

2021 DRAGON FOOTBALL FALL CAMP SCHEDULE

**This schedule is tentative and subject to change*

Friday 7/30

2:00 pm Team Meeting @ Field House (All HS FB Players & Managers)

Monday 8/2

6:00 AM Coaches Meet
6:30 Players Report
6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*
10:50 – 11:00 Break
11:00 – 12:00 Film/Meetings
12:00 – 12:30 Shower/Clean/Dismiss
12:30 Coaches Meet

Tuesday 8/3

6:00 AM Coaches Meet
6:00 Treatment
6:30 Players Report
6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*
10:50 – 11:00 Break
11:00 – 12:00 Film/Meetings
12:00 – 12:30 Shower/Clean/Dismiss
12:30 Coaches Meet

Wednesday 8/4

6:00 AM Coaches Meet
6:00 Treatment
6:30 Players Report

6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*
10:50 – 11:00 Break
11:00 – 12:00 Film/Meetings
12:00 – 12:30 Shower/Clean/Dismiss
12:30 Coaches Meet

Thursday 8/5 (Media Day)

6:00 AM Coaches Meet
7:00 Players Report
7:30 Pictures
8:30- 9:30 Indoor Facility
9:30- 10:00 Character Development/Football 101
10:05 Dismiss
2:00 PM Treatment
2:30 Players Report
3:00 – 5:10 Workout
6:20 – 6:45 Shower/Clean/Dismiss
6:45 Coaches Meet

Friday 8/6

6:00 AM Coaches Meet

6:00 Treatment

6:30 Players Report

6:50 – 9:10 Workout

9:10 – 9:30 Break & Snack

9:30 – 10:20 Indoor Facility

10:20 – 10:50 Character Development/Football 101 *Freshmen go home*

10:50 – 11:00 Break

11:00 – 12:00 Film/Meetings

12:00 – 12:30 Shower/Clean/Dismiss

12:30 Coaches Meet

Monday 8/9

****INSERVICE WEEK – THIS WEEK’S SCHEDULE COULD CHANGE****

7:00 AM Coaches Meet

2:00 PM Treatment

2:30 Players Report

3:00 – 5:10 Workout

5:10 – 5:20 Break & Snack

5:20 – 6:20 Indoor Facility

6:20 – 6:45 Shower/Clean/Dismiss

6:45 Coaches Meet

Tuesday 8/10

6:00 AM Coaches Meet

6:00 Treatment

6:30 Players Report

6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*
10:50 – 11:00 Break

11:00 – 12:00 Film/Meetings
12:00 – 12:30 Shower/Clean/Dismiss
12:30 Coaches Meet

Wednesday 8/11

6:00 AM Coaches Meet
6:00 Treatment
6:30 Players Report
6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*
10:50 – 11:00 Break
11:00 – 12:00 Film/Meetings
12:00 – 12:30 Shower/Clean/Dismiss
12:30 Coaches Meet

Thursday 8/12

6:00 AM Coaches Meet
6:00 Treatment
6:30 Players Report
6:50 – 9:10 Workout
9:10 – 9:30 Break & Snack
9:30 – 10:20 Indoor Facility
10:20 – 10:50 Character Development/Football 101 *Freshmen go home*

10:50 – 11:00	Break
11:00 – 12:00	Film/Meetings
12:00 – 12:30	Shower/Clean/Dismiss
12:30	Coaches Meet

Friday 8/13

8:00 am	Coaches Meet / Treatment
9:00 am	Players Report
9:30 – 10:00	Special Teams / JV Scrimmage Run Thru
10:00 – 10:30	Scrimmage Prep & Organization
10:30 – 11:00	Snack and equipment prep
11:00 – 11:30	Shower/Clean/Dismiss
3:30	JV Players Report
4:30	Varsity Players Report
5:00	Scrimmage vs. Hemphill

