

# Kingston Public Schools

## April 2019 HS-MS Breakfast

Apr 2, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 OATMEAL & TOAST FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 2 SAUSAGE BISCUIT FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 3 Pancake Mini's FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 4 SCRAM EGGS & TOAST SAUSAGE PATTIE FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 5 NO SCHOOL
Apr - 8 BISCUITS & GRAVY FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 9 SAUSAGE BISCUIT FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 10 CINNAMON RUSH TOAST STICK FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 11 BREAKFAST BAR & TOAST JELLY FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 12 NO SCHOOL
Apr - 15 BREAKFAST BAR & TOAST JELLY FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 16 SAUSAGE BISCUIT FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 17 PANCAKE ON A STICK (K) FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 18 DONUTS FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 19 NO SCHOOL
Apr - 22 BISCUITS & GRAVY FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 23 SAUSAGE BISCUIT FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 24 CINNAMON ROLLS FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 25 BREAKFAST BURRITO W/ SALS FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	Apr - 26 NO SCHOOL
Apr - 29 OATMEAL & TOAST FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	Apr - 30 SAUSAGE BISCUIT FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	May - 1 PANCAKE ON A STICK (K) FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal YOGURT	May - 2 BREAKFAST PIZZA FRESH FRUIT MILK LOW FAT/FAT FREE JUICE Cereal MOZERELLA STICK	May - 3 NO SCHOOL

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.