

TISD Nutrition Policy

MARKETING

Children’s dietary food preferences are highly influenced by what is displayed throughout the district. TISD will not allow marketing of foods that are low in nutritional value and high in sugar and fat. TISD will promote the Smart Snacks regulation by allowing only the marketing of foods and beverages that may be sold on the school campus during the school day. Nutritional policy regulations would affect vending machines, posters, menu boards, coolers, trash cans, food service equipment and other school day event media. Events outside the school day are exempt from this policy.

WELLNESS POLICY AVAILABILITY

To promote awareness for the community, TISD will create a Wellness Policy webpage that will contain the policy, meeting minutes, annual school progress reports and triennial assessments. Households will be notified annually of the availability to access the TISD Wellness Policy.

SCHOOL DAY DEFINITION

A school day is defined as the period of time from midnight before school begins to 30 minutes after the last scheduled class.

TIME & PLACE RESTRICTIONS (Texas Department of Agriculture Requirement)

Elementary campuses may not sell competitive foods:

- Anywhere on the school campus
- During the school day

Middle School campus may not sell competitive foods:

- Anywhere on the school campus
- From 30 minutes before to 30 minutes after meal periods

High School Campus may not sell competitive foods:

- During meal periods
- In areas where reimbursable school meals are served or consumed

Exemption at all sites:

Food items made available by Child Nutrition Services

CAMPUS EXEMPTION DAYS

Campuses will be allowed up to 6 exempt events preapproved by the campus administrator. Campus administrators will ensure that all students have access to the cafeteria for meal services. No groups are permitted to sell or give food away in any area a reimbursable meal is being sold or consumed.

FUNDRAISERS

There is no limit on fundraisers that meet the Smart Snacks standards. Any food or beverage item that meets the Smart Snack standards may be sold on the school campus. Any non-food item may be sold at any time on the school campus.

Activity Concession Stands or Other Events Where Food and Beverages Are Sold During the School Day

It is the fundraising group's responsibility to ensure that food items sold meet the Smart Snack standards for all food and beverages sold at any time and place on the school campus during the school day. The Alliance Calculator Tool and relevant nutrition fact labels or product/manufacturer's statements will be the only acceptable compliancy records for establishing compliancy. The Child Nutrition Department will provide training, assistance and will keep documentation for groups who wish to sell food items during the school day.

Food Sold During the School Day Not intended for Consumption in Schools

Smart Snack standards do not apply to fundraising activities that include the ordering and distribution of food not intended to be consumed during the school day on the school campus. *For example: Cookie dough or frozen sausage*

FOOD ITEMS BROUGHT FROM OUTSIDE SOURCES

TISD does not have any standards for food or beverages that parents provide for their own children's lunches or snacks. Adults and/or students will not be allowed to provide food from outside sources for another student during meal services.

Elementary Birthday Celebrations will be allowed. Celebrations will be limited to after the end of the class lunch period so that it will not replace a nutritious lunch.

FOODS GIVEN TO STUDENTS

Parents/groups will not be allowed to give away food items or beverages to students during meal periods where reimbursable meals are being sold or consumed. Elementary classrooms may serve one snack per day in the morning or afternoon (not during regular meal periods for that class) under the teacher's guidance. The classroom snack may be provided by the school food service, the teacher, parents or other groups and be at no cost to students.

COMPLIANCE

TDA will assess compliance with the Competitive Food Nutrition Standards during an

Administrative Review (AR) or at other times as appropriate. This assessment will include an analysis of food and beverage items sold in competition with the reimbursable meal. TDA has the discretion to take fiscal action for violations for the following:

- Not meeting the Competitive Food Nutrition Standards
- Inadequate or unavailable documentation related to competitive foods

Board approved: October 2017