

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbstx.com or by calling 1-800-521-2227.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?	For In- and Out-of-Network providers \$1,000 Individual/\$2,000 Family Doesn't apply to prescription drugs, services that charge a copay, and In-Network preventive care, home health, skilled nursing, hospice, and diagnostic tests. Copays do not count toward the deductible.	You must pay all the costs up to the <u>deductible</u> amount before this begins to pay for covered services you use. Check your policy or pla document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much pay for covered services after you meet the <u>deductible</u> .	
Are there other deductibles for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.	
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. For In-Network providers \$4,500 Individual/\$6,000 Family For Out-of-Network providers \$6,500 Individual/\$10,000 Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, preauthorization penalties, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit.</u>	
Does this plan use a network of providers?	Yes. See www.bcbstx.com or call 1-800-810-2583 for a list of In-Network providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your innetwork doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .	
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .	

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If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-756-4448 to request a copy.



- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an Out-of-Network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an Out-of-Network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In-Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$40 copay/visit	40% coinsurance	none
	Specialist visit	\$50 copay/visit	40% coinsurance	none
If you visit a health care provider's office	Other practitioner office visit	\$40 copay PCP/ \$50 copay SPC	40% coinsurance	Limited to 35 visits per calendar year.
or clinic	Preventive care/screening/immunization	No Charge	40% coinsurance	Deductible waived In-Network. No Charge for child immunizations Out-of-Network through the 6 th birthday.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	40% coinsurance	Deductible waived In-Network. No charge with office visit copay.
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none

Coverage for: All | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions	
	Generic drugs	\$10 retail and mail order copay/ prescription	\$10 copay/ prescription plus 20% coinsurance	Retail and mail order cover a 30 day	
If you need drugs to treat your illness or condition	Preferred brand drugs	\$40 retail and mail order copay/ prescription	\$40 copay/ prescription plus 20% coinsurance	supply. Non-Participating mail order is not covered. For Non-Participating pharmacy,	
More information about prescription drug coverage is available at	Non-preferred brand drugs	\$60 retail and mail order copay/ prescription	\$60 copay/ prescription plus 20% coinsurance	member must file claim.	
www.bcbstx.com	Specialty drugs	20% of cost	20% of cost plus 20% coinsurance	Available at any retail pharmacy. Mail order is not covered. For Non-Participating pharmacy, member must file claim.	
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none	
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none	
If you need	Emergency room services	\$100 copay/visit plus 20% coinsurance	\$100 copay/visit plus 20% coinsurance	Emergency room copay waived if admitted.	
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Ground and air transportation covered.	
	Urgent care	\$40 copay PCP/ \$50 copay SPC	40% coinsurance	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Preauthorization is required; \$250 penalty if services are not preauthorized Out-of-Network.	
	Physician/surgeon fee	20% coinsurance	40% coinsurance	none	

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
	Mental/Behavioral health outpatient services	\$40 copay PCP/ \$50 copay SPC	40% coinsurance	Certain services must be preauthorized, refer to benefits booklet for details.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	All services must be preauthorized. \$250 penalty if services are not preauthorized Out-of-Network.
health, or substance abuse needs	Substance use disorder outpatient services	\$40 copay PCP/ \$50 copay SPC	40% coinsurance	Certain services must be preauthorized, refer to benefits booklet for details.
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	All services must be preauthorized. \$250 penalty if services are not preauthorized Out-of-Network.
If you are pregnant	Prenatal and postnatal care	\$40 copay PCP	40% coinsurance	Copay applies to first prenatal visit, per pregnancy. After initial visit, 20% coinsurance applies.
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	Preauthorization is required; \$250 penalty if services are not preauthorized Out-of-Network.

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions	
If you need help recovering or have other special health needs	Home health care	No Charge	40% coinsurance	Deductible waived In-Network. Preauthorization is required. Limited to 60 visits per calendar year.	
	Rehabilitation services	20% coinsurance	40% coinsurance	Limited to 35 visits per calendar year.	
	Habilitation services	20% coinsurance	40% coinsurance	Elimited to 33 visits per calcildar year.	
	Skilled nursing care	No Charge	40% coinsurance	Deductible waived In-Network. Preauthorization is required. Limited to 25 days per calendar year.	
	Durable medical equipment	20% coinsurance	40% coinsurance	none	
	Hospice service	No Charge	40% coinsurance	Deductible waived In-Network. Preauthorization is required.	
If your child needs dental or eye care	Eye exam	\$40 copay PCP/ \$50 copay SPC	40% coinsurance		
	Glasses	Not Covered	Not Covered	none	
	Dental check-up	Not Covered	Not Covered		

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S
- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care

• Hearing aids (limited to 1 new aid per ear per 36-month period)

• Routine eye care (Adult)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-521-2227. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact BlueCross BlueShield of Texas at 1-800-521-2227 or visit <u>www.bcbstx.com</u>, or contact U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Texas Department of Insurance's Consumer Health Assistance Program at (855) 839-2427 or visit <u>www.texashealthoptions.com</u>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does** provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-521-2227.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-521-2227.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-521-2227.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-521-2227.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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Coverage for: All | Plan Type: PPO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,220
- Patient pays \$2,320

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

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Deductibles	\$1,000
Copays	\$20
Coinsurance	\$1,150
Limits or exclusions	\$150
Total	\$2,320

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,540
- Patient pays \$1,860

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,000
Copays	\$600
Coinsurance	\$180
Limits or exclusions	\$80
Total	\$1,860

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from Out-of-Network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.