

Shelbyville ISD
WELLNESS AND HEALTH SERVICES ASSESSMENT

2020-2021 Summary of Survey Results

In accordance with TASB Policy Service Coded FFA (Local), the following assessment is used to review and evaluate the Shelbyville ISD Wellness and Health Services standards implemented within our curriculum. Each Standard is rated on a scale of 1 to 5, with 1 being lowest and 5 being highest. Comments and Suggestions are encouraged.

RATING	AREA	STANDARD	COMMENTS
1 2 3 4 5	WELLNESS	The District shall follow nutrition guidelines that advance student health and reduce childhood obesity and shall promote the general wellness of all students through nutrition education, physical activity, and other school-based activities.	Rating 5 Educational information and Wellness based activities are made available to students through handouts, in-class lessons, health fairs, flu/immunization clinics, physical activities during sports and recess time. Opportunities to participate in local events such as "Walk Across Texas."
RATING	AREA	STANDARD	COMMENTS
1 2 3 4 5	DEVELOPMENT OF GUIDELINES AND GOALS	The District shall develop nutrition guidelines and wellness goals in consultation with the local school health advisory council and with involvement from representatives of the student body, school food service, school administration, the Board, parents, and the public. [See BDF and EHAA]	Rating 5 Representative from the SHAC , in addition to various community members and health care professionals, work closely to develop and review guidelines on the wellness goals and nutrition. Online opportunities are made available to the public for review and comments as well.
RATING	AREA	STANDARD	COMMENTS
1 2 3 4 5	NUTRITION	NUTRITION GUIDELINES The District shall ensure that nutrition guidelines for reimbursable school meals shall be at least as restrictive as federal regulations and guidance and that all foods available on each campus are in accordance with the Texas Public School Nutrition Policy. [See CO]	Rating 5 Food Service personnel maintain accurate records and attend workshops and trainings.

<p>1 2 3 4 5</p>	<p>PHYSICAL ACTIVITY</p> <p>PHYSICAL ACTIVITY (CON'T)</p>	<p>The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades [see BDF, EHAB, and EHAC].</p> <p>In addition, the District establishes the following goals for physical activity:</p> <ol style="list-style-type: none"> 1. The District will provide an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports. 2. Physical education classes will regularly emphasize moderate to vigorous activity. 3. After-school physical activity programs will be offered and students will be encouraged to participate. 	<p>Rating 5</p> <p>Required amounts for physical activities for all grades are met.</p> <p>Rating 4.8</p> <p>All students participate in a safe and positive environment.</p> <p>Rating 5</p> <p>Rating 5</p> <p>School facility is available for after-school physical activity programs.</p>
RATING	AREA	STANDARD	COMMENTS
	<p>SCHOOL-BASED ACTIVITIES</p>	<p>The District establishes the following goals to create an environment conducive to healthful eating and physical activity and to express a consistent wellness message through other school-based activities:</p>	<p>continued</p>

1 2 3 4 5	SCHOOL-BASED ACTIVITIES (CON'T)	1. Sufficient time will be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.	Rating 4.3 "Social Distancing Dining" will be applied to promote a safe and comfortable setting for meals.
1 2 3 4 5		2. Wellness for students and their families will be promoted at suitable school activities.	Rating 5 Mandated precautions requiring health/safety, masks, or any other well-being effort will be followed accordingly.
RATING	AREA	STANDARD	COMMENTS
1 2 3 4 5	IMPLEMENTATION	The school nurse shall oversee the implementation of this policy and shall develop administrative procedures for periodically measuring the implementation of the wellness policy.	Rating 5 The SHAC members, along with the school nurse, meet four times during the school year. Health and wellness policies are reviewed and discussed during the meeting.

**SHELBYVILLE ISD - SHAC SUMMARY
FOR YEAR 2020/2021**

The School Health Advisory Council (SHAC) is a group of individuals' representative of segments of the community, generally appointed by the school district to serve at the district level. SHAC's provide recommendations that are specific to changes and/or additions to the school's health education curriculum. SHAC's review and assess the district's wellness policy and how well it is being implemented, they also provide advice and can only make recommendations to the school district Board of Trustees. They are not part of the administrative staff or structure of the schools, nor do they have any legal responsibilities within the school district. This year SHAC committee members include: Jeane Taylor (Staff & Chairperson), Morgan Jefferson (Student Representative & Recording Secretary), Jacquelyn Scarborough (Parent, Co-Chair & Health Rep.), Raegan Best (Parent & Community Health Representative) Felisha Thompson (Community Representative) Kathy Marshal (Physical Ed. Staff), Jessica Greer (Parent), Heather McDonald (Parent), Brenda Hogue (Food Service Director), Patty Bays (Ex-Officio) and Amber Swearegen (Ex-Officio).

The world-wide corona virus (COVID-19) brought about the closure of not only our school, but almost all of our world as we know it. With the closure of all public schools in the State of Texas, Shelbyville ISD immediately began to formulate an instructional and operational plan for the return of our students for the 2020-2021 school year. Taking every precaution for the safety and well-being of our students, staff, parents, and community, social distancing, masking, temperature checks, hand sanitizing, face shields, on-line classes, Chrome Books, self-checks, and closed drinking fountains were put in place. Also, new words and phrases were put in place to be learned by

our students and faculty -basically, a whole new language. Visitors, including parents had limited access into the building. We have recently been able to remove some of the restrictions, and allow our parents to once again attend school functions. The following events were open to parents.

July 2, 2021-Fish Camp

August 11, 12, and 13, 2020 –Meet the Teacher

November 11, 2020-3rd Grade Veteran’s Day Program

April 20,2021- 4th Grade Texas Program

April 27, 2021-1st Grade Music Program

April 29, 2021-Band Concert

April 30,2021-Kg Music Program

May 21, 2021- High School Awards Scholarship Program

May 25, 2021-Elementary Award

May 26, 2021-Kg Graduation

May 27,2021- Middle School Graduation

May 28, 2021-High School Graduation

