

October 12, 2016

The County Line Wellness Committee met Wednesday, October 12, at 3:30 P.M. in the school's board room. Eight members attended the meeting: Lori Binz, Eric Parsons, Anna Evans, Evan Johnston, Anna Ethridge, Rose Rinke, Shanna Schulte and Linda Teague.

Linda Teague welcomed the committee members and gave an overview of the School Health/Wellness Committee purpose—to provide services to serve the whole student so that a student's chances for success are enhanced. The school's Wellness Policy components were reviewed at this time. The committee agreed that each component was being followed.

She also explained to the committee the eight components of the School Health Index and reviewed each: health services, mental health and social services, nutrition, physical activity, school staff wellness, health education, healthy school environment and family/community involvement.

Updates on the elementary school's playground were reported. The school reported that the PTO will be submitting a grant application to hopefully receive funds to provide rubber mulch to cushion falls under and around the equipment.

Both Mrs. Teague and Mr. Parsons reported of the success of the Breakfast programs in both schools. Mrs. Teague also reported that the school did receive the Fresh Fruit and Vegetable grant and that the students were enjoying the fruits and veggies provided.

The cafeteria menus were reviewed and approved after Mrs. Ethridge explained to new committee members that she is bound by regulations to provide certain food groups and certain caloric amounts. A brief discussion was held about possibly providing a salad bar and allowing students who were lactose intolerant to be given a juice at lunch. Mrs. Ethridge was going to check on these items and report at the next meeting.

The committee also reviewed the FMNV policy and its specified Food Days.

The committee then discussed the possibility of providing professional development on head lice to the elementary teachers and providing professional development on faculty wellness strategies for both the elementary and high school teachers at the January PD day.

The meeting adjourned at 4:15.