

Monday
Tuesday
Wednesday
Thursday
Friday
Wings & Pizza Crunchers
6

Sweet Potato Fries
Carrots & Celery Dip
Assorted Fruit Cups

Meatball Sub
7

Garlic Pasta
Fresh Romaine Veggie Salad
Fruit Cup / Blueberries

Cheese OR Garlic Pizza
1

Corn
Assorted Fruit Cup

BBQ Oven Roasted Chicken
2

Macaroni Salad with Veggies
Combread / Carrot Sticks
Assorted Fruit Cup / Apple

COOKS CHOICE
3

French Fries / WG Roll
Green Beans
Assorted Fruit

School Holiday
NO SCHOOL

13
French Toast Sticks
14

Breakfast Turkey Sausage
Carrots / Hash Brown
Strawberry Slices / Fruit Cup

Cheese OR Garlic Pizza
8

Broccoli (steamed)
Assorted Fruit Cup

Chicken Nuggets / WG Roll
9

Tater Tots / BBQ sauce
Carrots (steamed)
Asst. Fruit Cup / Apple

District Wide Superintendents Day
NO SCHOOL

10
Toasted Cheese
17

French Fries
Tomato Soup / Carrot Sticks
Assorted Fruit

Hamburger on a Bun
20

Lettuce / Tomato / Cheese
Corn / Baked Beans
Assorted Fruit Cup

Beefy Soft Taco / Cheese
21

Romaine Lettuce / Tomatoes
Salsa / Carrot Sticks/ Refried Beans
Apple / Fruit Cup

Cheese OR Garlic OR Pepperoni Pizza
15

Broccoli (steamed)
Assorted Fruit Cup

Cheesy Baked Potato / WG Roll
16

Asparagus (steamed) / Baked Beans
Asst. Fruit Cup / Apple

Baked Mac and Cheese
23

Green Beans
WG Roll
Fruit Cup /Apple Slices

Fish Fillet on a Roll
24

French Fries
Carrots (steamed)
Assorted Fruit Cups

Hot Dog on a Bun
27

French Fries / Baked Beans
Steamed Carrots
Asst. Fruit Cup

Grilled Chicken Wrap
28

Fixings / Broccoli (steamed)
Tater Tots / Salsa
Asst. Fruit Cup / Apple

Cheese OR Garlic Pizza
22

Broccoli (steamed)
Assorted Fruit Cup

Cheese OR Garlic OR Taco Pizza
29

Tomato and Cucumber Salad
Assorted Fruit Cup

Turkey & Gravy
30

Mashed Potatoes / WG Roll
Green Beans
Assorted Fruit / Melon

Deli Choice
Turkey or Ham Hoagie
Lettuce, Tomato, Cheese

31

Doritos / Carrot Sticks / Dip
Fruit / Spooky Dessert

SERVED DAILY: Assorted Fruit Cup AND/OR Fresh Fruit
CHOICE OF MILK—FAT FREE WHITE, FAT FREE CHOCOLATE, OR 1% WHITE

GLUTEN FREE OPTIONS AVAILABLE**

Ala Carte Daily Choices
K-8 –PB&J Sandwich or Cheese Pizza or Yogurt Combo
9-12 –Cheese Pizza or Asst. Salad or Chicken Patty