

MIDDLE SCHOOL  
LUNCH

# SEPT. 2022

**SERVED DAILY**

1% FAT FREE WHITE MILK  
FAT FREE CHOCOLATE MILK  
ASSORTED FRUIT AND VEGETABLES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			SOFT BEEF TACOS BURRITOS SPANISH RICE SIDE SALADS SLUSHY CUPS FRESH FRUIT MILK	PIZZA HOT/SPICY CHICKEN SANDWICH SEASONED GREEN BEANS SIDE SALADS CARROT STICKS MIXED FRUIT FRESH FRUIT MILK
5	6	7	8	9
FRENCH BREAD PIZZA CHICKEN WRAPS SEASONED CORN SIDE SALADS CARROT STICKS PEACHES FRESH FRUIT MILK HOLIDAY	SOFT BEEF TACOS BEEFY NACHOS SPANISH RICE SIDE SALADS SLUSHY CUPS FRESH FRUIT MILK	CORNDOGS CHEESEBURGERS SUN CHIIPS PINTO BEANS SIDE SALADS CARROT STICKS PEACHES FRESH FRUIT MILK	CHICKEN NUGGET W/ROLLS MEATBALL SUBS SEASONED GREEN BEANS SIDE SALADS CARROT STICKS PEACHES FRESH FRUIT MILK	PIZZA HAM/CHEESE SANDWICH BAKED BEANS CARROT STICKS APPLESAUCE CUPS FRESH FRUIT MILK
12	13	14	15	16
CHICKEN SANDWICH CORNDOGS GOLDFISH PINTO BEANS SIDE SALADS CARROT STICKS PEARS FRESH FRUIT MILK	CRISPITOS BURRITOS SPANISH RICE SIDE SALADS SLUSHY CUPS FRESH FRUIT MILK	CHEESEBURGERS HOT DOGS CHIPS BAKED BEANS SIDE SALADS PEACHES FRESH FRUIT MILK	POPCORN CHICKEN STEAK FINGERS MASHED POTATOES CREAM GRAVY SEASONED CORN SIDE SALAD CARROT STICKS APPLESAUCE CUP FRESH FRUIT MILK	PIZZA TURKEY/CHEESE SANDWICH SEASONED GREEN BEANS SIDE SALADS CARROT STICKS MIXED FRUIT FRESH FRUIT MILK
19	20	21	22	23
CHEESEBURGERS CHICKEN SANDWICH CHIPS BAKED BEANS CARROT STICKS SIDE SALADS PEACHES FRESH FRUIT MILK	POPCORN CHICKEN SWEDISH MEATBALLS MASHED POTATOES CREAM GRAVY SEASONED CORN SIDE SALAD CARROT STICKS APPLESAUCE CUP FRESH FRUIT MILK	PIZZA TURKEY/CHEESE SANDWICH SEASONED GREEN BEANS SIDE SALADS CARROT STICKS MIXED FRUIT FRESH FRUIT MILK	BURRITOS H/S CHICKEN NUGGETS CHICKEN TORNADOS SPANISH RICE SIDE SALADS SLUSHY CUPS FRESH FRUIT MILK	CORNDOGS CHICKEN SANDWICH GOLD FISH PINTO BEANS SIDE SALAD CARROT STICKS APPLESAUCE CUPS FRESH FRUIT MILK
26	27	28	29	30
BEEF SPAGHETTI/ROLLS H/S CHICKEN NUGGETS PEAS & CARROTS SIDE SALADS BLUSHING PEARS FRESH FRUIT MILK	CHEESEBURGERS HOT DOGS SUN CHIIPS PINTO BEANS SIDE SALADS PEACHES FRESH FRUIT MILK	FRENCH BREAD PIZZA CHICKEN WRAPS SEASONED CORN SIDE SALADS CARROT STICKS PEACHES FRESH FRUIT MILK	SOFT BEEF TACOS BEEFY NACHOS SPANISH RICE SIDE SALADS SLUSHY CUPS FRESH FRUIT MILK	CORNDOGS H/S CHICKEN NUGGETS GOLD FISH BAKED BEANS SIDE SALAD CARROT STICKS APPLESAUCE CUPS FRESH FRUIT MILK