veggie Bar and Milk
28 BREAKFAST Sausage, Egg & Cheese Muffin OR Muffin & String cheese Diced Peaches Milk & Juice LUNCH Chicken Strips Mashed Potatoes & Gravy English Peas, Hot Roll Pineapple Chunks Fruit & Veggie Bar and Milk	29 BREAKFAST Pancake on a stick OR Muffin & String cheese Diced Pears Milk & Juice LUNCH Burrito w/Cheese Sauce Chips & Salsa Chili Beans Pears Fruit & Veggie Bar and Milk	30 BREAKFAST Mini Donuts OR Muffin & String cheese Banana Milk & Juice LUNCH Fish Nuggets Green Beans Cole Slaw, Hot Roll Peaches Fruit & Veggie Bar and Milk	31 BREAKFAST Scrambled Eggs & Toast OR Muffin & String cheese Mandarin Oranges Milk & Juice LUNCH BBQ Meat Balls Cheesy Broccoli Hot Roll Strawberries & Banana Fruit & Veggie Bar and Milk	Feb 1 st BREAKFAST Biscuit & Sausage gravy OR Muffin & String cheese Fruit Milk & Juice LUNCH Hot Ham & Cheese Sandwich Sweet Potato Fries Baked Beans Applesauce Fruit & Veggie Bar and Milk

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OR DELIVERY OF FOOD

Other Entrée Choices Offered Daily: Hamburger/Chicken/Steak/Deli Sandwich & Fries/Tots-Pizza-Chef Salad

This institution is an equal opportunity provider