

School Health Advisory Council

February 9, 2022 12:00pm Auxiliary Room

Agenda

- Welcome
- Alcohol and Drug Abuse Council Presentation - Shelly Barnes
- Finalize Wellness Plan
- Discuss Health TEKS/Sex Education
- Q&A
- Next Meeting: April 13, 2022
- Adjourn



SHAC Committee 2021-2022

John Courtney, Chairman- Assistant Superintendent
Stephanie Clifton, Co-Chair- Parent
Teri McClung, Secretary - HISD Registered Nurse
Shante Moreland - Parent.....Ashley Pitts - Parent
Gisela Sanders - Parent.....Misty Sessions - Parent
Kari Spurgeon - Parent.....Keri Williams - Parent
Kieyana Warren - Student.....Nathan Lyons - Student
Karen Hutto - HISD Child Nutrition Director
Michael Daniel - HISD Chief of Police

HISD Wellness Plan

Components of the Wellness Plan are as follows:

1. Nutrition Guidelines
2. Nutrition Promotion and Education
3. Goals for Physical Education
4. Goals for School-Based Activities