
Indiahoma School Newsletter

Friday

September 20, 2013

Warrior 2013 Fall Baseball Schedule

9-23 at Chattanooga (HS), 4:00 pm
9-24 at Olustee (JH), 4:00 pm
9-26 Districts, Time & Place TBA

Academic Team

The Academic Team traveled to Sterling on Thursday, Sept. 12. The Warriors play a tremendous game, beating Sterling by 110 points in the first round of play. Sterling humbled the Warriors when they came back for a victory in the second round.

Academic Team 2013-2014 Schedule

All games are played on Thursdays at 4:30 p.m. unless other days/times are arranged.

Sep 26 Snyder at Indiahoma
Oct 3 Frederick at Indiahoma
Oct 10 Big Pasture at Indiahoma
Oct 24 Indiahoma at Fletcher

The Healthy You

Foods that have proteins are good. They are good for your health. They are also good for you because you can stay strong. Proteins are good for your body too because they can help your nervous system working properly.

Vitamins that are found in foods in this group help your body release energy. They are the part of proteins that help your nervous system work properly. They help form red blood cells. They also help build tissues.

Protein is an important part of iron. Iron is used to carry oxygen in the blood. Important minerals in protein food groups can help you think straight. So that's why food with protein is good for you.

By Kemp A. Kinder



Indiahoma School Menu:

September 23-27, 2013

Breakfast: All breakfasts come with juice and milk.

Mon: Biscuits, gravy, sausage,

Tues: Pancakes on a stick, syrup

Wed: Breakfast pizza, fruit

Thu Peanut Butter and jelly sandwich/tornadoes, salsa, fruit

Fri: Cereal, toast, sausage, jelly

Lunch:

Mon: Chicken & cheese crisps, ranch style beans, pineapple tidbits, salad bar, milk

Tues: Chicken sandwich, chips, pears, cookie, salad bar, milk

Wed: Soft tacos, pinto beans, peaches, salad bar, milk

Thu: Breaded pork chop, mashed potatoes, gravy, corn on the cob, mixed fruit, milk

Fri: Beef tips and rice, green beans, bread, pineapple tidbits, milk

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TSA Bake Sale

School Auditorium
Tuesdays & Thursdays,
12:00—12:30 p.m.



Send Your Boxtops
to Mrs. Strong in the 3rd grade.
They will be turned into cash to
buy supplies for Indiahoma
Student Activities.



Age wrinkles the body. Quitting wrinkles the soul.—Douglas MacArthur

FFA Colt Conference

Volume 1, Issue 9-18-2013

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Indiahoma Public Schools

Colt Conference

Yesterday, the officers for the Indiahoma FFA Chapter went to Vo-Tech in Lawton for the Colt Conference. FFA chapters from the district all met up for this meeting held by the state officers. The theme of this year's Colt Conference was to multiply our numbers. The speaker demonstrated this well. After the speaker let the chapters go, they all went to their specified group. Each group was to have an activity to show the

effects of multiplying our numbers. The activity for our chapter was to play a different version of rock, paper, scissors in groups. If one group beat another group, the losing group joined the winning group. This went on until there was one big group. After the conference was over, the Indiahoma FFA Chapter ate at Santa Fe before heading home.

Indiahoma FFA Officers

Tyler Rhoads
Cassie Morgan
Sarah Stoll
Kasey Cook
Micah Massey
Alanna Zelek

Designed and Written by Micah Massey

Reading Strategies for Emergent Readers

- Read the introduction at the beginning of the book aloud. Look through the pictures together (picture walk) so that your child can see what happens in the story before reading the words.
- Read the first page to your child, placing your finger under each word.
- Let your child touch the words and read the rest of the story. Give him or her time to figure out each new word.
- As your child reads have him or her slide their finger under each word to flow the sweep of the text.
- If your child gets stuck on a word you might say, "Try something. Look at the picture. What clues does the picture give about what's happening. What else makes sense?"
- If your child is still stuck supply the right word. This will allow him or her to continue to read and enjoy the story. You might say, "Could this be 'ball'?"

Always praise your child. Praise what he or she reads correctly and praise good tries too.

"Wow! You were able to stretch out that word."

"Yes, that's one of your sight words from your homework folder."

"I like the way you took time to think about the word, connecting it to what's happening in the picture."

"Great job figuring out that word. That's what good readers do."

Give your child lots of chances to read the story again and again. This is the key to successful reading. It is called fluency. The more your child reads, the more confident he or she will become.

From a brochure by Marcia Goudie
www.marcias-lesson-links.com

