

School Health Advisory Council

October 5, 2021

Agenda

- Welcome
- Introduction of Members
- Overview of SHAC
- Karen Hutto - Child Nutrition Update
- Teresa Matthews - Mental Health Update
- Donny Webb - District Update
- Q&A
- Schedule Next Meeting - December 8, 2021
- Adjourn

SHAC Committee 2021-2022

John Courtney, Chairman - Assistant Superintendent of Staff and Student Services

Stephanie Clifton, Co-Chair - Parent

Teri McClung, Secretary - HISD Registered Nurse

Shante Moreland - Parent.....Ashley Pitts - Parent

Gisela Sanders - Parent.....Misty Sessions - Parent

Kari Spurgeon - Parent.....Keri Williams - Parent

Kieyana Warren - Student.....Nathan Lyons - Student

Karen Hutto - HISD Child Nutrition Director..... Michael Daniel - HISD Chief of Police

Guest Members

Teresa Matthews - HISD Intervention Therapist

Glen Kimble - HISD Athletic Director

Sharon Kruk - Director, The Coalition

Abby Baker - The Coalition

Kim Simmons - Alcohol and Drug Abuse Council



Overview - School Health Advisory Council

A School Health Advisory Council (SHAC) is a group appointed by the school district to serve at the district level. Members of the SHAC come from different areas of the community and from within the school district. The majority of members must be parents who are not employed by the district. Texas law ([Texas Education Code, Title 2, Subtitle F, Chapter 28, Subchapter A, §28.004](#)) requires the establishment of a SHAC for every school district. SHACs are required to meet at least four times each year.

SHACs assist the districts in ensuring that local community values are reflected in health education instruction. Additionally, SHACs play an important role in strengthening the connection between health and learning. They can help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

HISD Wellness Plan

The HISD Wellness Plan will be reviewed throughout the school year and be revised as needed. Any school participating in the National School Lunch Program and/or School Breakfast Program must establish a wellness policy covering the following areas:

1. Nutrition Guidelines
2. Nutrition Promotion and Education
3. Goals for Physical Education
4. Goals for School-Based Activities.

Coordinated School Health Program

The Coordinated School Health Program is an effective model for connecting physical, emotional, and social health with education. It consists of the following eight interactive components that will be discussed throughout the year.

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| 1. Health Education..... | 5. Counseling and Psychological Services |
| 2. Physical Education..... | 6. Health School Environment |
| 3. Health Services..... | 7. Health Promotion for Staff |
| 4. Nutrition Services..... | 8. Family/Community Involvement |