

**SEPT. 2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	BISCUITS & SAUSAGE FRUIT CUP JUICE MILK	MUFFINS APPLES JUICE MILK	TAC GOS FRUIT CUP JUICE MILK	FRENCH TOAST APPLES JUICE MILK
7	8	9	10	11
BAGELS ORANGES JUICE MILK	MORNING ROLLS FRUIT CUP JUICE MILK	MUFFINS APPLES JUICE MILK	BREAKFAST BURRITOS FRUIT CUP JUICE MILK	FRENCH TOAST ORANGES JUICE MILK
14	15	16	17	18
CINNAMON ROLLS APPLES JUICE MILK	BISCUITS & SAUSAGE FRUIT CUP JUICE MILK	MUFFINS ORANGES JUICE MILK	TAC GOS FRUIT CUP JUICE MILK	FRENCH TOAST APPLES JUICE MILK
21	22	23	24	25
BAGELS ORANGES JUICE MILK	MORNING ROLLS FRUIT CUP JUICE MILK	MUFFINS APPLES JUICE MILK	BREAKFAST BURRITOS FRUIT CUP JUICE MILK	FRENCH TOAST ORANGES JUICE MILK
28	29	30		
CINNAMON ROLLS APPLES JUICE MILK	CHICKEN BISCUIT FRUIT CUP JUICE MILK	MUFFINS ORANGES JUICE MILK		

**Meal Prices**

Student \$

Adult \$

**OFFERED DAILY****FRESH FRUIT****100 % FRUIT JUICE****1% LOW FAT WHITE MILK OR****FAT FREE CHOC. MILK**

# SEPT. 2020

## H.O.W. ENGE & MIDDLE SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	CRISPIITOS SPANISH RICE SIDE SALADS CARROT STICKS SLUSHY CUPS MILK	CHEESEBURGERS CHIPS SIDE SALADS BAKED BEANS CARROTS STICKS MIXED FRUIT MILK	COUNTRY BOWL MASHED POTATOES CREAM GRAVY CORN PEACHES MILK	PIZZA TOTS SEASONED GREEN BEANS PUDDING CUP CHOCOLATE BEARS MILK
7	8	9	10	11
BEEF SPAGHETTI & BREADSTICK SWEET PEAS SIDE SALADS CARROTS STICKS MIXED FRUIT MILK	BURRITOS SPANISH RICE SIDE SALADS CARROT STICKS SLUSHY CUPS MILK	CHICKEN SANDWICH CHIPS SIDE SALADS CARROT STICKS JELLO CUPS MILK	CHICKEN NUGGETS MASHED POTATOES CREAM GRAVY CORN PEARS MILK	CHICKEN TENDERS TOTS BROCCOLLI & CHEESE PUDDING CUP CHOCOLATE BEARS MILK
14	15	16	17	18
CORNDOGS GOLD FISH PINTO BEANS CARROTS STICKS MIXED FRUIT MILK	SOFT BEEF TACOS SPANISH RICE SIDE SALADS CARROT STICKS SLUSHY CUPS MILK	CHEESEBURGERS SUN CHIPS BAKED BEANS SIDE SALADS CARROT STICKES JELLO CUPS APPLES MILK	COUNTRY BOWL MASHED POTATOES CREAM GRAVY CORN PEACHES MILK	PIZZA TOTS SEASONED GREEN BEANS PUDDING CUP CHOCOLATE BEARS MILK
21	22	23	24	25
CHICKEN SPAGHETTI & BREADSTICK SWEET PEAS SIDE SALADS CARROTS STICKS MIXED FRUIT MILK	BEEFY NACHOS SPANISH RICE CARROT STICKS SIDE SALADS SLUSHY CUPS MILK	CHICKEN FRIED STEAK SUN CHIPS BAKED BEANS CARROT STICKES JELLO CUPS APPLES MILK	CHICKEN NUGGETS MASHED POTATOES CREAM CRAVY CORN CHOCOLATE CHIP COOKIES APPLES MILK	CHICKEN TENDERS TOTS BROCCOLLI & CHEESE PUDDING CUPS APPLES MILK
28	29	30		
CORNDOGS GOLD FISH PINTO BEANS CARROTS STICKS MIXED FRUIT MILK	CRISPIITOS SPANISH RICE SIDE SALADS CARROT STICKS SLUSHY CUPS MILK	CHEESEBURGERS SUN CHIPS BAKED BEANS SIDE SALADS CARROT STICKES JELLO CUPS APPLES MILK		

Meal Prices

Student \$

Adult \$

**OFFERED DAILY**

**FRESH FRUIT**

**100 % FRUIT JUICE**

**1% LOW FAT WHITE MILK OR FAT FREE CHOC. MILK**