



# April 5 - May 27 junior-high

Menu is subject to change without notice and is based on availability and seasonality of food items. Breakfast items are listed in purple italics. Lunch entrée choices are listed below in bold type. Every meal includes choice of milk. All side items are listed below the calendar and rotate throughout the week.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>French Toast Mini</i> Chicken Drumstick w/Roll Fruit, Cheese & Yogurt Platter w/Roll	<i>Muffin &amp; Yogurt</i> Parmesan Chicken PB&J Uncrustable w/String Cheese	<i>Assorted Cereal &amp; String Cheese</i> Pancakes & Sausage Patty Buffalo Chicken Ranch Salad w/Roll	<i>Pancake on a Stick</i> Beef Soft Tacos Cheese Sandwich	<i>Breakfast Round</i> Baked Potato w/Chili & Cheese & Roll Ham & Cheese Salad w/Roll
<i>Mini Waffles</i> Fish Bites w/Mac & Cheese Bean Nacho Salad w/Roll	<i>Cinnimini</i> Chicken & Tater Tot Bowl w/Roll Ham, Turkey & Cheese Sandwich	<i>Benefit Bar</i> Ravioli & Garlic Toast Fruit, Cheese & Yogurt Platter w/Roll	<i>Mini Pancakes</i> Mozzarella Cheese Sticks w/Marinara Cheese Sandwich	<i>Muffin &amp; Yogurt</i> Sloppy Joe Diced Chicken & Cheese Salad w/Roll
<i>Breakfast Sandwich</i> Chicken Alfredo Penne Pasta w/Roll Baja Chicken Salad w/Roll	<i>Assorted Cereals &amp; String Cheese</i> Cheeseburger Rolletto Ham & Cheese Wrap	<i>Breakfast Round</i> BBQ Rib on a Bun Turkey & Cheese Salad w/Roll	<i>Mini Waffles</i> Beef & Bean Burrito PB&J Uncrustable w/Sting Cheese	<i>Muffin &amp; Yogurt</i> Meatloaf w/Gravy Ham & Cheese Salad w/Roll
<i>Pancake on a Stick</i> Chicken Fried Steak w/Country Gravy & Roll Ham & Pepperoni Salad w/Roll	<i>Muffin &amp; Yogurt</i> Popcorn Chicken Bowl w/Roll Ham & Turkey w/Cheese Sandwich	<i>Cinnimini</i> Corn Dogs Popcorn Chicken Salad	<i>Breakfast Pizza</i> Chicken & Cheese Pasta Bake PB&J Uncrustable w/String Cheese	<i>Mini Waffles</i> Ham & Cheese Melt Ham & Cheese Salad w/Roll
<i>Breakfast Sandwich</i> Salisbury Steak w/Gravy & Noodles Beef Nacho Salad w/Roll	<i>Benefit Bar</i> Orange Chicken w/Rice Chicken Salad Sandwich	<i>Assorted Cereals &amp; String Cheese</i> Baked Potato w/Bacon & Cheese & Roll Chicken Ranch Salad w/Roll	<i>Mini Pancakes</i> Fish Fillet on a Bun Ham & Cheese Sandwich	<i>Muffin &amp; Yogurt</i> Meatball Sub Popcorn Chicken Salad w/Roll
<i>French Toast Mini</i> Chicken Drumstick w/Roll Fruit, Cheese & Yogurt Platter w/Roll	<i>Muffin &amp; Yogurt</i> Parmesan Chicken PB&J Uncrustable w/String Cheese	<i>Assorted Cereal &amp; String Cheese</i> Pancakes & Sausage Patty Buffalo Chicken Ranch Salad w/Roll	<i>Pancake on a Stick</i> Beef Soft Tacos Cheese Sandwich	<i>Breakfast Round</i> Baked Potato w/Chili & Cheese & Roll Ham & Cheese Salad w/Roll
<i>Mini Waffles</i> Fish Bites w/Mac & Cheese Bean Nacho Salad w/Roll	<i>Cinnimini</i> Chicken & Tater Tot Bowl w/Roll Ham, Turkey & Cheese Sandwich	<i>Benefit Bar</i> Ravioli & Garlic Toast Fruit, Cheese & Yogurt Platter w/Roll	<i>Mini Pancakes</i> Mozzarella Cheese Sticks w/Marinara Cheese Sandwich	<i>Muffin &amp; Yogurt</i> Sloppy Joe Diced Chicken & Cheese Salad w/Roll
<i>Breakfast Sandwich</i> Chicken Alfredo Penne Pasta w/Roll Baja Chicken Salad w/Roll	<i>Assorted Cereals &amp; String Cheese</i> Cheeseburger Rolletto Ham & Cheese Wrap	<i>Breakfast Round</i> BBQ Rib on a Bun Turkey & Cheese Salad w/Roll <b>EARLY RELEASE</b>	<i>Mini Waffles</i> Beef & Bean Burrito PB&J Uncrustable w/Sting Cheese <b>EARLY RELEASE</b>	<b>LAST DAY OF SCHOOL!</b>

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<b>NACHO BAR</b> Tortilla Chips add: Taco Meat, Beans & Cheese	<b>PASTA BAR</b> choose: Mariana or Alfredo sauce to top off your Noodles add Chicken	<b>NACHO BAR</b> Tortilla Chips add: Taco Meat, Beans & Cheese	<b>PASTA BAR</b> choose: Mariana or Alfredo sauce to top off your Noodles add Chicken	<b>NACHO BAR</b> Tortilla Chips add: Taco Meat, Beans & Cheese
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<i>Pizza by the slice • Cheeseburger Corn Dog • Chicken Tenders Regular ☞ Spicy Premium Chicken Sandwich</i>	<i>Pizza by the slice • Cheeseburger Corn Dog • Chicken Tenders Regular ☞ Spicy Premium Chicken Sandwich</i>	<i>Pizza by the slice • Cheeseburger Corn Dog • Chicken Tenders Regular ☞ Spicy Premium Chicken Sandwich</i>	<i>Pizza by the slice • Cheeseburger Corn Dog • Chicken Tenders Regular ☞ Spicy Premium Chicken Sandwich</i>	<i>Pizza by the slice • Cheeseburger Corn Dog • Chicken Tenders Regular ☞ Spicy Premium Chicken Sandwich</i>
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- EVERYDAY SIDES** (available seasonally, items rotate each day) Apple • Applesauce • Baby Carrots • Baked Beans • Banana • Broccoli (steamed or fresh) • Celery Sticks • Cucumber & Tomato Salad • Cucumber Slices • Diced Peaches • French Fries • Grapes • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Fruit Cup • Orange Glazed Carrots • Pears • Peas & Carrots • Mixed Veggies • Pineapple • Red Pepper Strips • Romaine Side Salad • Seasoned Corn • Sweet Potato Fries • Steamed Squash • Tater Bites • Tomato slices • Watermelon • Zucchini (roasted or fresh) • Apple Juice • Fruit Juice • Grape Juice • Orange Juice | **MILK** Skim Milk • Skim Chocolate Milk

**THE LUNCH PROGRAM** The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (K-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

**FRIONA ISD  
2020/2021**

**BREAKFAST**  
Student .....*FREE*  
(January 5–May 28, 2021)  
Faculty/Staff ..... \$2.25

**LUNCH**  
Student .....*FREE*  
(January 5–May 28, 2021)  
Faculty/Staff ..... \$4.00

À la Carte item prices are posted at the schools.  
This institution is an equal opportunity provider.



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