

MCCAMEY ISD ATHLETIC POLICY

The McCamey ISD Athletic Policy was created for the purpose of fostering an environment of commitment and excellence between student-athletes, the parents/guardians of student-athletes, and the coaching staff.

Communication is the key in order to give McCamey student-athletes every chance possible to be successful.

1) QUITTING POLICY – Before a student-athlete quits a sport they will be given a 24 hour re-think period, during which time the student-athlete's parents will be notified of the student-athlete's intentions. If at the end of that 24 hour period the student-athlete quits a sport (or is removed from the team once the first regular scheduled contest has begun) and it is after the first 2 weeks from when they started practice in that sport; he or she will not be allowed to participate in ½ of the next sport that they participate in; if the athlete's next sport is actually two concurrent sports (i.e. baseball and track), then the athlete will sit out ½ of both sports. The student-athlete will be required to be with the team working out during this waiting period. If an athlete quits a sport within the first 2 weeks from when they started practice in that sport, then there are no consequences facing that athlete concerning the next sport that they participate in. This policy is still in effect from the end of one school year (Spring sport) to the start of the next school year (Fall sport). Exceptions to this rule would be a family emergency where, for example, the student-athlete had to drop out of a sport to work to help support their family. **The Head Coach must notify the Athletic Director immediately and before this policy is going to be used.**

2) SUSPENSION POLICY – The Athletic Director or Head Coach of a sport has the right to suspend a student-athlete who continues to show disrespect, or is fighting during a game, practice, or in the classroom setting. Proper documentation is a must. **The Head Coach must notify the Athletic Director immediately and before this policy is going to be used.**

3) MISSING PRACTICE OR GAME – If a student-athlete misses a practice or game without notifying the coaches beforehand; and/or there is not a legitimate excuse of why he or she missed practice; then the student-athlete will not play in the next contest. This situation can be compared to an employee not showing up for work, and not notifying anyone beforehand. Proper documentation is a must and missed practice must be made up. Makeup work for any absence will be determined by the Head Coach of the sport in season and/or by the Athletic Director.

4) INJURIES – Must be reported to the appropriate coach and/or athletic trainer. It is the student-athlete's responsibility to follow through with an assigned treatment of an injury.

5) DOCTOR'S NOTE – A student-athlete will not participate in a workout, practice, or game ONLY if the following conditions are met: the student-athlete has a doctor's note, or the coach and/or athletic trainer have deemed it necessary. Parents' notes will not be accepted; the athlete must have a doctor's note, or the coach's and/or trainer's approval.

6) PARTICIPATING IN FOOTBALL OR VOLLEYBALL – A student-athlete who participates in football or volleyball is required to go through 2-a-day workouts. If a student-athlete misses 2-a-day workouts and later wishes to participate in either of these sports; they must first get permission from the Athletic Director and Head Coach before being allowed to participate. If permission is granted, then the student-athlete will have to do makeup work for the absences.

7) WORKOUT CLOTHES/EQUIPMENT – All student-athletes will wear the workout clothes/equipment that is provided to them from their coaches for that particular sport or athletic period. Failing to comply with wearing the proper workout clothes/equipment could result in disciplinary action. Athletic equipment is to be stored in a

secured locker when not in use. The student-athlete is responsible for the cost of any equipment that is either lost or stolen.

8) TRANSPORTATION OUTSIDE OF SCHOOL BUSES – Student-athletes who request transportation outside of school vehicles are required to submit a trip request/note 1 day prior to the day of the contest, and must include requisite signatures. Trip requests are offered in the event of an emergency or legitimate reason; and will be approved by the Head Coach of that sport. The Head Coach is then required to communicate any approval of such trip requests to the Athletic Director.

9) DRUG & ALCOHOL POLICY, STUDENT CODE OF CONDUCT, STUDENT HANDBOOK, UIL REGULATIONS – All of these policies will be followed by all student-athletes who participate in workouts, travel, and contests that are in relation to representing McCamey ISD.

10) PARTICIPATING IN MULTIPLE SPORTS – Student-athletes at McCamey ISD are encouraged (and not discouraged) by all coaches to participate in as many extra-curricular athletic activities as possible. **Student-athletes will not be punished for having to choose between more than 1 sport offered by McCamey ISD which happens to occur on the same day or at the same time during that day.** This is the case when the conflicting competitions are both non-district, district, or post-district in nature. If transportation and time allows; then every effort will be made by the Athletic Director and Head Coach(s) to see that a student-athlete would be able to participate in multiple sports on the same day. District competition takes precedence over a non-district competition when there is a choice of which sport to participate in on a particular day. A post-district competition would take precedence over a district competition, for example. **In the case that a solution to a particular multi-sport problem cannot be reached, the Athletic Director will make the final decision.**

11) JUNIOR HIGH ATHLETICS – Junior high student-athletes will not work out or do any type of makeup work before school during the Fall (Football, Volleyball, Cross Country) and Spring (Track) sports seasons (**unless the Athletic Director deems it necessary**). **The exception to this rule is during the Winter sports season, when girls and boys basketball is taking place.** Because of the number of teams and gym space available for workouts, 7th and 8th grade boys and girls basketball practices are allowed before school if the coach of that sport sees fit. In the case that this happens, no junior high boys or girls basketball practices are allowed to start before 6:30 AM. These practices must be completed by 7:30 AM at the latest to make sure that student-athletes have enough time to shower, dress, and eat breakfast before school starts on that day.

The Athletic Director has final discretionary authority on a case-by-case basis in dealing with conflicts within the Athletic Program at McCamey ISD. We want every student-athlete at McCamey ISD to have the best chance for success now and later on in life.

Fred Staugh – Athletic Director MCISD

Student-Athlete Signature - _____

Date (Month / Day / Year) - _____

Parent/Guardian Signature - _____

Date (Month / Day / Year) - _____