



# September News

## What does a school counselor do?

- Classroom Lessons
- Individual Counseling
- Group Counseling
- Collaborate with parents and staff
- Encourage a safe school climate

## A Note From Miss Nothern

It's been a great first few weeks and I have enjoyed getting to know your students! As a counselor, my classroom lessons will focus on social emotional, academic, and career development.

## A Peek At What We Are Learning

Aug. 26-30 (3 <sup>rd</sup> and 4 <sup>th</sup> )	Mindfulness
Sept. 2-6 (3 <sup>rd</sup> Grade)	Zones of Regulation
Sept. 9-13 (4 <sup>th</sup> Grade)	Zones of Regulation
Sept. 16-20 (3 <sup>rd</sup> Grade)	Self Control
Sept. 23-27 (4 <sup>th</sup> Grade)	Self Control

# Counselor Connection