

2019 Iola Summer Meal Menu 2-week Rotation

BREAKFAST

(Menu subject to change.)

| | Monday | Tuesday | Wednesday | Thursday |
|--------|-------------------------------------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Week 1 | Pancake on Stick Fresh Fruit (Whole Piece) Milk | Cereal Cheese Stick (1 Stick) Chilled Fruit (1/2 Cup) Milk | French Toast Sticks w. Syrup Fresh Fruit (Whole Piece) Milk | Biscuits and Gravy Sausage Patty (1 Patty) Fresh Fruit (Whole Piece) Milk |
| Week 2 | Breakfast Pizza Chilled Fruit (1/2 Cup) Milk | Cereal Cinnamon Toast (1 Slice) Fresh Fruit (Whole Piece) Milk | Breakfast Burrito Tater Tots (1/2 Cup) Fruit Juice (4 Oz) Milk | Biscuits and Gravy Sausage Patty (1 Patty) Chilled Fruit (1/2 Cup) Milk |

LUNCH

| | Monday | Tuesday | Wednesday | Thursday |
|--------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Week 1 | Cheeseburger French Fries (1/2 C) Fresh Garden Salad (1/2 C) Tropical Fruit Mix (1/4 C) Milk | Tacos Fresh Garden Salad (1/2 C) Refried Beans (1/2 C) Applesauce (1/4 C) Milk | Chicken Patty on Bun Mashed Potatoes (1/2 C) Corn (1/4 C) Pears (1/4 C) Milk | Tony's Pizza Fresh Garden Salad (1/2 C) Baby Carrots w. Dip (1/4 C) Strawberry Banana Mix (1/4 C) Milk |
| Week 2 | Popcorn Chicken Fresh Broccoli w/Dip (1/4 C) Fresh Garden Salad (1/2 C) Watermelon (1/4 Cup) Milk | Super Nachos Southwest Beans (1/2 C) Fresh Garden Salad (1/2 Cup) Pineapple (1/4 C) Milk | Chicken Patty on Bun Mashed Potatoes (1/2 Cup) Green Beans (1/4 Cup) Banana (1/2 Fruit) Milk | Tony's Pizza Fresh Garden Salad (1/2 C) Roasted Vegetables (1/4 C) Fresh Melon (1/4 C) Milk |

Week 1
June 3-6
June 17-20
July 1-3
July 15-18
July 29-31

Week 2
June 10-13
June 24-27
July 8-11
July 22-25

This institution is an equal opportunity provider.