

January 2019 Breakfast



KEYSTONE
FOOD SERVICE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|---|---|
| | 1 Happy New Year! | 2 Waffles Scrambled Eggs Cereal Fruit Juice Milk | 3 Ham and Cheese Biscuit Cereal Fruit Juice Milk | 4 Cinnamon Toast Yogurt Cereal Fruit Juice Milk |
| 7 Pancake Minis Cereal Fruit Juice Milk | 8 Toast Breakfast Scramble Cereal Fruit Juice Milk | 9 Yogurt Parfait Cereal Fruit Juice Milk | 10 Sausage Biscuit Cereal Fruit Juice Milk | 11 Donut Cereal Fruit Juice Milk |
| 14 Oatmeal with Toppings Cereal Fruit Juice Milk | 15 Breakfast Burrito Cereal Fruit Juice Milk | 16 Muffin Cheese Stick Cereal Fruit Juice Milk | 17 Biscuit and Gravy Cereal Fruit Juice Milk | 18 Cinnamon Roll Cereal Fruit Juice Milk |
| 21 Pancake on a Stick Cereal Fruit Juice Milk | 22 Biscuit and Gravy Cereal Fruit Juice Milk | 23 Cinnamon Toast Yogurt Cereal Fruit Juice Milk | 24 Waffle Scrambled Eggs Cereal Fruit Juice Milk | 25 Donut Oatmeal Fruit Juice Milk |
| 28 Breakfast Taco Cereal Fruit Juice Milk | 29 French Toast Sticks (3) Cereal Fruit Juice Milk | 30 Sausage Biscuit Cereal Fruit Juice Milk | 31 Pancake Scrambled Eggs Cereal Fruit Juice Milk | 1 Muffin Oatmeal Fruit Juice Milk |

January 2019 Lunch



KEYSTONE
FOOD SERVICE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| | 1 Happy New Year! | 2 Breaded Chicken Sandwich French Fries Fruit Milk Salad Bar | 3 Sour Cream Enchiladas Refried Beans Chips and Salsa Fruit Milk Salad Bar | 4 Pizza Bar Caesar Salad Fruit Milk Salad Bar |
| 7 Country Fried Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar | 8 Chicken Fajitas Refried Beans Chips and Salsa Fruit Milk Salad Bar | 9 Pizza Pasta Garlic Knot Green Beans Fruit Milk Salad Bar | 10 Ranch Chicken Flatbread Caesar Salad Fruit Milk Salad Bar | 11 Cheeseburger Sweet Potato Fries Fruit Milk Salad Bar |
| 14 Ham and Cheese Sub Baby Carrots Ruffles Fruit Milk Salad Bar | 15 Beef Soft Taco Chips and Salsa Refried Beans Fruit Milk Salad Bar | 16 Pineapple Glazed Ham Corn Green Beans Dinner Roll Fruit Milk Salad Bar | 17 Waffles Sausage Scrambled Eggs Breakfast Potatoes Fruit Milk Salad Bar | 18 Pizza Bar Italian Salad Fruit Milk Salad Bar |
| 21 Spaghetti with Meat Sauce Breadstick Caesar Salad Fruit Milk Salad Bar | 22 Popcorn Chicken Mashed Potatoes and Gravy Green Beans Dinner Roll Fruit Milk Salad Bar | 23 Philly Joe French Fries Fruit Milk Salad Bar | 24 Nacho Bar (Beef, Chips, Queso, Chili Beans) Salsa Fruit Milk Salad Bar | 25 Stromboli Marinara Sauce Baby Carrots Rice Krispie Treat Fruit Milk Salad Bar |
| 28 Corn Dog Mac and Cheese Green beans Fruit Milk Salad Bar | 29 Mini Meatloaf Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar | 30 Chicken and Noodles Roasted Carrots Dinner Roll Fruit Milk Salad Bar | 31 Mexican Flatbread Refried Beans Chips and Salsa Fruit Milk Salad Bar | 1 Cheeseburger Tater Tots Garden Salad Fruit Milk Salad Bar |