

Crockett Athletic Department

Student Parent/Guardian

Athletic Handbook

2018-2019





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## **INTRODUCTION**

### **CROCKETT INDEPENDENT SCHOOL DISTRICT**

We hope this handbook will serve you as a reference, answering some of the questions that will concern you during the course of the year. Please call us at the Athletic Office at anytime you have a concern or question.

The University Interscholastic League is the governing body in the Athletic Programs in the Texas Public Schools. The Crockett Independent School District Board of Education, administrators, coaches and teachers fully support the UIL and its enforcement of their rules.

Understand that athletics is designed to accommodate students who have the ability and emotional stability to handle competition as we know it in the Crockett Independent School District. Therefore, not all students are capable of competing in this program. One of the difficult tasks faced as a coach is making the judgment as to who should be selected to compete in this program. Students are not obligated to take part in athletics, nor is it required for graduation. It should be stressed that being a member of an athletic team is a privilege and not a right. Since it is a privilege, the coach shall have the authority to revoke the privilege when rules are not followed.

In order to ensure the success as well as the safety of each student, Crockett ISD has laid out its athletic handbook and guidelines for the 2018-2019 school years. Contained in this handbook is vital information to athletes at Crockett High School and their parents/ guardians. Please read it carefully. If you have any questions, please do not hesitate to ask. The final page of this booklet requires signatures from both the athlete and his/ her parent/guardian. It should be returned to the coach as soon as possible. I am looking forward to a great year and Go Bulldogs!

Jimmy Thompson  
Director of Athletics

# **PHILOSOPHY OF ATHLETICS**

## **In the Crockett Independent School District**

The philosophy of the Crockett Independent School District's Athletic Department is to promote and maintain a broad-based program that will offer all students, with an interest in athletics, an opportunity for safe and healthy participation in the sport of their choice.

The Crockett Independent School District's Athletic Department exists to supplement the educational process of those students who exhibit an interest in providing a forum for himself/herself to challenge his/her physical and emotional capabilities. The purpose of this program is to provide opportunities to these students to pursue and understand the values of attitude, commitment, responsibility, accountability, work ethic and team. The operational basis of the program is designed for each student to be challenged in these values through the day-to-day process of being in this program.

## **Pursue Victory With Honor – The T.E.A.M. Approach**

“WE PLAY TO WIN”

Our philosophy is that sports best achieves a positive impact on participants and society when everyone plays to win. Without the passionate pursuit of victory, much of the enjoyment, as well as the educational and spiritual value of sports will be lost. Winning is important and trying to win is essential.

### **THE TEAM APPROACH – TEACH**

Character Counts – We want our student athletes to become the best person they can be. We want to teach them how to think and act in ways that develop and demonstrate the “Six Pillars of Character”:

- |                     |            |                 |
|---------------------|------------|-----------------|
| I. Trust            | Worthiness | IV. Fairness    |
| II. Respect         |            | V. Caring       |
| III. Responsibility |            | VI. Citizenship |

ENFORCE – Establish clear expectations and consequences.

ADVOCATE – Character and sportsmanship are essential and expected in everything we do. Take pride in the team and yourself.

MODEL – Everyone understands the responsibility of representing our school and program by setting a good example.

## **OBJECTIVES OF THE ATHLETIC PROGRAM**

### ***In the Crockett Independent School District***

- To keep as many students as possible involved in a positive environment.
- To instill in all students a work ethic, accountability, citizenship and high degree of sportsmanship.
- To develop and maintain a complete and comprehensive off-season program.
- To have all programs represented with class, character and dignity.
- To establish successful programs so that all participants enjoy a positive and learning experience.
- To demonstrate that all our athletic teams are well-coached, well-disciplined and very well-organized.
- To establish District-wide loyalty, bond and pride as to reflect the attitude of the CISD.

## ELIGIBILITY

Completed physicals must be on file with the athletic training staff prior to trying out for any sport. Prior to participation in any sport, including athletic period, all student athletes must be medically cleared through the athletic training staff. CISD will offer an opportunity to take a physical in the spring of each year.

### High School Eligibility

1. A student in grades 9-12 may participate in extracurricular activities on or off campus at the beginning of the school year only if:
  - a. Beginning the 9th grade – has been promoted from the 8th grade to the 9th;
  - b. Beginning the 10th grade – has earned at least a total of 5 credits;
  - c. Beginning the 11th grade – has earned at least a total of 10 credits **OR** has earned 5 credits in the last 12 months;
  - d. Beginning the 12th grade – has earned at least a total of 15 credits **OR** has earned 5 credits in the last 12 months.

**(The above eligibility criteria applies only to the following sports: Football, Volleyball, and Cross Country.)**

2. In order to be eligible to participate in an extracurricular activity for a six weeks period following the first six weeks period of a school year, a student must not have a recorded grade average lower than 70 in any course for that preceding six weeks.  
(Exception: Identified Advanced Classes)
3. A Student whose six weeks grade average, in any course, is lower than 70 at the end of a six weeks period, shall be suspended from participation in any interscholastic activity during the succeeding three weeks periods. If, at the end of the three weeks period, the student is passing all classes, that student will become eligible 7 days after the grade was officially earned for the remainder of that current six weeks. Validation of the 3 weeks grade is made with the official progress report. Grades on progress reports can be updated up to and including the date that they are issued. Changes on progress reports must be approved by the Principal.
4. Students may practice with their respective teams while they are on academic suspension. Students may also participate in pre-season scrimmages while on academic suspension.
5. Ineligible students may participate in games and meets during any school holidays that incorporates at least a full week. (Example: A week for Thanksgiving, Two weeks for Christmas/New Years and Spring Break week).
6. At the end of any six weeks period in which a student has attained a course grade average of at least 70 in each course taken, any suspension from participation shall be removed.  
(Gain or lose eligibility)

7. A student receiving an incomplete in a course is considered ineligible until the incomplete is replaced with a passing grade for that grading period. The incomplete grade must be completed within 7 days or the student remains ineligible for the entire three week period. A student who fails a course become ineligible seven days after the last day of the six weeks period during which the grade was earned.
8. The CISD Athletic Department validates grades with an official school district issued report card or progress report. No athlete will be allowed to submit his or her own grade document.
9. Extracurricular activities shall be limited from the beginning of the school week through the end of the school week to no more than one contest or performance per activity. Practice outside the school day shall also be limited to a maximum of eight hours per school week – per activity.
10. Students who also assist the coach, such as student managers, must meet all academic eligibility requirements even though they do not participate in the actual performance or contest.
11. Transfer student-athlete procedures are to be handled by the CISD Athletic Director. Coaches are responsible for making sure any new student-athletes to their program is cleared for participation by the Athletic Director. (PAPF Form)
12. It is the responsibility of ALL COACHES to maintain good, positive relations with the faculty of the CISD schools. We must support our faculty in matters of student discipline, grades and any other such problems that may occur with our athletes.
13. U.I.L. Team and/or Individual Sport Eligibility Forms are to be turned into the Athletic Director at least one day prior to the first scheduled game for that sport. (UIL Eligibility Forms)
14. To ensure eligibility, the head coach of each sport must schedule a U.I.L. compliance meeting with the Athletic Director at least 1 day before their season begins.

**Jr. High Eligibility:**

1. No Jr. High school practices are allowed in any sport until the first day of school.
2. Has been promoted from the 6<sup>th</sup> or 7<sup>th</sup> grade and is less than 14 years of age on September 1.
3. Has been promoted from the 7<sup>th</sup> to 8<sup>th</sup> grade and is less than 15 years of age on September 1. (EXCEPTION: A 7<sup>th</sup> grader who is 14 years old may participate on the 8<sup>th</sup> grade team during his 7<sup>th</sup> grade year but will be ineligible during his 8<sup>th</sup> grade year. An 8<sup>th</sup> grade student who is too old, may participate at the 9<sup>th</sup> grade level, but will then be limited once he/she enters high school to 3 additional years of eligibility – depending on age

4. Is a full time day student at the school he/she represents.
5. Did not repeat the 7<sup>th</sup> or 8<sup>th</sup> grade for athletic purposes. A student who repeats the 7<sup>th</sup> or 8<sup>th</sup> grade for athletic purposes shall be ineligible for only two consecutive years in 7<sup>th</sup> and 8<sup>th</sup> grade competition after the first enrollment in the 7<sup>th</sup> grade.
6. Did not change schools within the previous year for athletic purpose
7. A transfer student will be eligible after he/she has been in attendance at that school for 15 days.
8. In order to be eligible to participate in an extracurricular activity for a six weeks period following the first six weeks period of a school year, a student must not have a recorded grade average lower than 70 in any course for that preceding six weeks.
9. A Student whose six weeks grade average, in any course, is lower than 70 at the end of a six weeks period, shall be suspended from participation in any interscholastic activity during the succeeding three weeks periods. If, at the end of the three weeks period, the student is passing all classes, that student will become eligible 7 days after the grade was officially earned for the remainder of that current six weeks. Validation of the 3 weeks grade is made with the official progress report. Grades on progress reports can be updated up to and including the date that they are issued. Changes on progress reports must be approved by the Principal.
10. Students may practice with their respective teams while they are on academic suspension. Students may also participate in pre-season scrimmages while on academic suspension.
11. Ineligible students may participate in games and meets during any school holidays that incorporates at least a full week. (Example: A week for Thanksgiving, Two weeks for Christmas/New Years and Spring Break week).
12. At the end of any six weeks period in which a student has attained a course grade average of at least 70 in each course taken, any suspension from participation shall be removed. (Gain or lose eligibility )
15. A student receiving an incomplete in a course is considered ineligible until the incomplete is replaced with a passing grade for that grading period. . The incomplete grade must be completed within 7 days or the student remains ineligible for the entire three week period. A student who fails a course become ineligible seven days after the last day of the six weeks period during which the grade was earned.
13. A student who fails a course becomes ineligible seven days after the last day of the six weeks period during which the grade was earned.
14. The CISD Athletic Department validates grades with an official school district issued report card or progress report. **No athlete** will be allowed to submit his or her own grade document.
15. Extracurricular activities shall be limited from the beginning of the school week through the end of the school week to no more than one contest or performance per activity. Practice outside the school day shall also be limited to a maximum of eight hours per school week – per activity.

16. Students who also assist the coach, such as student managers, must meet all academic eligibility requirements even though they do not participate in the actual performance or contest.
17. It is the responsibility of **ALL COACHES** to maintain good, positive relations with the faculty of the CISD schools. We must support our faculty in matters of student discipline, grades and any other such problems that may occur with our athletes.

## **POLICIES AND EXPECTATIONS**

### **Participation of Students in Multiple Sports**

It is the policy of this athletic department to allow a student to compete in multiple sports as long as the student can abide by all team rules and regulations. No coach shall attempt to discourage any athlete from multiple participation. A student who competes in one sport and then decides to quit and enter another sport will not be allowed to participate until the sport he/she is in ends, he/she has completed the reentry program, or by mutual consent of both coaches. The athletic department does not endorse player "cuts".

### **Team Rules and Discipline (High School)**

- It is the responsibility of each Head Coach to convey to his/her team the expectations and need for adherence to team rules and training rules.
- Head Coaches have the right to remove, suspend, or correct an athlete whose conduct or actions are detrimental or distracting to the team and integrity of Crockett High School Athletics.

The Crockett Independent School District provides an athletic program for the benefit of the students in this school district. Athletics is not a requirement for graduation and participation is strictly voluntary. We believe participation in a competitive athletic program can provide students an opportunity to learn responsibility, dedication, leadership, hard work, respect for rules, respect for authority, and many other qualities. The rules are established to promote these qualities, and to help build and maintain a strong athletic program. A respected and competitive athletic program provides the best opportunity for our students. It is recognized that some of the expectations for athletes exceed the expectations for the general student body. Athletes are expected to follow the established rules. Violations of the rules will result in corrective and/or disciplinary action. The facts and circumstances will be taken into consideration when determining what actions will be taken. All coaches are willing to work within the guidelines of the Athletic Department to help any athlete should he/she lose direction. It is our intention to help our athletes stay on their course to success. However, when an athlete purposely or continuously violates policy, then it is up to the Head Coach to address the situation. Students may be dismissed from the athletic program for violation of the rules.

## **Expectations, Infractions, Consequences**

### **Possession or Use of Drugs**

**Expectation:** Abstain from the use and/or possession of alcohol, tobacco, steroids, other controlled substances, and/or any product that may be ingested to provide similar affects of such products or substances.

**Infraction:** Use or possession of alcohol, tobacco products or illegal substances.

**Consequences:** Any offense may result in game suspension. Repeated infraction may result in dismissal from the team and/or expulsion from the Athletic Program.

### **Obeying the Laws of Society**

**Expectations:** Behave appropriately by obeying the laws of our society.

**Infraction:** Arrested and convicted of criminal behavior.

**Consequences:** Arrested –Suspended until a thorough investigation clears student. Convicted – Suspension from the Athletic program. Length of suspension to be commensurate with severity of infraction up to complete removal from the athletic program.

### **Drug Testing**

**Expectations:** Adhere to District rules concerning drug testing

**Infraction:** Refusal to take drug test while in school; Positive test result.

**Consequences:** Refusal to take drug test while in school will result in suspension from extracurricular activities until a negative test is taken.

Upon a first offense of receiving a confirmed positive drug test, as student shall be suspended from any extracurricular activity for 30 calendar days following the date the student and parent are notified of the test results.

During the period of suspension, the student shall not be permitted to participate in practices.

Upon a second offense of receiving a confirmed positive drug test, a student shall be suspended from any extracurricular activity for the remainder of the school year, beginning on the date the student and parent are notified of the test results.

During the period of suspension, the student shall not be permitted to participate in practices.

Upon a third offense of receiving a confirmed positive drug test, a student shall be barred from participation in any extracurricular activity for the remainder of the student's enrollment in the District.

## **Behavior in School**

**Expectations:** Behave appropriately in school.

**Infraction:** Involvement in an activity not becoming a Crockett High School student. If infraction results in an in school suspension (ISS) or Alternative School..

**Consequences:** An athlete will not play in a contest while in ISS or Alternative School. The athlete becomes eligible for a contest the day they are released from ISS or Alternative School. The athlete will do “Extra” work as a result of being placed in ISS or Alternative school.

## **Respect for Others**

**Expectations:** Show respect to coaches, fans, teammates, opponents and officials.

**Infraction:** Unsportsmanlike conduct or behavior including insubordination. (Does not include infractions that are not related to physical or verbal abuse, e.g. late hit, spearing, taunting, etc.)

**Consequences:**

**1st offense:** Head Coach assigns extra work.

**2nd offense:** Playing time taken away and/or 1 game suspension.

**3rd offense:** Suspended for season.

Any athlete who physically or verbally assaults a coach, fan, teammate and/or opponent is subject to removal from the athletic program for one calendar year.

## **Mandatory Attendance**

**Expectations:** Attendance at practices and/or games or matches is mandatory, unless personally excused by the coach.

**Infraction:** Student has unexcused absence from practice or game.

**Consequences:** Practice made up at the Head Coach's discretion. Repeated infractions are subject to probationary contract, suspension and/or dismissal from the team.

## **REMOVAL FROM OR QUITTING A SPORT**

### **Quitting a sport**

A student may quit a sport within the first week without any consequences. Sometimes students decide quickly that a particular sport is not for them. After the first week, the probationary period is over.

After the probationary period, a coach and student may both agree that the student-athlete is better served not finishing the season. If mutually agreed upon by both, the re-entry program is not necessary.

### **Re-Entry Program for Removal or Quitting Athletics**

Athletes who are removed or choose to quit a sport will have to go through a reentry program in order to play another sport or join an off-season program (boys and girls). If an athlete is removed or quits the same sport twice, he/she cannot re-enter that sport. Coaches may use discretion in extreme circumstances.

#### **1. 1st Offense – 5 consecutive days**

- An Athlete will be required to condition for 5 consecutive days after school for a 5-day period. This will not begin until after the previous sport is over.
- The athlete will then be allowed to participate in competition.

- The coach of the sport that he quit will be responsible to conduct and document the progress. If an athlete is entering an off-season program, the athlete will be able to join that program as long as he/she is committed to before/after school conditioning.
- For any unexcused absence the athlete must start the re-entry program over from day one.

**Example:**

- 200 dummy jumps
- 100 yard yoyo (5 and back, 10 and back, etc...)
- 3 quarters under 80 seconds (or similar pertaining to the sport)

2. **2nd Offense** – Not allowed to participate in any sport for the remainder of the school year.

**Infractions Resulting in Transfer**

The following infractions may result in transfer from athletics to physical education:

- 3 or more failures.
- Quitting during sports.
- Failures to dress or suit out.
- Defiance, disrespect, physical, or verbal abuse of students, adults, teammates, or classmates.
- Repeat lunch detentions, after-school detentions, ISS.
- At the discretion of the Head Coach, no one will enter athletics without his or her written approval – the same will apply for a transfer from athletics. \* Parents will be contacted before a schedule change.
- Player will be suspended until parent can be contacted.

**GROOMING**

A member of any athletic team is expected to be well-groomed. Appearance, expression and actions always influence people’s opinions of athletes, the team, the school and the community. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in the community. Our standards are set purposefully high. Our policies will stand on the judgment of each Head Coach.

- **Hair:** Will be of reasonable length and style, not long, wide, high, striped, unnaturally colored, streaked, Mohawks, etc... For safety hazards hair must not be in the athletes eyes and extended in length out of a football players helmet. Facial hair will not be accepted. Beards, goatees or moustaches will not be worn by the athletes. This policy is established for the health and safety of our athletes and others.

- Jewelry: Per UIL rules and for the safety of our players, jewelry ***will not*** be worn during any athletic competition or practice.
- Athletes will stay in uniform until they have returned to locker room or leaving the campus. *No altering of uniforms or school issued equipment is permitted.*

## **OUT-OF-TOWN TRAVEL**

- All athletes and support staff must travel with the team.
- No student may be allowed to drive himself to the site of an away contest.
- All athletes and support staff must return with the team unless the parent(s) have prior approval and completes and submits a Student Travel Release form to the head coach. These Travel Release forms are available from the head coach.
- No athlete may leave the team under the supervision of anyone other than the parent(s) unless prior special approval is given in writing by the head coach prior to leaving for the event.

## **STUDENT DRIVER**

Students are not allowed to transport themselves to any off-campus practice or game facility during the school day.

## **ATHLETIC AWARD POLICY (High School)**

### **Awards**

**Letter Jacket** -- Awarded one time during an athlete's high school career. A letter jacket is received for the first letter an athlete receives.

### **Criteria for Lettering**

Each Head Coach is responsible for establishing and adhering to the criteria by which an athlete may letter. As the demands and expectations of each sport are different, so will be letter criteria. Basic considerations such as attendance, eligibility, sportsmanship, citizenship, training rules, participation, and general attitude will be included in each coach's criteria. It is up to each head coach to inform his/her athletes of the CISD's Athletic Award policy prior to the start of his/her specific season. Each sport's Athletic Award policies will be on file in the Athletic Director's office. The Athletic Director and Band Director will collaborate to assure the Band Director is not ordering a jacket for an Athletic Letter winner.

### **General Requirements for Lettering**

- Practice habits and attendance are criteria for lettering and are left up to the discretion of the individual Head Coach.

- If a player is injured in a sport, it is up to the Head Coach as to whether that athlete will letter.
- Managers/Trainers -- Managers will receive appropriate awards based upon recommendation of Head Coach. Student Trainers will receive appropriate awards based upon recommendation of Head Athletic Trainer.

### **Banquet**

Crockett High School will have one Athletic Banquet. Dates and times will be determined each year.

## **ATHLETIC TRAINING INFORMATION**

### **Physicals**

Students participating in athletics or a support group (which includes band, cheerleading, and drill team) at Crockett I.S.D. are required to have a physical every other year, dated after May 1st of the current school year. Completed physicals must be on file with the athletic training staff prior to trying out for any sport or support group. Prior to participation in any sport or support group, including athletic period, all student-athletes must be medically cleared through the athletic training staff. CISD will offer an opportunity to take a physical in the spring of each year.

### **Insurance**

Crockett independent School District provides a secondary insurance policy for all participants in extracurricular activities. It is intended as a supplementary insurance policy. In the event of an injury requiring professional treatment, parental insurance should be filed first. Any additional bills will be filed through student activity insurance

### **Drug Testing**

Crockett athletes will be randomly tested for illegal drug use throughout the school year. This program is not designed for punitive reasons, but to eliminate the potential threat to the student's health.

# ACKNOWLEDGEMENT

## Students and Parents/ Guardians

I, \_\_\_\_\_, acknowledge that I have read and accept the rules, policies, and guidelines of the Crockett Athletic Department presented in the Handbook for the 2018-2019 school year. I understand all students will be held accountable for their behavior and will be subject to the disciplinary consequences outlined in the Crockett Athletic Handbook.

I agree to do my best to contribute to the Crockett Athletic Department and its winning tradition.

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date