

Little Cypress-Mauriceville CISD

Breakfast and Lunch Menu

January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	8 Hot Ham & Cheese on Bun Variety of Fruit or Fruit Juice	9 Kolache Honey Variety of Fruit or Fruit Juice	10 French Toast Sticks Syrup Variety of Fruit or Fruit Juice	11 Blueberry Muffin Variety of Fruit or Fruit Juice
	Hamburger or Hot Dog Veggie Chili Lettuce & Tomato French Fries Pears	Chicken Fried Steak or Chicken Nuggets Rice White Gravy Green Beans Peaches	Grilled Chicken or Meatballs Mashed Potatoes Brown Gravy Carrots Roll Applesauce	Cheese Pizza or Fish & Chips Veggie Dippers Salsa Navy Beans Manderine Oranges
14 Yogurt & Toast Variety of Fruit and Fruit Juice offered	15 Donut Variety of Fruit or Fruit Juice	16 Kolache Honey Variety of Fruit or Fruit Juice	17 French Toast Syrup Variety of Fruit or Fruit Juice	18 Pancakes Syrup Variety of Fruit or Fruit Juice
Spaghetti & Meat Sauce w/ bread stick or Pizza Cheese Sticks Corn Marinara Green Beans Pineapples	Chicken Fried Steak Sandwich or Orange Chicken Rice Bowl Coleสลaw Steamed Broccoli Pears	Steak Fingers or Chicken Tenders Yams Black eyed Peas White Gravy Cornbread Peaches	Salisbury Steak or BBQ Chicken Mashed Potatoes Seasoned Carrots Brown Gravy Roll Applesauce	Cheese Pizza or Fish Burger Steamed Spinach Pinto Beans Apricots
	22 Scrambled Egg Toast Variety of Fruit or Fruit Juice	23 Sausage & Biscuit Variety of Fruit or Fruit Juice	24 Donut variety of Fruit or Fruit Juice	25 Mini Cinnamon Bagel Variety of Fruit or Fruit Juice
	Sloppy Joe on a Bun or Submarine Sandwich Cowboy Beans Corn Lettuce & Tomato Pears	Gumbo with rice & crackers or Mini Corn dogs Seasoned Carrots Cajun Green Beans Peaches	Beef Tips or Turkey Ham Steak Mashed Potatoes Brown Gravy Steamed Broccoli Applesauce Roll	Chicken Rings or Baja Fish Sticks Macaroni & Cheese Steamed Spinach Manderine Oranges
28 Blueberry Muffin Variety of Fruit or Fruit Juice	29 Yogurt & Toast Variety of Fruit or Fruit Juice	30 Breakfast Burrito Salsa Variety of Fruit or Fruit Juice	31 Pancakes Syrup Variety of Fruit or Fruit Juice	
Hamburger or Chicken Fajita Taco Sweet N Spicy Rib Cut Fries Lettuce & Tomato Salsa Pineapples	Corn Dog or Pizza Cheese Sticks Pinto Beans Marinara Roasted Sweet Cubed Potatoes Pears	Chicken Alfredo or BBQ Rib on Bun Steamed Broccoli Carrot Coins Peaches	Pulled Pork or Roasted Turkey Mashed Potatoes Brown Gravy Green Beans Roll Applesauce	
Catch a Healthy Meal!				
Green = GO!		Blue = SLOW!		
Offered daily: *Variety of Milk, *Fresh & canned Fruit, *Fresh Baby Carrots, *Salad, *Homemade Ranch				
*Menus are subject to change without notice				

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