

Valley Stream 30 students focus on social-emotional learning for National School Psychology Awareness Week



Students throughout Valley Stream District 30 each played their part in focusing on and exercising their mental health in recognition of National School Psychology Awareness Week.

The district's psychologists at Forest Road, Clear Stream Avenue and Shaw Avenue elementary schools organize the event annually in coordination with physical education teachers. In each school gymnasium, several stations based on social-emotional learning and this year's theme, "Together We Shine," were established to test students' knowledge on mental well-being. They navigated several interactive centers titled "Minute to Win It," "Mysterious Journey," "The Wheel of Cooperation" and "The Escape Room." In each challenge, students worked together to complete one-minute activities, follow a correct path to safety, solve puzzles and riddles and follow specific tasks. Each activity required teamwork, collaboration, critical thinking, problem-solving and communication to be successful.

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